Education

Ph.D.	Counselor Education & Supervision	
	Patton College of Education – CACREP-Accredited	
	Ohio University	August 2021
M.S.Ed.	Counseling	-
	Beeghly College of Education – CACREP-Accredited	
	Youngstown State University	August 2018
B.S.J.	Journalism	-
	E.W. Scripps School of Journalism	
	Ohio University	June 2011
Professiona	l Licensure & Certification	
Licensed Professional Counselor (LPC), License # C.1801469		Expires September 2022
Ohio Counselor, Social Worker, and Marriage & Family Therapist Board		1
National Certified Counselor (NCC), #1200508		Expires November 2023

National Board for Certified Counselors

Areas of Interest (Clinical and Research)

College Counseling, Leadership and Advocacy, Research Engagement Among Counselors, Professional Identity Development, School Counseling, Clinical Supervision, Counselor Education, Relationship Issues, Emerging Adulthood, Multicultural Competency, Social Justice, Group Work

Awards & Honors

North Central Association for Counselor Education and Supervision Outstanding Graduate Student Award October 2021 Ohio Association for Counselor Education and Supervision Outstanding Graduate Student Award June 2021 Chi Sigma Iota, Alpha Chapter Timothy Robertson Supervisor/Mentor Award May 2020 J. Melvin Witmer Creative Altruism Award, Ohio University Counselor Education and Supervision Program April 2019 Youngstown State University Graduate Student Advisory Council Representative September 2017 Chi Sigma Iota, Eta Chapter Outstanding Graduate Student April 2017

Teaching Experience

Clinical Assistant Professor

Department of Counseling, Psychology, and Special Education, Duquesne University July 2021-Present Duties include: Serve as instructor of record for master's- and doctoral-level courses in professional counseling and counselor education and supervision. Provide program, departmental, and university service. Conduct independent research projects in relevant fields. Advise master's and doctoral students in academic matriculation. Coordinate activities of teaching assistants and graduate assistants. Serve as Chapter Faculty Advisor of Chi Sigma Iota (CSI) Delta Upsilon chapter.

Adjunct Lecturer

School of Graduate and Professional Studies, New England College

COUN 6190: Social and Cultural Foundations

COUN 6350: Career and Lifestyle Development

Duties include: Serve as instructor of record for an online course aimed at preparing master's counseling students with knowledge and skills to understand and foster the career/lifestyle development of clients in individual and group settings. Specific course content includes providing asynchronous and synchronous learning experiences, including live and prerecorded lectures, in-class discussions, and engagement with course content via Blackboard.

Doctoral Co-teacher

Patton College of Education, Ohio University (CACREP)

EDCE 7330: Counseling Assessment of Children and Adolescents

Duties include: Support instructor in updating syllabus and course materials for use in a hybrid classroom environment. Lead class discussions and deliver course content independently and alongside instructor of record. Communicate directly with students to answer course-related questions. Assist in grading assignments.

Spring 2021

Summer 2021

Summer 2021

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EDCE 7245: Counseling Children and Adolescents

Duties included: Assisted instructor in course planning and syllabus preparation in a hybrid environment. Led classroom discussion and experiential activities. Coordinated student presentations during synchronous class meetings. Provided guidance regarding assignments during asynchronous coursework. Prepared assessments and graded assignments as needed.

EDCE 6620: Diagnosis and Treatment Planning

Duties included: Collaborated with instructor of record to create lesson plans and conduct classes. Supported instructor in transitioning course to online-only delivery during COVID-19 pandemic. Proctored quizzes and exams. Graded assignments and provide feedback directly to students. Facilitated classroom discussion and experiential activities. Worked directly with students to answer questions and support mastery of content.

