

Recreation Department Spring 2021 Policies

- Masks must be worn at all times and social distancing will be employed at all times
- Feeling sick? Please visit Health Services
- Student ID required for entry
- Changing areas, dryers, and showers will be closed
- Water bottle fill stations are functional. Water fountains are turned off.
- Please adhere to CDC guidelines for social distancing for basketball courts. Limit 1 person per basket. No pick up games.
- All basketball hoops will be raised up daily at 5pm
- Racquetball court will be closed
- Please adhere to room capacities
- Entry to the cardio room will occur through doors nearest the front desk, exit will occur through doors nearest locker rooms.
- 1-hour max workout time
- Building will be closed from 2:20pm-3:00pm Monday through Friday for a deep cleanse of the entire building.

Hours of Operations Spring 2021

Fresh/Soph

- 6:30am-2:20pm Mon/Tues
- 3:00pm-11:00pm Wed/Thurs

Jr and above, including Law School

- 6:30am-2:20pm Wed/Thurs
- 3:00pm-11:00pm Mon/Tues

Friday

- 6:30am-10:00pm

Saturday

- 10:00am-8:00pm

Sunday

- 12:00pm-10:00pm

Faculty and staff please attend as time permits.

Group Fitness Spring 2021 Policies

- Masks must be worn at all times and social distancing will be employed at all times
- All classes will take place in main group fitness studio, room 203
- Class size will be limited to 12 participants
- Participants can sign up for classes on the Picktime App
- Classes will be 40 minutes in length with 10 minutes before and after set aside for cleaning/participant entry and exit
- Entry to studio will occur through doors nearest the front desk, exit will occur through doors nearest sound system
- Many classes will be streamed via DUQ's FB or IG Live. Please check the schedule for more details.
- Instructor is responsible for overseeing the cleaning of participants' weights etc.
- Participants are responsible for cleaning their equipment prior and post class

Safety Measures

Deep cleanse of the building Monday through Friday.

Sanitation of all touch points

Occupancy limits of all rooms

Additional cleaning of all exercise equipment by staff

Sanitation station on each floor