

Seth E. Tichenor, PhD, CCC-SLP, BCS-SCF
Curriculum Vitae

411 Fisher Hall, 600 Forbes Avenue, Pittsburgh, PA 15282
Department of Speech-Language Pathology
John G. Rangos, Sr. School of Health Sciences
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PROFESSIONAL POSITIONS (ACADEMIC AND CLINICAL)

- 2021-current Assistant Professor
 Duquesne University
 Department of Speech-Language Pathology
 Pittsburgh, PA
- 2017-current Speech Language Pathologist, Private-Practice, PGHStuttering
- 2014-2017 Speech Language Pathologist, University of Pittsburgh-Medical Center, UPP-ENT
- 2013-2014 Clinical Fellow in Speech-Language Pathology at University of Pittsburgh Medical Center, UPP-ENT

EDUCATION

- 2020-2021 Post-Doctoral Research Associate, Developmental Speech Laboratory
 Michigan State University, East Lansing, MI (Post-Doctoral Advisor- Dr. Bridget Walsh, PhD, CCC-SLP)
- 2020 Ph.D. in Communicative Science and Disorders, Michigan State University, East Lansing, MI. (Doctoral Advisor, Dr. J. Scott Yaruss)
- 2013 M.S. Speech-Language Pathology, The University of Pittsburgh, Pittsburgh, PA
- 2011 Post-Baccalaureate in Communication Science and Disorders, The University of Pittsburgh, Pittsburgh, PA
- 2010 A.B. with Honors (Cum Laude), Wabash College, Crawfordsville, IN
 Major: Classics; Double Minor: Mathematics & Ancient Greek (Language)
 Written and Oral Comprehensive Exams-High Pass

GRANTS UNDER-REVIEW OR IN-REVISION

1. **Specifying Stuttering Variability Through Role Congruence**
R01, NIH NIDCD
Role: Principal-Investigator (**In Revision**)

GRANTS FUNDED

*Total Cost of Awards Listed Unless Otherwise Specified

1. **A multi-informant investigation of risk and protective factors underlying the development of stuttering's adverse impact on children**
R01 DC021946, NIH NIDCD, PI: Bridget Walsh
Role: Co-Investigator \$3,840,760.00
Project Period: 9/25 – 8/30

2. **Specifying neurophysiology and predicting real-world impact in stuttering**
R15 DC021264, NIH NIDCD
Role: Principal-Investigator \$390,959.00
Project Period: 3/24- 2/27
3. **Specifying neurophysiology and predicting real-world impact in stuttering**
National Institutes of Health, Loan-Repayment Program (LRP). Research in Emerging Areas
Critical to Human Health (REACH), NIDCD (L70 DC021303)
Role: Principal-Investigator
Project Period: 7/23 - 6/25 \$22,488.62
Renewal Funded, 7/25- 6/26 \$10,043.32
4. **Tracking the development of adverse impact related to stuttering in children and quantifying its influence on speech neurophysiology.**
R01 Diversity Supplement \$183,136.29
(Parent Grant R01 DC013402, NIH NIDCD, PI: Bridget Walsh).
Role: Co-Principal-Investigator
Project Period: 7/21 - 6/23
5. **Determining the factors that contribute to rehabilitation home program adherence in people with acquired brain injury.**
Encompass Health Therapy Grant, PI: Elena Donoso Brown \$9,550.00
Role: Consultant
6. **Dissertation Completion Scholarship**
Michigan State University. Awarded winter 2019/2020 \$7,000.00
Role: Principal-Investigator
7. **ABD Graduate School Funding Award**
Michigan State University. Awarded in Fall 2019 \$5,500.00
Role: Principal-Investigator

GRANTS NOT FUNDED

1. **PhD Student Scholarship**
Council of Academic Programs in CSD. Applied in 2018. \$20,000.00
Role: Principal-Investigator
2. **National Stuttering Association Research Award**
National Stuttering Association. Applied in 2018 \$2,500.00
Role: Principal-Investigator

REFEREED JOURNAL ARTICLES (PUBLISHED, IN REVISION, OR IN REVIEW)

Tichenor, S.E.; Gore, K.; Palasik, S.; Yaruss, J.S. (in review). Social Isolation in Adults Who Stutter: A Mixed Methods Investigation of its Risk and Mechanisms.

Walsh, B; **Tichenor, S.E.**; Gerwin, K.L. (2025). The Significance of a Higher Prevalence of ADHD and ADHD Symptoms in Children who Stutter. *Journal of Speech, Language, and Hearing Research*. (68)6, 2721-2740. https://doi.org/10.1044/2025_JSLHR-24-00668

Tichenor, S.E.; Walsh, B.; Gerwin, K.L.; Yaruss, J.S. (2025). Repetitive Negative Thinking as a Mechanism of Stuttering Anticipation. *Journal of Speech, Language, and Hearing Research*. (68)5, 2236-2258. https://doi.org/10.1044/2025_JSLHR-24-00175

Chang, S.-E.; Below, J.E.; Chow, H.M.; Guenther, F.H.; Hampton Wray, A.M.; Jackson, E.S.; Max, L.; Neef, N.E.; SheikhBahaei, S.; Shekim, L.; **Tichenor, S.E.**; Walsh, B.; Watkins, K.E.; Yaruss, J. S.; Bernstein Ratner, N. (2025). Stuttering: Our Current Knowledge, Research Opportunities, and Ways to Address Critical Gaps. *Neurobiology of Language*. https://doi.org/10.1162/nol_a_00162