EDCE 7620: Legal and Ethical Aspects of Counseling

Duties included: Worked with previous instructors and instructor of record to review and revise previous course syllabi and assist instructor of record in developing assignments per 2016 CACREP standards. Developed grading rubrics for all assignments. Created advocacy assignment to promote leadership at the master's level. Prepared reading quizzes and arrange discussion panels of current clinicians and counseling professionals to occur during class. Planned and conducted lessons on advocacy, communication technology and counseling, and documentation and records. Coordinated guest speakers and panelists on relevant course topics.

EDCE 7705: Rational Emotive Behavior Therapy Workshop

Duties included: Developed and taught section of workshop dedicated to using rational emotive behavior therapy in couples counseling setting. Assisted instructor of record in preparation for and execution of workshop. EDCE 6920: Master's-Level Clinical Practicum Spring 2019

Duties included: Led didactic and discussion-based lessons regarding clinical information-gathering and note-taking; getting the most out of supervision; engagement in professional advocacy; case conceptualizing; goal-setting; and other clinical and professional development topics. Assisted instructor of record in reviewing journals, weekly hours logs, goal setting assignments, and case conceptualization assignments.

Supervision Experience

Adjunct Faculty/University Supervisor

Counseling@Northwestern, Northwestern University (CACREP)

COUN 486-6, 486-7, 486-8: Supervised Practicum in Counseling

Spring 2020-Fall 2021 Duties include: Provide synchronous weekly university supervision via Zoom to practicum students using psychodynamic supervision model. Facilitate development of reflective practitioners through leading class discussions and providing oneon-one feedback to students. Ensure adherence to CACREP standards for professional practice. Work directly with program faculty to support gatekeeping practices. Support students through client consultation, teaching of clinical skills, and encouragement of self-care practices.

Student Supervisor

Patton College of Education, Ohio University (CACREP)

EDCE 7700: Solutions-Focused Brief Therapy Workshop

Duties included: Lead group of four master's-level students in practice and mastery of solutions-focused brief therapy skills. Review and score skills demonstration videos, post-workshop.

EDCE 6520: Group Counseling

Duties included: Co-lead five experiential group counseling sessions with eight master's students focused on personal growth and awareness-building. Provide clinical supervision to master's students based on their facilitation of group counseling.

EDCE 6550: Counseling Theories and Techniques

Duties included: Provided weekly clinical supervision to four master's students through reviewing videos, role-playing and disseminating resources. Conducted weekly evaluations of students as well as mid-term and final assessments to assist in determining potential need for remediation as well as readiness for clinical practicum work. Recorded supervision sessions and consulted with faculty and colleagues to provide adequate guidance to supervisees.

