Fritzky Family Integrative Health Summit

September 22 – 24, 2022

Hosted by
the proposed College of Osteopathic Medicine
& The Center for Integrative Health
Thank you for joining us for the 2022 Fritzky Family Integrative Health Summit presented by Cigna and co-hosted by Duquesne University’s proposed College of Osteopathic Medicine and Center for Integrative Health. On behalf of the organizing committee, it is our pleasure to extend you our warmest welcome to Duquesne University. From the beginning, Duquesne has been dedicated to building a better world. Our founders looked ever forward, envisioning the education needed to create a future everyone could share in. The College of Osteopathic Medicine builds on the University’s historic strengths in the health sciences and aspires to be among the most forward-thinking medical schools in the nation, addressing the two largest problems facing medicine today: a shortage of doctors in primary care disciplines and a system of pervasive racial and socio-economic disparities in health care. The Center for Integrative Health is a University-wide center launched in January 2020 to create a platform for all 10 schools of study to engage in interprofessional education, research and service opportunities in collaboration with surrounding communities and community partners. The mission of the Center is to advance health equity through well-coordinated Integrative Health approaches, treating the whole person- mind, body and spirit- in the context of their community.

The 2022 Fritzky Family Integrative Health Summit aims to convene thought leaders and healthcare experts across disciplines to discuss integrative health in the 21st century, with a focus on health equity, transformative models of care and healthy aging. This three-day AOA/AMA/CPE-accredited multi-disciplinary conference will connect healthcare practitioners and professionals who are dedicated to improving patient care and defining the future of integrative health.

This event would not be possible without the generous support from the Fritzky Family, our presenting sponsor, Cigna, and corporate sponsorships. We are grateful for partnership and support from the Schools of Medicine, Pharmacy, Nursing and Health Sciences and the vision of our Organizing Committee.

Welcome to the 2022 Fritzky Family Integrative Health Summit!
THANK YOU TO OUR SPONSORS AND PARTNERS.
Ed and Karen Fritzky are loyal Duquesne supporters who most recently established the Ed and Karen Fritzky Family Chair in Integrative Medicine and Wellbeing to amplify the University’s holistic health philosophy of providing physical, mental, emotional and spiritual patient care. Ed Fritzky earned a B.A. and was awarded an Honorary Doctor of Science from Duquesne. Following graduation, Mr. Fritzky served as an officer in the U.S. Army and established a business career in life sciences, including serving as Chairman and CEO of the Immunex Corporation, on the Boards of Amgen, Jacobs, SonoSite as well as Trustee of Fred Hutchinson Cancer Research Center. The Ed and Karen Fritzky Family philanthropic efforts have emphasized leadership and healthcare.

Immunex’s lead product, Enbrel, was the first biotechnology product approved for the treatment of rheumatoid disease, psoriatic arthritis and ankylosing spondylitis. With hundreds of thousands of patients treated. Mr. Fritzky led Immunex’s effort to merge with Amgen, completing the largest merger in the history of the industry in July 2002.

Fritzky’s understanding of the importance of wellbeing is reflected in the national recognitions he has received. In 2002, Fritzky was recognized by Forbes magazine as a “Best Boss in America,” and Immunex was recognized by Fortune magazine as one of America’s “Best Places to Work.”
**Vonda Wright, MD, MS**

Dr. Vonda Wright is a double-boarded, fellowship-trained orthopedic surgeon and internationally recognized authority on active aging and mobility. Dr. Wright’s practice focuses on minimally invasive surgery for hip preservation, shoulder and knee reconstruction, cartilage restoration, orthobiologics, and the latest in injury prevention and performance optimization. An intra-preneur, Dr. Wright was the founding director of the Performance and Research Initiative for Masters Athletes (PRIMA) and her pioneering research in mobility and musculoskeletal aging is changing the way we view and treat the aging process. Dr. Wright cares for athletes and active people of all ages and skill levels from the Division I Georgia State Panthers, Pens Elite developmental hockey teams, University of Pittsburgh Division I athletes, World Rugby 7's, Olympic track and field athletes, and the Atlanta Ballet. She is a pioneering physician and thought leader for the new legion of E-Sports athletes.