Donoso Brown, E.; Wallace, S.E.; **Tichenor, S.E.**; Blemler, R.; Foundas, B. (2025). Determining Predictors of Self-Reported Adherence to Rehabilitation Home Programs for Persons with Acquired Brain Injury: A Prospective Observational Study. *NeuroRehabilitation*. <https://doi.org/10.1177/10538135241296736>

Gore, K.; **Tichenor, S.E.** (2024). A Viewpoint on Pseudostuttering Assignments: Suggested Guidelines and Best-Practices for Their Use in Academic Stuttering Courses. *American Journal of Speech Language Pathology*. (34)1, 428-436. https://doi.org/10.1044/2024_AJSLP-24-00139

Tichenor, S.E.; Yaruss, J.S.; Constantino, C; Gerlach-Houck, H.; Gore, K.; Irani, F.; Jackson, E.S.; LaFleur, C.; Callahan Mandulak, K.; Rodgers, N.H.; Hampton Wray, M. (2024). Pseudostuttering Assignments Support Clinical Training and Develop Strong Stuttering Therapists: A Letter to the Editor Regarding Bortz (2024). *Perspectives of the ASHA Special Interest Groups*. https://doi.org/10.1044/2024_PERSP-24-00237

Johnson, C.A.; Gerwin, K.L.; **Tichenor, S.E.**; Boyle, M.P.; Walsh, B. (2024). Evaluating Stuttering Self-Stigma and Its Relationship to Adverse Impact in Children and Adolescents with the Child Stuttering Self-Stigma Scale (Child-4S). *Journal of Speech, Language, and Hearing Research*. (67)9, 2920-2934. https://doi.org/10.1044/2024_JSLHR-24-00069

Tichenor, S.E.; Yaruss, J.S. (2024). Development and Validation of a Research Version of the Overall Assessment of the Speaker's Experience of Stuttering-Adult (OASES-A-R). *Journal of Fluency Disorders*. 80(c), 106060. <https://doi.org/10.1016/j.jfludis.2024.106060>

Tichenor, S.E.; Walsh, B.; Gerwin, K.L. (2023). Repetitive Negative Thinking in Adolescents who Stutter. *Journal of Speech, Language, and Hearing Research*. 66(9), 3290-3306. https://doi.org/10.1044/2023_JSLHR-23-00147

Tichenor, S.E.; Palasik, S.; Yaruss, J.S. (2023). Understanding the Broader Impact of Stuttering: Suicidal Ideation. *American Journal of Speech-Language Pathology*. 32(5), 2087-2110. https://doi.org/10.1044/2023_AJSLP-23-00007

Walsh, B.; Grobbel, H., Christ, S.; **Tichenor, S.E.**; Gerwin, K.L. (2023). Exploring the Relationship Between Resilience and the Adverse Impact of Stuttering in Children. *Journal of Speech, Language, and Hearing Research*. 66(7), 2278-2295. https://doi.org/10.1044/2023_JSLHR-23-00012

Tichenor, S.E.; Hampton Wray, A.; Ravizza, S.; Yaruss, J.S. (2022). Individual Differences in Attentional Control Predict Working Memory Capacity in Adults who Stutter. *Journal of Communication Disorders*. 100, 106273. <https://doi.org/10.1016/j.jcomdis.2022.106273>

Tichenor, S.E.; Walsh, B.; Gerwin, K.L.; Yaruss, J.S. (2022). Emotional Regulation and its Influence on the Experience of Stuttering across the Lifespan. *Journal of Speech, Language, and Hearing Research*. 65(7), 2412-2430. https://doi.org/10.1044/2022_JSLHR-21-00467

Assaneo, M.F.; Ripolles, P.; **Tichenor, S.E.**; Yaruss, J.S.; Jackson, E.S. (2022). The relationship between auditory-motor integration, interoceptive awareness, and stuttering severity. *Frontiers in Integrative Neuroscience*. 12, 1-11. <https://doi.org/10.3389/fnint.2022.869571>.

Tichenor, S.E.; Walsh, B.; Gerwin, K.L.; Tian, F. (2022). Consistency of Children's Hemodynamic Responses during Spontaneous Speech. *Neurophotonics*. 9(1), 015003. <https://doi.org/10.1117/1.NPh.9.1.015003>.

Tichenor, S.E.; Herring, C.; Yaruss, J.S. (2022). Understanding the Speaker's Experience of Stuttering Can Improve Stuttering Therapy. *Topics in Language Disorders*. 42(1), 57-75. <https://doi.org/10.1097/TLD.0000000000000272>

Tichenor, S.E.; Constantino, C.; Yaruss, J.S. (2022). A Point of View about Fluency. *Journal of Speech, Language, Hearing, and Research*. 65(2), 645-652. https://doi.org/10.1044/2021_JSLHR-21-00342

Gerwin, K.L.; Walsh, B.; **Tichenor, S.E.** (2022). Nonword Repetition Performance Differentiates Children Who Stutter with Concomitant Speech Sound and Developmental Language Disorders. *Journal of Speech, Language, Hearing, and Research*. 65(1), 96-108. https://doi.org/10.1044/2021_JSLHR-21-00334

Tichenor, S.E.; Johnson, C. A.; Yaruss, J.S. (2021). A Preliminary Investigation of ADHD Characteristics in Adults Who Stutter. *Journal of Speech, Language, Hearing, and Research*. 64(3), 839-853. https://doi.org/10.1044/2020_JSLHR-20-00237