Publications

Spring 2019

Fall 2019

Summer 2019

Summer 2019

Fall 2018

Spring 2020

Fall 2020

- Savistky, D., **Stevens, M. M.,** & Yacoub, M. (2022). Supporting mental, emotional, and sexual eellness in emerging adults: A special commentary on college counseling for LGBTQ+ students. *Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education.* (In press.)
- Stevens, M. M., & Pillay, Y. (2022). Best practices for telesupervision: Promoting ethical, legal, and Eefective university and clinical supervision using technology. *Journal of Counselor Preparation and Supervision*. (In review.)
- Stevens, M. M., Blanchard, R., & Harrichand, J. (2021). A collective reflection on research identity development. *Chi Sigma Iota Exemplar*.
- Stevens, M. M. (2021). Research identity among master's-level counseling students: Exploring research motivation, competencies, and advisory working alliance [Doctoral dissertation, Ohio University]. (Defense passed on March 26, 2021).
- Tapia-Fuselier, J. L., Rabess, A., Gay, J., Blanchard, R., Morton, F., Bowser, T., Stevens, M.M., & Sapp, T. (2021). COVID-19 Counselor Education and Supervision Resource List: A Joint Collaboration Between CSI and ACES. Chi Sigma Iota International.
- Bhat, C. S., & Stevens, M. M. (2021). College and career readiness group interventions for early high school students. *Journal for Specialists in Group Work*. Doi:10.1080/01933922.2020.1856250
- Stevens, M. M., Williams, A. E., & Dowd, S. (2020). Motivation, perceptions, and engagement related to participation in personal counseling among master's level counselors-in-training in Ohio. *Journal of Counselor Practice*, 11(1), 85-106. doi:10.22229/cou1112020
- Stevens, M. M. (June 26, 2019). Take care of each other: Your co-leader and you. *The Association for Specialists in Group Work Newsletter: The Group Worker*.
- Blanchard, R., & Stevens, M. M. (2021). Strengths-based approach. The *SAGE Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy.* (In review for publication).
- Dari, T. & Stevens, M. M. (2021). A case for integrating cultural humility into leadership development in counseling. (In review for publication).
- Stevens, M. M., & Foreman, T. (2020). Using Internal Family Systems Therapy in the college counseling setting. Ohio University (Manuscript stage).
- Stevens, M. M., & Pillay, Y. (2020). Best practices for telesupervision: Promoting effective university and clinical supervision using technology. Ohio University (Manuscript stage).
- Savitsky, D., & Stevens, M. M. (2020). Exploring teletherapy training and attitudes for Midwestern college counselors. (Manuscript stage).
- Stevens, M. M. (2019). Promoting consultation through supervision in clinical counseling. Ohio University. (Manuscript stage).
- Dowd, S. E., Williams, A. E., & **Stevens, M. M.** (2019) The examination of the relationship between concussions and mental health issues in Division I college athletes. Youngstown State University. (Manuscript stage).

Presentation Experience

- Stevens, M. M., & Ricciutti, N. (2021). To research, or not to research? It's not even a question! Supporting scientistpractitioners in YSU's Department of Psychological Sciences and Counseling. Youngstown State University Department of Psychological Sciences and Counseling Research Consortium, Virtual.
- Stevens, M. M., & Nelson, T. M. (2021). *Talking telesupervision: Best practices and considerations*. North Central Association for Education and Supervision Graduate Student Committee Webinar Series, Virtual.
- Dari, T., Stevens, M. M., & Heckman, L. (October 2020). *Incorporating cultural humility into the therapeutic relationship*. All-Ohio Counselors Conference, Virtual.
- Nice, M. L., & Stevens, M. M. (2020). Incorporating emerging adulthood theory into your curriculum: Creative pedagogy and research. North Atlantic Regional Association for Counselor Education and Supervision. (Accepted; Conference cancelled).
- Savitsky, D., **Stevens, M. M., &** Koshel, W. (2020). *Body surveillance and countertransference: Preparing college counselors to manage over-identification*. North Central Association for Counselor Education and Supervision. (Accepted; Conference cancelled).
- Stevens, M. M., & Dockery, G. (April 2020). Supporting supervisees in engaging in personal counseling. Chi Sigma Iota Ohio Conference, Kent State University, Virtual.
- Stevens, M. M., Schroeder, K., Zhu, P., & Xiong, Y. (January 2020). Join the group work conversation: Engage in research. Association for Specialists in Group Work (ASGW) Conference, Poster Session, Dorado, Puerto Rico.