In addition to her surgical practice, Dr. Wright is an accomplished researcher and author who speaks worldwide and develops innovative programs for optimizing performance and minimizing injury from the ball field to the boardroom. She has authored five books: “Fitness After 40: How to Stay Strong at Any Age;” “Guide to THRIVE: 4 steps to Body, Brains & Bliss;” “Younger in 8 Weeks;” “A Parent’s Playbook for Raising Healthy Athletes;” and “Masterful Care of the Aging Athlete.” Dr. Wright has no relevant financial relationships with ineligible companies to disclose.

**Wayne Jonas, MD**

Dr. Wayne Jonas is a practicing family physician, an expert in integrative health and health care delivery, a widely published scientific investigator and author of the book *How Healing Works*.

Dr. Jonas is the Executive Director of Integrative Health Programs at Samueli Foundation. From 2001-2016, he was Chief Executive Officer of Samueli Institute, a nonprofit medical research organization supporting the scientific investigation of healing processes in the areas of stress, pain and resilience. Dr. Jonas was Director of the Office of Alternative Medicine at the NIH from 1995-1999, and prior to that served as Director of the Medical Research Fellowship at the Walter Reed Army Institute of Research. He is a Fellow of the American Academy of Family Physicians.

His research has appeared in peer-reviewed journals such as *Journal of the American Medical Association, Nature Medicine, Journal of Family Practice, Annals of Internal Medicine, and The Lancet*. Dr. Jonas has no relevant financial relationships(s) with ineligible companies to disclose.
**Johnny Huard, PhD**

Dr. Johnny Huard is the Chief Scientific Officer and Director of Linda & Mitch Hart Center for Regenerative & Personalized Medicine at Steadman Philippon Research Institute (SPRI), Vail, Colorado. Dr. Huard also holds Professor of Surgery position at the Duquesne University and Affiliate Faculty position in Clinical & Biomedical Sciences at Colorado State University.

Dr. Huard was Professor, Distinguished Chair in the Department of Orthopaedic Surgery at the University of Texas Health Science Center (2015-2019). Dr. Huard held Henry J. Mankin Endowed Chair in the Department of Orthopaedic Surgery and was Director of the Stem Cell Research Center at the University of Pittsburgh (1995-2015). Dr. Huard's team published around 430 peer reviewed papers, over 90 reviews/book chapters, and over 90 abstracts at scientific conferences with Google Scholar Citations: 44,983; h-index:112, i10-index: 372). Dr. Huard's lab focuses on 4 different categories, including: **Biologics** (PRP/BMAC, adult stem cells); **Regenerative Medicine approaches** (gene therapy, CRISPR-Cas9, Coacervate, Microspheres, PA-nanofibers); **Therapeutics** (FDA approved anti-fibrotic & pro-angiogenic agents, telomerase activity, (hTERT), senolytic/semnomorphic drugs); and **Animal Modelling** (dystrophic and progeria, super healer (MRL/MpJ), osteoarthritis/microfracture/tibia fracture & calvarial defect and ovariectomy models). Dr. Huard's laboratory is currently funded with 9 NIH grants, 2 DoD contracts, 7 DOD/NIH sponsored clinical trials and philanthropic funding. Dr. Huard's research is published in journals including *Nature, Journal of Cell Biology, JCI, Cell Stem Cells, Biomaterials, etc* and received over 90 honors & awards, including: AOSSM Cabaud Memorial and 3M Award, ORS NIRA, AAOS Kappa Delta awards, Ortho-Regeneration, Honorary Doctorate and many others. He has no relevant financial relationship(s) with ineligible companies to disclose.