Tichenor, S.E & Yaruss, J.S. (2020). Variability of Stuttering: Behavior and Impact. *American Journal of Speech-Language Pathology*. 30(1), 75-88. https://doi.org/10.1044/2020_AJSLP-20-00112

Walsh, B.; Bostian, A; **Tichenor, S.E.;** Brown, B; Weber, C (2020) Disfluency Characteristics of 4 and 5-Year Old Children Who Stutter and Their Relationship to Stuttering Persistence and Recovery. *Journal of Speech, Language, Hearing, and Research*. 63(8), 255-2566. doi.org/10.1044/2020_JSLHR-19-00395

Tichenor, S.E & Yaruss, J.S. (2020). Recovery and Relapse: Perspectives from Adults Who Stutter. *Journal of Speech, Language, Hearing, and Research*. 63(7), 2162-2176. https://doi.org/10.1044/2020_JSLHR-20-00010

Tichenor, S.E. & Yaruss, J.S. (2020). Repetitive Negative Thinking, Temperament, and Adverse Impact in Adults Who Stutter. *American Journal of Speech-Language Pathology*. 29(1), 201-215. https://doi.org/10.1044/2019_AJSLP-19-00077

Tichenor, S.E. & Yaruss, J.S. (2019). Stuttering Defined by People Who Stutter. *Journal of Speech, Language, Hearing, and Research*. 66(12), 4356-4369. https://doi.org/10.1044/2019_JSLHR-19-00137

Tichenor, S.E. & Yaruss, J.S. (2019). Group Experiences and Individual Differences in Stuttering. *Journal of Speech, Language, Hearing, and Research*. 62(12), 4335-4350. https://doi.org/10.1044/2019_JSLHR-19-00138

Tichenor, S.E. & Yaruss, J. S. (2018). A Phenomenological Analysis of the Experience of Stuttering. *American Journal of Speech-Language Pathology*, 27(3S), 1180-1194. https://doi.org/10.1044/2018_AJSLP-ODC11-17-0192

Tichenor, S.E.; Leslie, P.; Shaiman, S.; & Yaruss, J.S. (2017). Speaker and Observer Perceptions of Physical Tension During Stuttering. *Folia Phoniatrica et Logopaedia*, 69(4), 180-189. <https://doi.org/10.1159/000486032>

Yaruss, J.S.; Lee, J.; Kikani, K.B.; Leslie, P.; Herring, C; Rachamjinder, S; **Tichenor, S.E.;** Quesal, R. W.; & McNeil, M.R. (2017). Update on didactic and clinical education in fluency disorders: 2013-2014. *American Journal of Speech-Language Pathology* 26 (1), 124-137. https://doi.org/10.1044/2016_AJSLP-15-0154

INVITED CONFERENCE PRESENTATIONS

Tichenor, S.E. (2024, September). Can Treating Repetitive Negative Thinking in Adolescents and Adults who Stutter Improve Therapy Outcomes? Invited Presentation at Dansk Stamme-Konference 2024, Copenhagen, Denmark.

Tichenor, S.E. (2024, June). Repetitive Negative Thinking in Adolescents and Adults who Stutter, 2024 Invited Presentation at the American Board of Stuttering, Cluttering, and Fluency Disorders Annual Conference: Stuttering Therapy Across the Lifespan.

Tichenor, S.E. (2023, June). The Impact of Stuttering: Relevance to Therapy Goals and Approaches. Invited presentation at a special NIDCD 2-day workshop on stuttering research, National Institutes of Health. Bethesda, MD.

Yaruss, J.S.; **Tichenor, S. E.**, Palasik, S. (2022, November). Mental Health and Stuttering: Understanding the Broader Impact of the Condition. Invited presentation at the annual meeting of the American Speech-Language Hearing Association. New Orleans, LA.

Yaruss, J.S.; **Tichenor, S.E.**; Herring, C. (2021, November). How Understanding the Experiences of People who Stutter Can Help you Improve Your Therapy. Invited presentation at the annual meeting of the American Speech-Language Hearing Association. Washington, DC.

Yaruss, J.S.; **Tichenor, S.E.**; Herring, C. (2020, November). How Understanding the Experiences of People who Stutter Can Help you Improve Your Therapy. Invited presentation at the annual meeting of the American Speech-Language Hearing Association. San Diego, CA (Convention cancelled).

Yaruss, J.S.; Herring, C.; **Tichenor, S.** (2020, February). How Understanding the Experiences of People who Stutter Can Help You Improve Your Therapy. Invited presentation at the annual meeting of the Illinois Speech-Language-Hearing Association. Chicago, IL.

REFEREED CONFERENCE PROCEEDINGS PAPERS

LeRose, E.G., **Tichenor, S.E.**, Yaruss, J.S., Kraft, S. (2023). Psychological Comorbidities in Stuttering: Self Report and Implications. Submitted for publication in the *Proceedings for the Joint World Congress of the International Cluttering Association (ICA), International Fluency Association (IFA) and International Stuttering Association (ISA)*, Montreal, Canada.
https://www.theifa.org/images/2022_JWC/LeRose.pdf

Walsh, B., **Tichenor, S.E.**, Gerwin, K.L (2023). Exploring the development of stuttering's adverse impact through parent, child, and SLP perspectives. Submitted for publication in the *Proceedings for the Joint World Congress of the International Cluttering Association (ICA), International Fluency Association (IFA) and International Stuttering Association (ISA)*, Montreal, Canada.
https://www.theifa.org/images/2022_JWC/Walsh.pdf