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- Bhat, C. S., Vereen, L. G., Nice, M., & Stevens, M. M. (January 2020). Becoming a servant leader: Collaborating to nurture change. Association for Specialists in Group Work (ASGW) Conference, Pre-conference Learning Session, Dorado, Puerto Rico.
- Schroeder, K., Stevens, M. M., & Zhu, P. (October 2019). Group work scholars wanted: How to join the conversation. Association for Counselor Education and Supervision (ACES) Conference, Learning Session, Seattle, Washington.
- **Stevens, M. M.** (August 2019). Airing out our experiences of working through the age gap: A roundtable discussion. Association for Adult Development and Aging (AADA) Conference, Chicago, Illinois. (Accepted).
- Stevens, M. M. (March 2019). Motivation, perceptions, and engagement related to participation in personal counseling among master's-level counselors-in-training in Ohio. Ohio Counseling Association (OCA) Spring Conference, Poster Session, Dublin, Ohio.
- Stevens, M. M., & Nardone, S. (2017). Recognizing students in distress. Members of Women's Panhellenic Association, Psychoeducation Training, John Carroll University.
- Stevens, M. M., Baker, S., Benson, M., Enlow, A., Howard, A., & Rodriguez, J. (October 2017). Graduate Student Panel. Ohio College Personnel Association (OCPA) Careers in Student Affairs Conference, Panelist, The University of Akron.
- Stevens, M. M., Pringle, K., Quotson, S., & Taylor, R. (September 2017). Recognizing and helping students in distress. Residence Life Training, Youngstown State University.
- Stevens, M. M., & Baker, S. (August 2017). Creating success by your standards. Student Leadership Summit, Learning Session, Youngstown State University.
- Stevens, M. M., & O'Neill, J. (March 2016). Generalized Anxiety Disorder. Mental Health Advocacy Day presenter, Youngstown State University.

Leadership and Service Experience

GrowSteady Consulting

Assistant Conference Development Consultant

Duties include: Support lead consultant in planning, coordination, and execution of the national Association for Specialists in Group Work (ASGW) 2022 conference. Work directly with ASGW conference planning committee to ensure smooth and timely production of conference, including volunteer coordination, communication with conference site representatives, conference session planning, and coordinating lodging, food, and transportation needs of conference attendees.

Council for Accreditation of Counseling and Related Educational Programs (CACREP)

Academic Review Specialist

Duties include: Conduct detailed reviews of counselor education program self-studies and submit reports to the CACREP board, specifically regarding the following accreditation standards: Core Faculty, Core Curriculum, Supervisor Qualifications, Specialy Area Curriculum Standards, and Doctoral Standards

Initial Review Consultant

Duties included: Perform initial review of counselor education programs from across the United States seeking accreditation or re-accreditation through CACREP. Work with CACREP representatives to ensure timely, confidential, and thorough review of programs' materials.

Chi Sigma Iota International Honor Society

Chapter Faculty Advisor - Delta Upsilon Chapter, Duquesne University September 2021-Present Duties include: Provide mentorship and guidance to student leaders in Delta Upsilon chapter. Promote professional development among counseling students and membership of chapter.

Excellence in Counseling Research Grants Committee

Duties include: Review research grant proposals. Support committee in coordinating proposal requirements. Develop initiatives to promote awareness of research grant availability among CSI members. Leadership Intern

May 2020-April 2021 Duties included: Served on Leadership and Advocacy Committee and Publications Committee (editorial assistant of The Exemplar). Served as liaison between CSI Leadership Fellows and CSI Executive Council. Reviewed proposals as part of the Excellence in Counseling Research Grants Committee; reviewed submissions to Chapter Grants program. May 2020-May 2021 Past-President, Alpha Chapter – Ohio University

Duties included: Support president and executive board in developing and coordinating chapter activities. Provide April 2019-May 2020 President

January 2021-Present

January 2022-Present

August 2019-March 2020

April 2021-Present

Duties included: Worked with executive board, faculty advisor, and other parties of interest to develop and execute programming to support and enhance education of master's- and doctoral-level counselors. Served as Chair of the Executive Council. Presided at all meetings of the chapter. Appointed chairpersons and members of all committees. Completed the annual plan and annual report and submit to Chi Sigma Iota International. Facilitated general body meetings.

Member, Eta Chapter – Youngstown State University

Duties included: Participated in professional and clinical development events. Developed, coordinated and executed safety outreach initiative, "Stay Safe on St. Patty's Day" in March 2016 to educate students on the dangers of substance abuse and provide resources to stay safe. Conducted group mediation in Cafaro House Residence Hall.

Association for Specialists in Group Work (ASGW)

Research Committee Member

Duties include: Work with committee co-chairs and members of the committee to review and evaluate research grant proposals as well as develop communication material to support research grant application process. Support the development of a research mentorship program in order to contribute to research and leadership in the field of group work.

