

**Duquesne University SHIP
PPO - Premium Network**
Deductible: \$500 / \$1,000
Coinsurance: 20%
Total Annual Out-of-Pocket: \$7,350 / \$14,700

Primary Care Provider: \$25 Copayment per visit
Specialist: \$35 Copayment per visit
Emergency Department: 20% and \$125 Copayment per visit; Deductible does not apply
Urgent Care Facility: \$50 Copayment per visit
Rx: \$10/\$35/\$50/\$50

This document is your Schedule of Benefits. If you enroll in this plan, this Schedule of Benefits will be an important part of your Policy. Your Policy describes in detail the services your plan covers, while the Schedule of Benefits describes what you pay for those services.

For Covered Services to be paid at the level described in your Schedule of Benefits, they must be Medically Necessary. They must also meet all other criteria described in your Policy. Criteria may include Prior Authorization requirements.

Please note that your plan may not cover all of your health care expenses, such as copayments and coinsurance. To understand what your plan covers, review your Policy. You may also have Service Area documents that expand or restrict your benefits.

If you have any questions about your benefits, or would like to find a Participating Provider near you, visit www.upmchealthplan.com. You can also call UPMC Health Plan Member Services at the phone number on the back of your member ID card.

For more information on your plan, please refer to the final page of this document.

Plan Information	Participating Provider	Non-Participating Provider
Benefit Period	Plan Year	
Primary Care Provider (PCP) Required	Encouraged, but not required	
Pre-Certification and Prior Authorization Requirements	Provider Responsibility	Member Responsibility
		If you fail to obtain Prior Authorization for certain services, you may not be eligible for reimbursement under your plan. Please see additional information below.

Member Cost Sharing	Participating Provider	Non-Participating Provider
Annual Deductible		
Individual	\$500	\$1,000
Family	\$1,000	\$2,000

Member Cost Sharing	Participating Provider	Non-Participating Provider
Your plan has an embedded Deductible, which means the plan pays for Covered Services in these two scenarios — whichever comes first:		
*When an individual family member reaches his or her individual Deductible. At this point, only that person is considered to have met the Deductible; OR		
*When a combination of family members' expenses reaches the family Deductible. At this point, all covered family members are considered to have met the Deductible.		
Deductible applies to all Covered Services you receive during the Benefit Period, unless the service is specifically excluded.		
Coinsurance		
	You pay 20% after Deductible.	You pay 40% after Deductible.
Copayments may apply to certain Participating Provider services.		
Annual Coinsurance Limit		
Individual	\$4,500	\$9,000
Family	\$9,000	\$18,000
The Annual Coinsurance Limit is the maximum amount you will have to pay in Coinsurance before your benefits are covered without a Coinsurance cost share. Any amount paid in Coinsurance during the plan year will be applied towards the satisfaction of your plan's Total Annual Out-of-Pocket Limit.		
Total Annual Out-of-Pocket Limit		
Individual	\$7,350	Not applicable
Family	\$14,700	Not applicable
Your plan has an embedded Out-of-Pocket Limit, which means the Out-of-Pocket Limit is satisfied in one of two ways — whichever comes first:		
*When an individual within a family reaches his or her individual Out-of-Pocket Limit. At this point, only that person will have Covered Services paid at 100% for the remainder of the Benefit Period; OR		
*When a combination of family members' expenses reaches the family Out-of-Pocket Limit. At this point, all covered family members are considered to have met the Out-of-Pocket Limit and Covered Services will be paid at 100% for the remainder of the Benefit Period.		
Out-of-Pocket costs (Copayments, Coinsurance, and Deductibles) for Covered Services apply toward satisfaction of the Out-of-Pocket Limit specified in this Schedule of Benefits. NOTE: For Covered Services rendered by Non-Participating Providers, only Coinsurance applies toward this Limit.		

Preventive Services	Participating Provider	Non-Participating Provider
Preventive Services will be covered in compliance with requirements under the Affordable Care Act (ACA). Please refer to the Preventive Services Reference Guide for additional details.		
Pediatric preventive/health screening examination	Covered at 100%; you pay \$0.	Not Covered
Pediatric immunizations	Covered at 100%; you pay \$0.	You pay 40%. Deductible does not apply.
Well-baby visits	Covered at 100%; you pay \$0.	Not Covered
Adult preventive/health screening examination	Covered at 100%; you pay \$0.	Not Covered
Adult immunizations required by the ACA to be covered at no cost-sharing	Covered at 100%; you pay \$0.	You pay 40% after Deductible.
Routine gynecological exams, including a Pap test	Covered at 100%; you pay \$0.	You pay 40% after Deductible.

