

**The purpose of this quiz is to familiarize yourself with the traits of successful distance learners.**

**Directions: For each question, please choose whether you agree, disagree, or are neutral.**

1. I am a self-starter with the self-discipline to set a schedule and stick with it. I have good time-management skills.  
 agree  
 disagree  
 neutral
2. The part of education I enjoy the most is the discovery of new information and ideas.  
 agree  
 disagree  
 neutral
3. I feel comfortable reading/viewing material from various sources (textbooks, articles, Websites) and integrating it on my own.  
 agree  
 disagree  
 neutral
4. I am comfortable working independently and do not feel the need for constant attention and direction from the instructor.  
 agree  
 disagree  
 neutral
5. I have been a good student in the past - or consider myself a good student now.  
 agree  
 disagree  
 neutral
6. Classroom discussion can often be helpful, but too often it is off-topic or distracting.  
 agree  
 disagree  
 neutral
7. I feel competent in assessing my own progress, knowing what assignments are due, and performing well – even without frequent feedback from the instructor.  
 agree  
 disagree  
 neutral
8. Prioritizing tasks – and then accomplishing them before their deadlines – is one of my strong points. I am not a procrastinator.  
 agree  
 disagree  
 neutral
9. I have a fairly predictable schedule of personal and professional activities with time easily set aside for coursework.  
 agree  
 disagree  
 neutral
10. I believe I can dedicate the same amount of time and effort to a distance learning course that I could to a classroom-based course.  
 agree  
 disagree  
 neutral
11. I feel very sure of expressing myself in writing. I have reasonably strong writing skills.  
 agree  
 disagree  
 neutral
12. I am just as comfortable interacting with my instructor and fellow classmates via email, discussion groups, and chat rooms as I am with face-to-face discussion – perhaps even more so.  
 agree  
 disagree  
 neutral
13. I have a high need to take a distance learning course now – to earn a degree or certificate, for a promotion, or for a new job.  
 agree  
 disagree  
 neutral
14. I am very at ease working on computers acquiring information through the Internet and learning new software, technologies, and techniques.  
 agree  
 disagree  
 neutral
15. I have a specific and quiet area (of my house or apartment) where I can get online, study, and complete my course assignments.  
 agree  
 disagree  
 neutral



**Scoring: Give yourself 1 point for every 'agree,' 0 points for every 'neutral,' and -1 point for every 'disagree.' Now total up your score.**

Agree = \_\_\_\_\_

Disagree = \_\_\_\_\_

Neutral = \_\_\_\_\_

**TOTAL** = \_\_\_\_\_

**Scoring recommendations from Duquesne University School of Nursing:**

If you scored 10-15 points, distance learning is a good option for you.

If you scored 7-9 points, distance learning may be a good option for you.

If you scored 6 points or less, then distance learning may not be a good fit for you. However, you could still succeed with online learning. Not all distance learning students fit one profile, so you may still want to consider taking an online course to see how you do.