**Nicholas Pennings, DO, FOMA**

Dr. Nicholas Pennings is board certified in Family Medicine and Obesity Medicine. He is a graduate of the Philadelphia College of Osteopathic Medicine and completed his family medicine residency in Philadelphia. He serves as chair and associate professor of family medicine at the Jerry M. Wallace School of Osteopathic Medicine at Campbell University as well as medical director of the Campbell University Health Center. He is the Executive Director of Clinical Education for the Obesity Medicine Association. Dr. Pennings is a champion for advancing the education of health professionals through the development of core competencies in obesity medicine education and incorporation obesity education into medical education via live and virtual platforms. Dr. Pennings is an independent contractor with Medifast, educational consultant with Novo Nordisk, educational consultant with Eli Lilly, and educational consultant with Gelesis. All relevant financial relationships listed have been mitigated.
Marguerite Duane, MD, MHA, MSPH, FAAFP

Dr. Marguerite Duane, a board-certified family physician, is co-founder and Executive Director of FACTS – the Fertility Appreciation Collaborative to Teach the Science, an organization dedicated to educating medical professionals and students about scientifically valid natural or fertility awareness-based methods (FABMs). She also serves as an Adjunct Associate Professor at Georgetown University, where she directs an elective on FABMs and their role in women’s health and family planning. Dr. Duane see patients with MD for Life, a direct primary care house-calls based practice based in Washington, DC and is recently completed a primary care research fellowship at the University of Utah.

Dr. Duane received her M.D. degree from the State University of New York at Stony Brook and completed her Family Medicine residency at Lancaster General Hospital in Pennsylvania. She received a Bachelor of Science with Honors and a Master of Health Administration degree from Cornell University. Dr. Duane is trained as a Creighton, FEMM and NeoFertility Medical consultant, and a TeenSTAR educator. She has published articles on the effectiveness of FABMs and the use of apps for tracking fertility. Dr. Duane balances her career as a teacher and Family Physician, with her role as a mother and wife. She is married to a fellow family physician, Dr. Kenneth Lin, and they are the parents of 4 young children. Dr. Duane has no relevant financial relationship(s) with ineligible companies to disclose.
Amber Fedin, DO  
*Associate Dean for Clinical Affairs and Associate Professor of Family Medicine, College of Osteopathic Medicine, Duquesne University*

Passionate about educating patients, physicians and students, Dr. Amber Fedin has practiced comprehensive family medical care in a variety of clinical settings and has approximately 15 years of experience in medical education.

She has served in leadership roles as a family medicine residency program director, a designated institutional officer, and a director of medical education. She was the director of Student Medical Education for the Edward Via College of Osteopathic Medicine and the Liberty University College of Osteopathic Medicine (LUCOM) during its inaugural clinical years. She also served at LUCOM as the assistant dean for Clinical Education from 2018 to 2021.

Dr. Fedin has trained resident physicians at the Heritage Valley Family Medicine Residency Program in Beaver, Pennsylvania, and the Sovah Health Medical Residency Programs in Danville, Virginia. She completed a faculty development fellowship through Michigan State University’s College of Human Medicine.

A fellow of the American College of Osteopathic Family Physicians and the American Academy of Family Physicians, she is passionate about addressing healthcare disparities and developing physician teachers and leaders within the profession.

A western Pennsylvania native, Dr. Fedin completed her Bachelor of Science degree in Chemistry at Bethany College and graduated from medical school at the Lake Erie College of Osteopathic Medicine. She completed her residency training at the Heritage Valley Family Medicine Residency Program in Beaver, Pennsylvania, where she served as chief resident.
M. Renee Prater, DVM, PhD
Associate Dean for Academic Affairs,
College of Osteopathic Medicine,
Duquesne University

Before joining Duquesne, Dr. Prater spent 20 years at the Edward Via College of Osteopathic Medicine (VCOM), Blacksburg Campus. She started in 2002 as Assistant Professor of Pathology, then served as chair of Microbiology, chair of Immunology, and associate dean for Curriculum, Assessment, and Medical Education as she was promoted to full professor.