Howells, K., Powell, J., **Tichenor, S.E.**, Herring, C., Spray, G., Yaruss, J.S. (2023). One Percent or More: Outreach, acceptance, and representation. Submitted for publication in the *Proceedings for the Joint World Congress of the International Cluttering Association (ICA), International Fluency Association (IFA) and International Stuttering Association (ISA)*, Montreal, Canada.
https://www.theifa.org/images/2022_JWC/Howells.pdf

Tichenor, S.E., Constantino, C., Yaruss, J.S. (2023). A Discussion about Tichenor et al. (2022) A Point of View about Fluency. Submitted for publication in the *Proceedings for the Joint World Congress of the*

International Cluttering Association (ICA), International Fluency Association (IFA) and International Stuttering Association (ISA), Montreal, Canada. https://www.theifa.org/images/2022_JWC/Tichenor.pdf

Tichenor, S.E. & Yaruss, J.S. (2019). A survey of the speaker's experience of stuttering. Submitted for publication in the *Proceedings for the Joint World Congress of the International Cluttering Association (ICA), International Fluency Association (IFA) and International Stuttering Association (ISA)*, Hiroshima, Japan. <https://theifa.org/ifa-congresses-2/ifa-congress-proceedings/2018-joint-world-congress-proceedings/678-a-survey-of-the-experience-of-stuttering-a-preliminary-report>

Herring, C.; **Tichenor, S.E.**; Reeves, N.; Yaruss, J.S. (2019) Minimizing Bullying for Children who Stutter. Submitted for publication in the *Proceedings for the Joint World Congress of the International Cluttering Association (ICA), International Fluency Association (IFA) and International Stuttering Association (ISA)*, Hiroshima, Japan.

Herring, C.; **Tichenor, S.E.**; Reeves, N.; Yaruss, J.S. (2018) Minimizing Bullying for Children who Stutter. Submitted for Proceedings of Genyukai (Japanese Stuttering Association): World Congress: Hiroshima, Japan.

REFEREED CONFERENCE PRESENTATIONS

Tichenor, S.E.; Santosa, H. (2025, November). Repetitive negative thinking predicts speech neurophysiology in adults who stutter. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Washington, D.C.

Winebrenner, J.; Kelley, M.; Sullivan, M.; Hampton Wray, A.; Constantino, C.D; **Tichenor, S.E.**; Constantino, C.D; Hampton Wray, A. (2025, November). Concealment and spontaneity: evidence of an inverse relationship across three speaking tasks as social stress increases. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Washington, D.C.

Constantino, C.D.; **Tichenor, S.E.**. (2025, September). Should we still help stutterers change speech in 2025? A discussion of stuttering modification, ableism, and neurodiversity. Oral Presentation presented at the Oxford Stuttering and Cluttering Conference, Oxford, Oxfordshire, UK.

Tichenor, S.E.; Santosa, H. (2025, September). Repetitive negative thinking predicts speech neurophysiology in adults who stutter. Oral Presentation presented at the Oxford Stuttering and Cluttering Conference, Oxford, Oxfordshire, UK.

Tichenor, S.E.; Constantino, C.D; Hampton Wray, A. (2025, September). Concealment and spontaneity: evidence of an inverse relationship across three speaking tasks as social stress increases. Oral Presentation presented at the Oxford Stuttering and Cluttering Conference, Oxford, Oxfordshire, UK.

Tichenor, S.E.; Sisskin, V. (2025, September). Role identity conflict and its impact on people who stutter: a discussion of research findings and applications to therapy. Oral Presentation presented at the Oxford Stuttering and Cluttering Conference, Oxford, Oxfordshire, UK.

Patterson, B.; Stochel, J.; Van Der Stelt, C.; Kimbis, S.; Wallace, S.; Donoso Brown; E.; **Tichenor, S.E.** (2024, November) The Experience of Persons with Acquired Brain Injury with Rehabilitation Home Exercise Programs. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Seattle, WA. ***Student Poster**

Tichenor, S.E.; Gore, K.; Palasik, S.; Yaruss, J.S. (2024, November) The Experiences of Social Disconnectedness and Perceived Isolation in Adults who Stutter: A Mixed-Methods Investigation. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Seattle, WA.

Tichenor, S.E.; Walsh, B.; Gerwin, K.; Yaruss, J.S. (2024, November) Repetitive Negative Thinking as a Mechanism of Stuttering Anticipation. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Seattle, WA.

Bianchi, C.; MacDonald, J.; Ippolito, S.; Tuddenham, S.; Murtha, R.; Constantino, C.; **Tichenor, S.E.** (2024, November). A Mixed-Methods Investigation and Review of Stuttering Modification as Cited in Stuttering Research from 1990 – 2023. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Seattle, WA. ***Student Poster**

Hampton Wray, A.; **Tichenor, S.E.** (2024, April). How do I write Goals for Children who Stutter? 90 minute seminar at the Annual Meeting of the Pennsylvania Speech-Language Hearing Association. Pittsburgh, PA.

Johnson, C.A.; Gerwin, K.L.; **Tichenor, S.E.;** Boyle, M.; Walsh, B. (2023, November). Stuttering Self-Stigma in Children who Stutter. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Boston, MA. ***ASHA Meritorious Poster Award**

Tichenor, S.E.; Gerwin, K.L.; Johnson, C.A.; Walsh, B. (2023, November). Repetitive Negative Thinking in Adolescents who Stutter: Development and Relationship with Anxiety. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Boston, MA.

Gore, K.; **Tichenor, S.E.** (2023, November). Graduate Student Pseudostuttering Assignments: Are they ethical, Useful, or Advisable? 1-hour oral seminar presented at the annual meeting of the American Speech-Language-Hearing Association. Boston, MA.

