

## Athletic Training

### Pre-Professional Phase - Health Sciences (97 credits)

In most cases, courses listed in bold must be taken in the exact semester indicated; all other courses are interchangeable.

#### **Fall of 1<sup>st</sup> Year – 14 Credits**

**BIOL-111/L Biology I/Lab** (4/0 cr.)  
HLTS-115 Intro to Health & Exercise Science (1 cr.)  
**BRDG-101 Writing & Analysis** (3 cr.)  
COMM-102 Public Speaking (3 cr.)  
PSYC-101 Introduction to Psychology (3 cr.)

#### **Spring of 1<sup>st</sup> Year – 16 Credits**

**BIOL-112/L Biology II/Lab** (4/0 cr.)  
ATHT-120 Elements of HS, Info Lit & Term (3 cr.)  
**BRDG-102 Writing & Literature** (3 cr.)  
EQ-XXX Essential Questions Seminar (3 cr.)  
BRDG-105 Intro to Ethical Reasoning (3 cr.)

#### **Fall of 2<sup>nd</sup> Year – 15 Credits**

**BIOL-207/8 Anatomy & Physiology I/Lab** (3/1 cr.)  
**CHEM-131/L Fundamentals of Chem I/Lab** (5/0 cr.)  
HLTS-225/L Current Concepts in Sports Medicine/Lab (3/0 cr.)  
MATH-225 Introduction to Biostatistics (3 cr.)

#### **Spring of 2<sup>nd</sup> Year – 18 Credits**

**BIOL-209/10 Anatomy & Physiology II/Lab** (3/1 cr.)  
**CHEM-132/L Fundamentals of Chem II/Lab** (5/0 cr.)  
**HLTS-311/L Test & Measures** (3 cr.)  
THEO-XXX Theology course (3 cr.)  
Cultural Fluency course (3 cr.)

#### **Fall of 3<sup>rd</sup> Year – 16 Credits**

ENGL-316W Healthcare & Literature (3 cr.)  
HLTS-437/L Functional Kinesiology/Biomechanics/Lab (3/0 cr.)  
**PHYS-201/L Physics for Life Sciences I/Lab** (3/1 cr.)  
**PBHL-301 Intro to Epidemiology** (3 cr.)  
PBHL-318 Healthcare Delivery & Organization (3 cr.)

#### **Spring of 3<sup>rd</sup> Year – 18 Credits**

ATHT-402W/L Nutrition & Weight Management/Lab (3/0 cr.)  
ATHT-407W/L Physiology of Exercise/Lab (3/0 cr.)  
**ATHT-400L BLS/EMT Practicum** (3 cr.)  
THEO-253 Health Care Ethics: Theology or  
PHIL-252 Health Care Ethics: Philosophy (3 cr.)  
PHIL-XXX Philosophy course (3 cr.)  
Elective (3 cr.)

#### Academic and Program Requirements for Entry into the Professional Phase

1. Successful completion of all pre-professional course work with "C" or better and a minimum 2.75 cumulative QPA.
2. Documentation of current AHA Basic Life Support for Health Care Providers Certification.
3. Documentation of a minimum of 50 hours of athletic training shadowing experience. These experiences must be with a licensed athletic trainer.
4. Completion of a physical examination and other pre-clinical health requirements.
5. Departmental approval.

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## Athletic Training

### Professional Phase – Athletic Training (66 credits)

Courses listed in bold must be taken in the exact semester indicated.

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#### Summer of 4<sup>th</sup> Year – 9 Credits

**ATHT-501/L Immediate Care & Prevention (4 cr.)**  
**ATHT-525 Evidence Based Methods in Healthcare (2 cr.)**  
**ATHT-530/L Introduction to Therapeutic Interventions (3 cr.)**

#### Fall of 4<sup>th</sup> Year – 16 Credits

**ATHT-502/L Orthopedic Assessment & Treatment – Lower Extremity (3 cr.)**  
**ATHT-511 Clinical Practicum I (3 cr.)**  
**ATHT-515/L Contemporary Evaluation (2 cr.)**  
**ATHT-550/L Therapeutic Interventions – Modalities (3 cr.)**  
**HLTS-515/L Cadaver Anatomy (5 cr.)**

#### Spring of 4<sup>th</sup> Year – 13 Credits

**ATHT-500 Research & Evidence Integration I (2 cr.)**  
**ATHT-503/L Orthopedic Assessment & Treatment – Upper Extremity (3 cr.)**  
**ATHT-512 Clinical Practicum II (3 cr.)**  
**ATHT-516/L Diagnostic Tools/Advanced Skills (2 cr.)**  
**ATHT-601 Considerations for Global Health (3 cr.)**

\*Bridges Capstone & Experiential Learning requirements will be embedded within Pre-Professional and Professional Phase coursework.

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#### Summer of 5<sup>th</sup> Year – 8 Credits

**ATHT-504/L Orthopedic Assessment & Treatment -- Spine (2 cr.)**  
**ATHT-505 Non-Orthopedic Pathology & Pharmacology (3 cr.)**  
**ATHT-606 Patient-Centered Care & Behavioral Health (3 cr.)**

#### Fall of 5<sup>th</sup> Year – 9 Credits

**ATHT-535 Organization & Administration (3 cr.)**  
**ATHT-611 Clinical Practicum III (5 cr.)**  
**ATHT-510 Research & Evidence Integration II (1 cr.)**

#### Spring of 5<sup>th</sup> Year – 11 Credits

**ATHT-560/L Manual Therapy (2 cr.)**  
**ATHT-615 Athletic Training Seminar (3 cr.)**  
**ATHT-610 Research & Evidence Integration III (3 cr.)**  
**ATHT-612 Clinical Practicum IV (3 cr.)**

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