Preventive Services	Participating Provider	Non-Participating Provider
Mammograms, annual routine and medically necessary	Covered at 100%; you pay \$0.	You pay 40% after Deductible.
Diagnostic services and procedures required by the ACA	Covered at 100%; you pay \$0.	You pay 40% after Deductible.
Pediatric dental and vision services	For coverage information, log in to MyHealth OnLine or call Member Services at the number on the back of your Member ID card.	

Covered Services	Participating Provider	Non-Participating Provider
Hospital Services		
Hospital inpatient	You pay 20% after Deductible.	You pay 40% after Deductible.
Hospital outpatient (includes ambulatory surgery)	You pay 20% after Deductible.	You pay 40% after Deductible.
Observation stay	You pay 20% after Deductible.	You pay 40% after Deductible.
Maternity - Non-preventive facility and professional services	You pay 20% after Deductible.	You pay 40% after Deductible.
Emergency Services		
Emergency department	You pay 20% and \$125 Copayment per visit. Deductible does not apply. Copayment waived if you are admitted to hospital.	
Emergency transportation	You pay 20% after Deductible.	
Physician/Surgical Services		
Inpatient physician/surgical services	You pay 20% after Deductible.	You pay 40% after Deductible.
Outpatient physician/surgical services	You pay 20% after Deductible.	You pay 40% after Deductible.
Provider Medical Services		
Inpatient medical care visits, intensive medical care, consultation, and newborn care	You pay 20% after Deductible.	You pay 40% after Deductible.
Adult immunizations not required to be covered by the ACA	You pay 20% after Deductible.	You pay 40% after Deductible.
Primary care provider office visit	You pay \$25 Copayment per visit.	You pay 40% after Deductible.
Specialist office visit	You pay \$35 Copayment per visit.	You pay 40% after Deductible.
Convenience care visit	You pay \$25 Copayment per visit.	You pay 40% after Deductible.
Urgent care facility	You pay \$50 Copayment per visit.	You pay 40% after Deductible.
Virtual Visits		
Virtual visit - Virtual Urgent Care	You pay \$13 Copayment per visit.	You pay 40% after Deductible.
Virtual visit - Scheduled (Primary Care)	You pay \$25 Copayment per visit.	You pay 40% after Deductible.
Virtual visit - Scheduled (Specialist)	You pay \$35 Copayment per visit.	You pay 40% after Deductible.
Virtual visit - eDermatology	You pay \$35 Copayment per visit.	You pay 40% after Deductible.
UPMC MyHealth 24/7 Nurse Line		
If you would like to speak to a registered nurse about a specific health concern or when to seek treatment, call our UPMC MyHealth 24/7 Nurse Line at 1-866-918-1591 (TTY: 711). You may also send an email using the web nurse request system at www.upmchealthplan.com .		
Allergy Services		
Treatment, injections, and serum	You pay 20% after Deductible.	You pay 40% after Deductible.
Diagnostic Services		
Advanced imaging (e.g., PET, MRI)	You pay 20% after Deductible.	You pay 40% after Deductible.

