

ADAPT Career Coaching

\$1200 and 18 ICF CCEUs

Offered through the Duquesne University School of Business Professional Coach Certification Program and taught by Steve Wendell



This course is for coaches who want to learn how to work with clients to develop their career management capacity for the 21st century landscape. This course will help clients in all phases of career management: clients seeking to better align their current job, exploring major career transitions, and developing long-term career management that includes adaptability and holistic integration of all domains of their life. This course does not require any prior career counseling, career coaching, or career specific knowledge. Opportunities to serve as career coaches at Duquesne University and the University of Pittsburgh will be available to select graduates of this elective.

Major Topics

This course is based on the foundations of the PCCP and ICF competencies while integrating the best practices of career counseling with multiple coaching theories.

The course uses the ADAPT model (Adaptability Development and Authentic Purpose Targeted model) for career coaching (Steve Wendell). We will cover the approaches to develop the client’s individualized capacity for career management through the general domains of Reflection, Planning, and Action. We will explore the topics through application of the tools and approaches in the student’s own career management strategies.

Delivery Method & Course Meeting Days and Times

Access to webinars is via Duquesne University’s Blackboard system. You are responsible to ensure you have the necessary technology and bandwidth to participate. In person participation in the July 21-22nd, 2017 Duquesne sessions are required.

Date			Session Topic
April 27, 2017	5-6:30 pm	Webinar	21 st Century Landscape – Career Adaptability
May 11, 2017	5-6:30 pm	Webinar	Career Decision Making and Theories
May 25, 2017	5-6:30 pm	Webinar	Career Counseling Best Practices – Coaching Modifications
June 8, 2017	5-6:30 pm	Webinar	Coaching Theories, Models, Exercises: Part 1
June 22, 2017	5-6:30 pm	Webinar	Coaching Theories, Models, Exercises: Part 2
July 6, 2017	5-6:30 pm	Webinar	Putting It All Together – Reflection
July 21, 2017	5-8 pm	Duquesne	Summary and Coaching Reflection
July 22, 2017	9am- 5pm	Duquesne	Coaching Planning and Action

No textbooks are required.

Reading assignments: articles and instructor provided summary articles.

Assignments: Utilize the tools discussed in the course for your own career management.

CCEU Information

This course offers 14.33 ICF Core Competency credit hours and 3.67 Resource Development credit hours.

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Space is limited