Stochel, J.; Patterson, B.; Wallace, S.; Donoso Brown, E.; **Tichenor, S.E.;** Foundas, B. (2023, November). Understanding Self-Reported Patterns of Home Exercise Program Adherence in Persons with Acquired Brain Injury. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Boston, MA.

Tichenor, S.E.. (2023, October). Early Childhood Stuttering: What is our Role? Oral Seminar presented at the 6th Annual Great Lakes Stuttering Research Consortium Symposium. East Lansing, MI.

Yaruss, J.S.; **Tichenor, S.E.** (2023, September). A Research Version of the Overall Assessment of the Speaker's Experience of Stuttering- Adult (OASES-A-R). Poster presented at the 13th Oxford Dysfluency Conference. Oxfordshire, UK. Conference Cancelled.

Tichenor, S.E.; Walsh, B.; Gerwin, K.L.; Yaruss, J.S. (2023, September). Evidence that Anticipation of Stuttering is a Condition-Specific Form of Repetitive Negative Thinking. Research paper presented at the 13th Oxford Dysfluency Conference. Oxfordshire, UK. Conference Cancelled.

Tichenor, S.E.; Gerwin, K.L.; Johnson, C.A.; Walsh, B. (2023, September). Repetitive Negative Thinking in Adolescents who Stutter: Development and Relationship with Anxiety. Research paper presented at the 13th Oxford Dysfluency Conference. Oxfordshire, UK. Conference Cancelled.

Gerwin, K.; **Tichenor, S.E.;** Walsh, B. (2022, November). Exploring the Development of Adverse Impact in Children who Stutter from multiple perspectives. 1-hour oral seminar presented at the annual meeting of the American Speech-Language Hearing Association, New Orleans, LA.

Tichenor, S.E.; Constantino, C.; Yaruss, J.S. (2022, May). A Point of View about Fluency. 1-hour Oral Seminar presented at the Joint World Congress on Stuttering and Cluttering, Montreal, CA.

Howells, K.; **Tichenor, S.E.**; Herring, C.; Spray, G.; Yaruss, J.S. (2022, May). One percent or more? Outreach, acceptance, and representation. 1-hour Oral Seminar presented at the Joint World Congress on Stuttering and Cluttering, Montreal, CA.

LeRose, E.G., **Tichenor, S.E.**, Yaruss, J.S., Kraft, S. (2022, May). Psychological Comorbidities in Stuttering: Self Report and Implications. Technical Session presented at the Joint World Congress on Stuttering and Cluttering, Montreal, CA.

Walsh, B; **Tichenor, S.E.**; Gerwin, K. (2022, May). Predicting the Development of Adverse Impact in Children who Stutter. 1-hour Oral Seminar presented at the Joint World Congress on Stuttering and Cluttering, Montreal, CA.

LeRose, E.G., **Tichenor, S.E.**, Yaruss, J.S., Kraft, S. (2022, March 6-8). Implications of psychological comorbidities in stuttering [Poster]. Molecular Psychiatry Meeting, Maui, HI, USA.

Walsh, B; **Tichenor, S.E.**; Gerwin, K. (2021, November). Predicting the Development of Adverse Impact in Children who Stutter. 1-hour Oral Seminar presented at the annual meeting of the American Speech, Language, and Hearing Association. Washington, DC.

LeRose, E.; **Tichenor, S.E.**; Yaruss, J.S.; Kraft, S.J. (2021, November). Results of the Other Health Inventory for Individuals who Stutter. Technical session presented at the annual meeting of the American Speech, Language, and Hearing Association. Washington, DC.

Tichenor, S.E.; Ravizza, S.; Hampton Wray.; A; Yaruss, J.S. (2021, January). Differentiating Word-form Encoding and Working Memory Differences in Adults who Stutter. Oral seminar given at the 12th Oxford Disfluency Conference. Oxford, Oxfordshire, UK. (conference moved to online as a result of COVID).

Tichenor, S.E.; Palasik, S.; Yaruss, J.S. (2021, January). Understanding the Broader Impact of Stuttering: Suicidal Ideation. Oral seminar given at the 12th Oxford Disfluency Conference. Oxford, Oxfordshire, UK. (conference moved to online as a result of COVID).

Yaruss, J.S. & **Tichenor, S.E** (2021, January). Conceptualizing the experience of stuttering according to people who stutter. Oral seminar given at the 12th Oxford Disfluency Conference. Oxford, Oxfordshire, UK. (conference moved to online as a result of COVID).

Tichenor, S.E. & Yaruss, J.S. (2021, January). The Variability of Stuttering: Behavior and Impact. Poster presented at the 12th Oxford Disfluency Conference. Oxford, Oxfordshire, UK. (conference moved to online as a result of COVID).

Tichenor, S.E.; Ravizza, S.; Hampton Wray A.; Yaruss, J.S. (2020, November). Differentiating Word-form Encoding and Working Memory Differences in Adults who Stutter. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. San Diego, CA. (Convention Cancelled).

Tichenor, S.E.; Palasik, S.; Yaruss, J.S. (2020, November). Understanding the Broader Impact of Stuttering: Suicidal Ideation. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. San Diego, CA. (Convention Cancelled).

Tichenor, S.E. & Yaruss, J.S. (2020, November). The Variability of Stuttering: Behavior and Impact. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. San Diego, CA. (Convention Cancelled). ***ASHA Meritorious Poster Award**

Tichenor, S.E. & Yaruss, J.S. (2019, November). The Prevalence of Physical Tension Perceived by People who Stutter. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Orlando, FL.