Covered Services	Participating Provider	Non-Participating Provider
Other imaging (e.g., x-ray, sonogram)	You pay 20% after Deductible.	You pay 40% after Deductible.
Lab	You pay 20% after Deductible.	You pay 40% after Deductible.
Diagnostic testing	You pay 20% after Deductible.	You pay 40% after Deductible.
Rehabilitation Therapy Services		
Note: Visit limits on Rehabilitative Therapy Services are not applied if those services are prescribed for treatment of a mental health condition or substance use disorder.		
Physical and occupational therapy	You pay 20% after Deductible.	You pay 40% after Deductible.
	Covered up to 60 visits per Benefit Period for both therapies combined.	
Speech therapy	You pay 20% after Deductible.	You pay 40% after Deductible.
	Covered up to 30 visits per Benefit Period.	
Cardiac rehabilitation	You pay 20% after Deductible.	You pay 40% after Deductible.
	Covered up to 36 visits per Benefit Period.	
Pulmonary rehabilitation	You pay 20% after Deductible.	You pay 40% after Deductible.
	Covered up to 36 visits per Benefit Period.	
Habilitation Therapy Services		
Note: Visit limits on Habilitative Therapy Services are not applied if those services are prescribed for treatment of a mental health condition or substance use disorder.		
Physical and occupational therapy	You pay 20% after Deductible.	You pay 40% after Deductible.
	Covered up to 60 visits per Benefit Period for both therapies combined.	
Speech therapy	You pay 20% after Deductible.	You pay 40% after Deductible.
	Covered up to 30 visits per Benefit Period.	
Medical Therapy Services		
Chemotherapy, radiation therapy, dialysis therapy	You pay 20% after Deductible.	You pay 40% after Deductible.
Injectable, infusion therapy, or other drugs administered or provided by a medical professional in an outpatient or office setting	You pay 20% after Deductible.	You pay 40% after Deductible.
Pain Management		
Pain management program	You pay \$35 Copayment per visit.	You pay 40% after Deductible.
Mental Health and Substance Use Disorder Services		
Contact UPMC Health Plan Behavioral Health Services at 1-888-251-0083.		
Inpatient services (including inpatient hospital services, inpatient rehabilitation, detoxification, non-hospital residential treatment)	You pay 20% after Deductible.	You pay 40% after Deductible.
Outpatient – Office visits and outpatient therapy	You pay \$25 Copayment per visit.	You pay 40% after Deductible.
Outpatient – Other services (includes intensive outpatient and partial hospitalization programs)	You pay 20% after Deductible.	You pay 40% after Deductible.
Other Medical Services		
Refer to the Policy for specific Benefit Limitations that may apply to the services listed below.		
Acupuncture	You pay 20% after Deductible.	You pay 40% after Deductible.
	Covered up to 12 visits per Benefit Period.	

Covered Services	Participating Provider	Non-Participating Provider
Applied behavior analysis for the treatment of Autism Spectrum Disorder	You pay 20% after Deductible.	You pay 40% after Deductible.
Corrective appliances	You pay 20% after Deductible.	You pay 40% after Deductible.
Dental services related to accidental injury	You pay 20% after Deductible.	You pay 40% after Deductible.
Durable medical equipment	You pay 20% after Deductible.	You pay 40% after Deductible.
Fertility testing	You pay 20% after Deductible.	You pay 40% after Deductible.
Home health care	You pay 20% after Deductible.	You pay 40% after Deductible.
Hospice care	You pay 20% after Deductible.	You pay 40% after Deductible.
Infertility services	You pay 20% after Deductible.	You pay 40% after Deductible.
	Limited to artificial insemination.	
Medical nutrition therapy	You pay 20% after Deductible.	You pay 40% after Deductible.
Nutritional counseling	You pay 20% after Deductible.	You pay 40% after Deductible.
	Covered up to six visits per Benefit Period.	
Nutritional products	You pay 20%. Deductible does not apply.	You pay 40%. Deductible does not apply.
	Nutritional products for the treatment of PKU and related disorders are not subject to Deductible.	
Oral surgical services	You pay 20% after Deductible.	You pay 40% after Deductible.
Podiatry care	You pay \$35 Copayment per visit.	You pay 40% after Deductible.
Private duty nursing	You pay 20% after Deductible.	You pay 40% after Deductible.
	Covered up to 30 days per Benefit Period.	
Skilled nursing facility	You pay 20% after Deductible.	You pay 40% after Deductible.
	Covered up to 100 days per Benefit Period for Non-Participating Providers.	
Therapeutic manipulation	You pay 20% after Deductible.	You pay 40% after Deductible.
	Covered up to 25 visits per Benefit Period.	
Diabetic Equipment, Supplies, and Education		
Diabetic equipment and supplies		
Glucometer, test strips, and lancets, insulin and syringes	Must be obtained at Participating Pharmacy. See applicable pharmacy rider for coverage information.	
Diabetic education	Covered at 100%; you pay \$0.	You pay 40% after Deductible.

Prescription Medication Coverage

For additional information on your pharmacy benefits, refer to your Prescription Medication Schedule of Benefits. Tier names describe the most common type(s) of medication (such as brands and generics) within that tier. The Advantage Choice pharmacy program will apply (mandatory generic).