North Atlantic Association for Counselor Education and Supervision (NARACES)

Chair, Research Grants Committee

Duties include: Coordinate annual call for proposals for NARACES Research Grants and lead committee in conducting reviews and communicating with grantees. Work directly with NARACES executive board to coordinate grants process. Pennsylvania Counseling Association Government Relations Committee (PCA GRC)

Committee Member Duties include: Support committee chair in advancing government relations activities which advance the counseling profession within the state of Pennsylvania, such as coordinating Legislative Advocacy Day, joining the American

Counseling Association Interstate Compact, and communicating with Pennsylvania counselors.

Ohio Counseling Association Government Relations Committee (OCA GRC)

Committee Member, Co-Editor of Newsletter; Southeast Ohio OCA (SEOCA) Liaison February 2019-Present Duties include: Develop committee's first quarterly newsletter. Communicate with general body about news and events from OCA as well as regional and national news. Support leadership of SEOCA in organizational initiatives. North Central Association for Counselor Education and Supervision (NCACES)

Graduate Student Committee Member

January 2019-August 2021 Duties included: Work with committee and graduate student representatives of NCACES/ACES to promote graduate student participation in counselor education and supervision. Assist in development of student organizations within ACES. Communicate concerns and needs of graduate students to organizational leadership.

Student Affairs Leadership Support Association (SALSA) – Youngstown State University President

Duties included: Led executive board of six other graduate students in counseling program to develop and maintain mission, goals and vision for organization which include providing professional and personal growth opportunities to student affairs and college counseling students. Conducted trainings, mediation and outreach presentations on campus. Spearheaded creation and execution of on- and off-campus presentation opportunities and trainings for members as well as seek out and coordinate attendance at regional, state and national conferences. Worked with fundraising chair, university staff and community resources to create and execute organization's fundraising initiatives. Sought and executed opportunities within Ohio to promote university's counseling program. Coordinated social events for membership and provide mentorship to new students in program.

Clinical Experience

Navigate Counseling – Cuyahoga Falls, Ohio

Counselor (Telehealth)

Duties include: Provide individual mental health counseling, including diagnosis and treatment planning, to adult clients using telehealth services. Utilize TherapyNotes for electronic medical record documentation.

Counseling and Psychological Services – Ohio University

Graduate Assistant/Counselor

Duties included: Provide individual mental health counseling to undergraduate and graduate students. Co-facilitate group counseling for DBT, ACT, process, and sexual assault support groups. Conduct intake sessions and make appropriate referrals when necessary. Provide crisis intervention services and suicide assessments. Utilize multicultural competency to

November 2018-Present

January 2016-August 2018

January 2022-Present

December 2021-Present

February 2021-Present

August 2018-April 2021

August 2016-May 2018

provide holistic treatment to clients. Conduct brief screening and feedback sessions with students who violate alcohol and other drug policies on campus, using the BASICS program.

Domestic Violence Intervention Program – Edna Brooks Foundation

Counselor

Duties included: Co-facilitated group counseling for court-mandated clients. Conducted individual diagnostic and abuse assessment sessions as well as goal-setting and review sessions. Conducted termination and discharge sessions and work with women and children's shelter staff to coordinate client progress. Executed mandated reporting duties as needed. The Willow Center – Toledo, Ohio

Counselor (Telehealth)

October 2020-Feburary 2021 Duties included: Provided individual mental health counseling, including diagnosis and treatment services, to adolescent and adult clients using telehealth services via Simple Practice.

University Counseling Center – John Carroll University

Counselor Trainee

Duties included: Diagnosed and treated mental and emotional disorders through individual mental health counseling for undergraduate and graduate students. Prepared and executed outreach presentations across campus, including International Student programs, Residence Life and Greek Life, as well as co-facilitate group workshops and bystander intervention trainings on behalf of the counseling center and the Violence Prevention and Action Center. Assessed for and coordinated psychiatric and community referral processes for students when necessary.