Tichenor, S.E. & Yaruss, J.S. (2019, November). Stuttering As Defined by Adults who Stutter. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Orlando, FL.

Tichenor, S.E. & Yaruss, J.S. (2019, November). Repetitive Negative Thinking, Temperament, & Adverse Impact in Adults who Stutter. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Orlando, FL.

Arenas, R.; Davidow, J.; Gerlach, H.; Jackson, E.S.; Rodgers, N.H.; **Tichenor, S.E.**; Zebrowski, P. (2019, November). Anticipation of Stuttering: A Panel Discussion on Theory, Research, and Clinical Implications. Panel Discussion at the annual meeting of the American Speech-Language-Hearing Association. Orlando, FL.

Tichenor, S.E. & Yaruss, J.S. (2020, July). Underlying Factors and Real-World Impact: A Comprehensive Plan of Research to the Further Scientific and Clinical Understandings of Stuttering. Oral Seminar presented at the annual meeting of the 2nd Annual Great Lakes Stuttering Research Consortium Symposium. East Lansing, MI.

Tichenor, S.E. & Yaruss, J.S. (2019, March). A Survey of Stuttering Behaviors. Poster presented at the annual meeting of the Michigan Speech-Language-Hearing Association. East Lansing, Michigan.

Tichenor, S.E.; Constantino, C.; Jackson, E. (2018, November). Attempts to Bridge the Divide Between Stuttering Therapy, Self-Help, & Science: A Panel Discussion. Seminar presented at the annual meeting of the American Speech-Language-Hearing Association. Boston, MA.

Tichenor, S.E. & Yaruss, J.S. (2018, November). A Survey of Stuttering Behaviors. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Boston, MA.

Tichenor, S.E. & Yaruss, J.S. (2018, July). A Survey of the Experience of Stuttering. Poster presented at the International Fluency Association World Congress (IFA). Hiroshima, Japan.

Yaruss, J.S. & **Tichenor, S.** (2018, July). OASES around the world. International collaborations for understanding the impact of stuttering. Poster presented at the International Fluency Association World Congress (IFA). Hiroshima, Japan.

Herring, C.; **Tichenor, S.E.**; Hertsberg-Rogers, N.; Palasik, S. (July, 2018). Attempts to Bridge the Divide Between Stuttering Therapy, Self-Help, & Science: A Panel Discussion. Seminar presented at the International Fluency Association World Congress (IFA). Hiroshima, Japan.

Yaruss, J.S.; Herring, C.; **Tichenor, S.** (2018, July). Minimizing Bullying for Children who Stutter. 90-minute seminar presented at the International Fluency Association World Congress (IFA). Hiroshima, Japan.

Yaruss, J.S.; Herring, Caryn; **Tichenor, S.** (2018, March). Minimizing Bullying for Children who Stutter. 2-hour seminar presented at the annual conference of the Michigan Speech-Language Association (MSHA). Kalamazoo, MI.

Tichenor, S.E.; Yaruss, J.S. (2017, November) A Phenomenological Analysis of the Moment of Stuttering. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Los Angeles, CA.

Yaruss, J.S. & **Tichenor, S.E.** (2017, September). OASES around the world. International collaborations for understanding the impact of stuttering. Poster presented at the 11th Oxford Disfluency Conference. Oxford, Oxfordshire, UK.

Tichenor, S.E. & Yaruss, J.S. (2017, September) A Phenomenological Analysis of the Moment of Stuttering. Oral seminar given at the 11th Oxford Disfluency Conference. Oxford, Oxfordshire, UK.

Tichenor, S.E.; Leslie, P.; Shaiman, S.; Yaruss, J.S. (2015, November) Speaker and Observer Perceptions of Physical Tension During Stuttering. Poster presented at the annual meeting of the American Speech-Language-hearing Association. Denver, CO.

Coleman, C.; Weidner, M.; MacIntyre, S., Constantino, C.; **Tichenor, S.E.;** Gilbert, J. (2013, November) Virtual support groups for children who stutter. Poster presented at the annual meeting of the American Speech-Language-Hearing Association. Chicago, IL.

NON-REFEREED CLINICAL EDUCATION PRESENTATIONS

An Introduction to Stuttering-Affirming Therapy & Therapy Goals for School-Age Stuttering. TherapyWorks, Mt. Lebanon, PA, 1 Hour Seminar. 6/18/25. Co-presented with Dr. Amanda Hampton Wray.

A Stuttering Therapy One-Day in-Service. Beaver County Intermediate Unit, 6 Hour Seminar. 5/22/25. Co-presented with Dr. Amanda Hampton Wray.

An Introduction to Stuttering-Affirming Therapy & Therapy Goals for School-Age Stuttering. Children's Hospital Pittsburgh, Day of Learning, 1 Hour Seminar. 4/4/25. Co-presented with Dr. Amanda Hampton Wray.

An Introduction to Stuttering-Affirming Therapy. Mercer County Schools, 2 hour Seminar. 4/4/25. Co-presented with Dr. Amanda Hampton Wray.

An Introduction to Stuttering-Affirming Therapy. West Virginia Speech and Hearing Association., 1.5 hour seminar. 3/28/25. Co-presented with Dr. Amanda Hampton Wray.

Lunch and Learn: Stuttering Research in Children who Stutter. UPMC-Children's Hospital Pittsburgh. 5/4/24. Co-presented with Dr. Amanda Hampton Wray.

