Would you purchase a special dress or professional suit without being fitted or trying it on? Would you select a college or a car without first obtaining some facts, visiting or taking a test run? We try different foods to see what we like and what doesn’t fit our taste. So why not apply the same theory in career planning? Explore and try on an internship! College is a place where we learn about ourselves and the world in many different ways. College gives us an opportunity to explore and soak in new ideas and discuss options. This is what an internship can do.

All internships have value – you learn more about what you want to do in a future career; or in some instances, internships help to identify what it is that you don't want to do after college. The important thing to remember is that it is much easier to learn these lessons as an intern rather than be accepted into a full-time job and then find out that it is a job you really don’t like and not at all what you expected. Knowledge is power--the more you know, the better decision you are able to make! Try on an internship!

My Internship Experience
Written by: Patty Kaczmarek, Career Services Intern

Having never done an internship before, I had a slight fear of the unknown whenever I began my educational programming internship at Career Services this fall. What will I really be doing there? Will it be interesting? What will the office be like? Can I handle my responsibilities?

I’m sure that these are all common feelings that interns have. Learning something new always requires some kind of change and growth, which oftentimes can be uncomfortable but rewarding. And yes, I can surely say I’ve learned quite a bit in the office thus far. My internship has provided me the opportunity to not only continue polishing my communication and writing skills, but also better understand different phases of the job search and how various industries operate. As a new graduate student, my internship has made me feel more at home on campus and acquainted me with new aspects of campus life, as well as many interesting people. If I’ve gained so much from an internship, imagine how helpful one might be for you!