Current Professional Memberships

American Counseling Association (ACA)

Ohio Counseling Association (OCA)

Pennsylvania Counseling Association (PCA)

Association for Specialists in Group Work (ASGW)

Association for Counselor Education and Supervision (ACES)

North Central Association for Counselor Education and Supervision (NCACES)

North Atlantic Association for Counselor Education and Supervision (NARACES)

Chi Sigma Iota (CSI), Alpha Chapter

Other Relevant Experience

Beeghly College of Education – Youngstown State University

Graduate Assistant

Duties included: Worked directly with chair of Department of Counseling, School Psychology and Education Leadership as well as faculty and staff to support overall organization and daily functioning of university's largest graduate program. Promoted recruitment and enrollment efforts of counseling program by presenting information to undergraduate classes and assisting with recruitment events. Utilized university's Banner system to access students' transcripts in order to update records and provide progress reports to faculty and staff and adhering to confidentiality requirements. Assisted in development and execution of administrative processes to enhance productivity in departmental transitions.

Williamson College of Business Administration – Youngstown State University

Graduate Assistant, Center for Career Management, Office of Student Services January 2016-August 2017 Duties included: Reviewed and critiqued undergraduate and graduate student resumes and cover letters in NACElink as well as in one-on-one meetings with students. Conducted mock interviews and counseled students in career exploration and internship search processes. Worked directly in university's Banner system to review students' transcripts and evaluate eligibility to receive course credit for internships, ensuring to maintain confidentiality. Utilized PenguinLink to review and approve job postings for business majors. Contacted new employers to create partnerships and future internship opportunities for students. Worked directly with Dean of college, faculty and administrators to enhance internship program and services offered by Student Services office. Developed workshops and display materials to educate students about professional dress (i.e. "Dress for Success" event) as well as workshop to enhance students' presentation and public speaking skills. Assisted in planning and executing Meet the Employers Day, On-Campus Interview Days, the Professional Development Summit and other professional development events each semester. Worked with administrators to execute Student Orientation, Advisement and Registration sessions, College Credit Plus orientations and other recruitment and first-year student programs. Developed and maintained Facebook and Twitter accounts of Student Services Office. Created marketing materials (fliers, graphics, posters, etc.) to promote office's services and events via display in college of business and online. Supported office in interviewing and making

August 2017-May 2018

May 2019-March 2020

August 2017-August 2018

recommendations for hiring center Coordinator. Assisted in the selection and onboarding process of new career management software, Handshake.

Doe-Anderson, Inc. – Louisville, Kentucky

Account Manager of Public Relations and Advertising August 2011-December 2015 Duties included: Worked directly with clients, internal agency teams and various media outlets to plan and execute public relations for clients such as Louisville Slugger, Maker's Mark, Maui Jim and Cincinnati Children's Hospital. Strategized and executed PR for agency. Skills included clear and compelling written and oral communication, development of creative brief and spec work requests, management of media plan rollouts, project management, social media execution and strategic message development. Led all aspects of marketing projects for variety of clients. Projects included business-to-business communication, print and digital advertising development and implementation, social media marketing, awareness building and customer relationship management programs. Supported Maker's Mark Distillery in execution of new event series, including website communication and event marketing. Also supported Ohio River Bridges Project and the "kynect' Healthcare Exchange with large- scale community outreach events around Kentucky.

Internship Supervisor June 2012-August 2015 Duties included: Worked directly with regional colleges to recruit interns for program and served as main contact for more than 100 applicants to program. Developed interview and hiring criteria for interns based on upper management expectations. Led interview, selection and hiring process of 8-10 interns and served as main supervisor throughout the summer program. Coordinated work assignments, professional development activities and individual/group evaluation of interns. Worked with upper management to determine interns' eligibility for full-time positions.