Not subject to Plan Deductible

UPMC Health Plan has determined that your prescription medication benefit plan constitutes Creditable coverage

<p>Retail prescription medication</p> <ul style="list-style-type: none"> • Prescriptions must be dispensed by a participating pharmacy. • 31-day supply. 	<p>Tier 1: You pay \$10 Copayment for preferred generic medications.</p> <p>Tier 2: You pay \$35 Copayment for preferred brand medications.</p> <p>Tier 3: You pay \$50 Copayment for nonpreferred medications (brand and generic).</p> <p>Tier 5: You pay \$0 Copayment for preventive medications.</p> <p>Tier 7: You pay \$0 Copayment for select generic medications.</p> <p>90-day maximum retail supply available for three copayments</p>
<p>Specialty prescription medication</p> <ul style="list-style-type: none"> • Specialty medications are limited to a 31-day supply. See Prescription Medication Schedule of Benefits for additional information. • Most specialty medications must be filled at our contracted specialty pharmacy provider (list available upon request). You may pay a higher amount for specialty medications when filled at a retail pharmacy. 	<p>Tier 4: You pay \$50 Copayment for specialty medications (brand and generic).</p> <p>Tier 6: You pay 20% for oral chemotherapy medications with a maximum of \$50 per prescription.</p> <p>31-day maximum supply</p>
<p>Mail-order prescription medication</p> <ul style="list-style-type: none"> • A three-month supply (up to 90 days) of medication may be dispensed through the contracted mail-service pharmacy. 	<p>Tier 1: You pay \$20 Copayment for preferred generic medications.</p> <p>Tier 2: You pay \$70 Copayment for preferred brand medications.</p> <p>Tier 3: You pay \$100 Copayment for nonpreferred medications (brand and generic).</p> <p>Tier 5: You pay \$0 Copayment for preventive medications.</p> <p>Tier 7: You pay \$0 Copayment for select generic medications.</p> <p>90-day maximum mail-order supply</p>
<p>If a provider demonstrates that the brand-name medication is Medically Necessary and appropriate, you will pay only the nonpreferred brand-name medication Copayment.</p>	

In order to ensure compliance with the Mental Health Parity and Addiction Equity Act, member cost-sharing may be reduced for certain services when received for the diagnosis or treatment of a mental health or substance use disorder condition.

Prior Authorization for out-of-network services

Certain out-of-network non-emergent care must be Prior Authorized in order to be eligible for reimbursement under

your plan. This means you must contact UPMC Health Plan and obtain Prior Authorization before receiving services. A list of services that must be Prior Authorized is available 24/7 on our website at www.upmchealthplan.com. You can also contact Member Services by calling the phone number on the back of your member ID card. Your out-of-network provider may also access this list at www.upmchealthplan.com or your provider may call Provider Services at 1-866-918-1595 to initiate the Prior Authorization process on your behalf. Regardless, you must confirm that Prior Authorization has been given in advance of your receiving services in order for those services to be eligible for reimbursement in accordance with your plan. Please note, the list of services that require Prior Authorization is subject to change throughout the year. You are responsible for verifying you have the most current information as of your date of service.

The capitalized words and phrases in this Schedule of Benefits mean the same as they do in your Policy. Also, the headings under the Covered Services section are the same as those in your Policy.

At all times, UPMC Health Plan administers the coverage described in this document in full compliance with applicable laws and regulations. If any part of this Schedule of Benefits conflicts with any applicable law, regulation, or other controlling authority, the requirements of that authority will prevail.

Your plan documents will always include the Schedule of Benefits, the Policy, and the Summary of Benefits and Coverage. You can log into MyHealth OnLine to view these documents. If you have questions, call Member Services.

UPMC Health Plan is the marketing name used to refer to the following companies, which are licensed to issue individual and group health insurance products or which provide third party administration services for group health plans: UPMC Health Network Inc., UPMC Health Options Inc., UPMC Health Coverage Inc., UPMC Health Plan Inc., UPMC Health Benefits Inc., UPMC *for You* Inc., Community Care Behavioral Health Organization, and/or UPMC Benefit Management Services Inc.

UPMC Health Plan
U.S. Steel Tower
600 Grant Street
Pittsburgh, PA 15219

www.upmchealthplan.com