The purpose of the program is to develop scholarly specialists in Spiritan Studies. Outcomes of the program will include lectures, colloquia and articles and books on topics such as:

- Spiritan Founders and Heroes
- Spiritan Rules, Constitutions and Chapters, especially since Vatican II
- Spiritan history, including the history of various missions or circumscriptions
- The French School of Spirituality and its times
- The Theology of the Holy Spirit
- The Holy Spirit in Spiritan Life and Mission
- Spiritan Mission, Yesterday and Today
- New Trends in World Mission
- Spiritan Pedagogy and Education
- Justice, Peace and the Integrity of Creation (JPIC)
- Experiences in Interreligious dialogue

Eligible candidates include Spiritans, especially those in formation roles, who fulfill the academic requirements. Candidates must possess and demonstrate research ability, as well as language competency in English and French. Spiritan candidates are nominated by the general council and approved by their respective authorities. For more information see Spiritan Scholar.

Duquesne University provides library access and technology support. A faculty mentor is matched to each scholar. Spiritan scholars may reside on campus as a member of the Spiritan community.

Required documentation includes a resume or Curriculum Vitae (C.V.) and a personal statement of 1,000 words or less outlining a proposed research project that conforms to the topics listed in the Purpose section. Candidates should also provide a letter of recommendation or support from their respective superior. Application deadline is March 1.