Change and Impact: One-Day Conference with Pittsburgh Public Schools on School-Age Stuttering Therapy. 11/15/24. Co-facilitated and presented with Dr. Amanda Hampton Wray.

Stuttering Therapy, a Round Table Discussion. Allegheny Intermediate Unit. Pittsburgh, PA 5/12/23

A Crash Course In Counseling in Stuttering Therapy. UPMC-Children's Hospital Pittsburgh. 1/9/23. Co-presented with Dr. Amanda Hampton Wray.

How Considering the Experiences of Stuttering Can Improve Therapy. Ally of Stuttering Talk. 12/8/22. Co-presented with Caryn Herring.

Lunch and Learn: Stuttering Research in Children who Stutter. UPMC-Children's Hospital Pittsburgh. 10/24/22. Co-presented with Dr. Amanda Hampton Wray.

The Variability of Stuttering and its Impact on People who Stutter. 11th Encontro Brasileiro de Pessoas Que Gaguejam. 10/8/2022

Therapy Approaches for Children who Stutter. Allegheny Intermediate Unit. Pittsburgh, PA. 8/17/2022

Therapy Approaches for Children who Stutter. Department of Communication and Science Disorders. University of Pittsburgh. 1/20/2022

Advanced Therapy Approaches for Children who Stutter. Department of Speech-Language Pathology *Annual Symposium*. Duquesne University. 4/29/2022

TEACHING EXPERIENCE

Courses *currently* taught:

- Stuttering (2021- current, graduate course)
- Counseling in Speech-Language Pathology (2023 – current, graduate course)

Courses *previously* taught:

- Motor Speech Disorders
- Capstone in Evidence-Based Practice
- Neuroanatomy
- Medical Aspects of Speech-Language Pathology
- Acquired Language Disorders

Doctoral, Pre-Dissertation, Theses, Honors Project Committees, and Independent Studies

Tuddenham, S. (2025). *An Implementation Study of Phonological Awareness Assessment Tasks for Literacy Development in d/Deaf and Hard of Hearing Students*. Master's Thesis, Duquesne University.

Bandosz, M. (2024). *Patterns of Parent-Child Communication During Play with Traditional and Electronic Toys: An Observational Study in a Naturalistic Environment*. Master's Thesis, Duquesne University.

Bernabe Roman, A. (2024). *Defining the Severity of Stuttering*. Master's Thesis, Michigan State University.

McAleese, A. (2023). Independent Study (Undergraduate), CBT-focus

Grobbe, H. (2022). *Exploring the Relationship Between Resilience and Adverse Impact of Stuttering*. Master's Thesis, Michigan State University.

Reitz, G. (2022) Independent Study (Undergraduate), Stuttering-focus

INVITED GUEST TEACHING PRESENTATIONS

Guest-Lecturer. Graduate Stuttering Course. 03-28-24. Communication Sciences and Disorders, University of Pittsburgh. Topic: Counseling and Stuttering

Guest-Lecturer. Special Topics in Speech-Language Pathology. 09-30-22. Department of Speech-Language Pathology, Rangos School of Health Sciences, Duquesne University. Topic: Introduction to Counseling.

Guest Speaker (panelist). Trauma Informed Care, one-day workshop. Rangos School of Health Sciences, Duquesne University. 10/23/2021

Guest-Lecturer. CSD 850 Acquired Language Disorders. 02-18-21. Communicative Sciences and Disorders, College of Arts and Sciences, Michigan State University. Topic: Clinical Decision Making in Medical Speech-Language Pathology.

Guest-Lecturer. CSD 850 Medical Aspects of Speech-Language Pathology. 02-04-20. Communicative Sciences and Disorders, College of Arts and Sciences, Michigan State University. Topic: Clinical Decision Making in Medical Speech-Language Pathology.

Guest-Lecturer. CSD 203 Introduction to Communicative Sciences and Disorders. 11-13-18. Communicative Science and Disorders, College of Arts and Sciences, Michigan State University. Topic: Stuttering Assessment and Treatment

Guest-Lecturer. CSD 203 Introduction to Communicative Sciences and Disorders. 04-04-18. Communicative Science and Disorders, College of Arts and Sciences, Michigan State University. Topic: Aphasia Assessment & Treatment

Guest-Lecturer. CSD 364 Speech and Language Disorders and their Evaluation. 04-03-18. Communicative Science and Disorders, College of Arts and Sciences, Michigan State University. Topic: Stuttering Assessment & Treatment

Guest-Lecturer. Intro to Speech-Language-Pathology. 10-23-17. Communicative Science and Disorders, College of Arts and Sciences, Michigan State University. Topic: Stuttering

Guest-Lecturer. Intro to Speech-Language-Pathology. 04-05-17. Communication Science and Disorders, School of Rehabilitation Science, University of Pittsburgh. Topic: Stuttering

SERVICE

To the University:

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| 2025 - current | Member, Duquesne Provost Research Workgroup |
| 2024 - current | Member, Exempt Committee, Duquesne Institutional Review Board |
| 2026 - present | Member, Duquesne Institutional Review Board |
| 2023 - 2025 | Alternative Representative, Duquesne Institutional Review Board |
| 2022 - current | Coordinator, Duquesne University SLP Departmental SCI-Cafe |
| 2021 - current | Member, Duquesne University SLP Curriculum Committee |
| 2021 - current | Member, Duquesne University SLP Justice, Equity, Diversity, and Inclusion Committee |
| 2021- 2024 | Member, Duquesne University Rangos Justice Equity, Diversity, and Inclusion Committee |

To the Profession:

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| 2025 | Conference Committee, Oxford Stuttering and Cluttering Conference |
| 2021-2024 | Chair, International Fluency Association Self-Help and Advocacy Committee |
| 2018-2020 | Founder/President, Spartan Stuttering Support Group <i>A self-help and support group for Michigan State students who stutter and allies</i> |
| 2017-2020 | Member, International Fluency Association Self-Help and Advisory Committee |
| 2014-Present | Volunteer, Presenter, and Coordinator for FRIENDS, the National Support Organization for Children who Stutter |

Grant Reviewer

Grant Reviewer, American Speech-Language-Hearing (ASH) Foundation

Editorial Board Membership

Journal of Speech, Language, and Hearing Research (2023-current)

Ad Hoc Manuscript Peer Reviewer

Journal of Speech, Language, and Hearing Research

Journal of Fluency Disorders

American Journal of Speech-Language Pathology

Journal of Communication Disorders

Topics in Language Disorders

Language, Speech, and Hearing Services in Schools

Conference Submission Peer Reviewer and/or Planning Committee Member

Annual Meeting of the American Speech-Language and Hearing Association, Stuttering Focus

World Stuttering and Cluttering Organization (Formerly, International Fluency Association) Conference

CERTIFICATIONS, LICENSURE, MEMBERSHIPS

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| 2026-Present | Board Certified Specialist in Stuttering, Cluttering, and Fluency (BCS-SCF) |
| 2023-Present | ASHA Special Interest Division (SIG20) Counseling |
| 2021-Present | Member, Society for Neurobiology of Language |
| 2020-Present | Member, Society for Functional Near-Infrared Spectroscopy (sfNIRS) |
| 2017-2021 | Michigan Licensing and Regulatory Affairs <i>Michigan State License-Speech Language Pathology (7101005464)</i> |
| 2014-Present | ASHA Special Interest Division (SIG4) Fluency Disorders |
| 2014-Present | International Fluency Association (IFA) |
| 2013-Present | Pennsylvania Bureau of Professional and Occupational Affairs <i>Pennsylvania State License-Speech Language Pathology (SL011907)</i> |
| 2013-Present | Certified Member (Certificate of Clinical Competence) of the American Speech Language and Hearing Association (ASHA) |
| 2011-Present | National Stuttering Association (NSA) |

SPECIALTY TRAINING

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|------|---|
| 2024 | Avoidance Reduction for Stuttering- ARTs® 3 Day Workshop. Sisskin Stuttering Center. |
| 2024 | Huppert Lab fNIRS Data Analysis 3 Day Workshop, University of Pittsburgh, June 2024 |
| 2023 | Selected to participate in ASHA's <i>Lesson's for Success</i> (3-day intensive grant-writing training), a part of ASHA's Academic & Research Mentoring Program. |

HONORS AND AWARDS

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| 2023 | Dean's Award for Early-Career Excellence in Scholarship, Rangos School of Health Sciences, Duquesne University |
| 2023 | Selected for and participated in ASHA's Lesson's For Success, American Speech-Language and Hearing Association |
| 2022 | Early-Career Research Award, International Fluency Association (awarded at the 2022 meeting of the International Fluency Association Joint World Congress: Stuttering and Cluttering, Montreal, Canada). |
| 2021-current | Adjunct Assistant Professor (by courtesy), Michigan State University, Department of Communicative Sciences and Disorders, East Lansing, MI |
| 2018 | Approval to apply for CAPCSD PhD Scholarship (selected from 8 MSU PhD students) |
| 2018 | NIH R13 DC017095 Travel Award Recipient |
| 2015-2017 | Bruce Baker Scholarship (Awarded three times) |
| 2015 | Bruce Baker Travel Award |
| 2010-2012 | Bruce Baker Scholarship (Awarded three times) |

MEDIA

2025 Choiceology by Charles Schwab. [When It Feels Like Everyone's Watching](#). Season 16, Episode 2.

2023 Research discussed and cited in Scientific American: *Here's What We Know about Stuttering*
<https://www.scientificamerican.com/article/heres-what-we-know-about-stuttering/>

2022 Journal article "Understanding the Speaker's Experience of Stuttering Can Improve Stuttering Therapy" (Tichenor, Herring, Yaruss, 2022, TLD) reviewed in *TheInformedSLP*. Stuttering: From eek! To E's. <https://www.theinformedslp.com/review/stuttering-from-eeek-to-e-s>

2020 Journal article "Variability of stuttering: Behavior and Impact" (Tichenor & Yaruss, 2020, AJSLP) reviewed in *TheInformedSLP*. When you meet one adult who stutters, you meet... one adult who stutters. <https://www.theinformedslp.com/review/when-you-meet-one-adult-who-stutters-you-meet-one-adult-who-stutters>

2020 Journal article "Disfluency Characteristics of 4 and 5-Year Old Children Who Stutter and Their Relationship to Stuttering Persistence and Recovery" reviewed in *TheInformedSLP*. Take the guessing out of the game: Predicting persistence stuttering in young children. <https://www.theinformedslp.com/review/take-the-guessing-out-of-the-game-predicting-persistent-stuttering-in-young-children>

2020 Stuttertalk. A Frank Discussion about Fluency <https://stuttertalk.com/a-frank-discussion-about-fluency-and-stuttering-ep-700/>

2019 More than a Habit: Understanding the Mystery of Stuttering.
<https://msutoday.msu.edu/feature/2019/understanding-the-mystery-of-stuttering/>