After beginning her research career at the University of Virginia, Dr. Prater led a federally funded, strong, and interdisciplinary team of researchers in the field of developmental biology at Virginia Tech, where they investigated the role of nutrition and environmental exposures on fetal development and long-term metabolic health. She also taught a number of courses including microbiology, immunology, physiology, pathology, and clinical medicine in the preclinical curriculum at VCOM and in the Master of Arts in Biomedical Sciences at Bluefield College.

Dr. Prater also served her community by participating in a number of committees within Bluefield College, at the Virginia-Maryland College of Veterinary Medicine, and with the Scientific Research Institute at the Veterans Administration Medical Center in Salem, Virginia.

She earned a Bachelor of Science in Biology and a Master of Science in Physiology from the University of Akron. After gaining important experience in the pharmaceutical industry with the Upjohn Company and research experience at the University of Virginia, Dr. Prater completed her Doctor of Veterinary Medicine with honors at the Virginia-Maryland College of Veterinary Medicine. She continued at the Virginia-Maryland College of Veterinary Medicine to complete her residency in clinical pathology and her doctoral degree in immunotoxicology.

Dr. Prater is presently studying the role of human-animal relationships in mental and physical wellness.
Jason E. Wells, PhD
Associate Dean for Biomedical Affairs,  
College of Osteopathic Medicine,  
Duquesne University

Before joining Duquesne, Dr. Wells held multiple leadership positions at the Liberty University College of Osteopathic Medicine (LUCOM) from 2013-2021. In his most recent position as the assistant dean of Academics, he led the Office of Medical Education and began the process to re-design the curriculum for Pre-Clerkship medical students. Despite the COVID-19 pandemic, Dr. Wells and his team ensured uninterrupted medical education to LUCOM students, implementing technology and learning methods never-before fathomed in medical education.

While at LUCOM, he also served as vice-chair of Anatomical Sciences, where he spent a year helping to shape the curriculum and culture before the college welcomed its first class in 2014. He was then appointed as pre-clerkship curriculum director in 2015.

Dr. Wells has worked in medical education for more than 18 years, holding faculty and leadership positions at Rocky Vista University College of Osteopathic Medicine, West Virginia School of Osteopathic Medicine and Southern Illinois University School of Dental Medicine. He has received numerous awards and recognitions including five-time Educator of the Year, four-time Biomedical Educator of the Year, two-time William Osler Award for Excellence in Teaching, and the Atlas Golden Key Award for Biomedical Faculty.

Dr. Wells’s neurophysiology research focused on the ionic currents involved in the conduction and transduction of pain in primary sensory neurons. He has published numerous articles in multiple journals. A southwestern Pennsylvania native, Dr. Wells earned his doctoral degree in the Program of Neuroscience from the West Virginia University School of Medicine, and his bachelor of science degree in Neuroscience from Allegheny College. He is a Costin Scholar and is pursuing an additional doctoral degree in Organizational Leadership.
**Brian J. Burke, MD.** is a board-certified Family Physician, currently practicing at Trinity Health Systems in Steubenville Ohio. He graduated from Franciscan University of Steubenville in 2007 with degrees in Biology and Theology, and completing the Honors Program. After one year of research, he attended and graduated from the University of Toledo College of Medicine in 2012. After medical school, he served for seven years on active duty as a Navy Physician, completing his residency and then practicing full scope family medicine until 2019. He resigned his commission and is now in a civilian outpatient family medicine practice, encompassing care from newborns to end of life, and specializing in restorative reproductive medicine. He has training in the Sympto-thermal Method, the Creighton Model, and Neofertility. Dr. Burke has been a FACTS preceptor since 2019 and a speaker at the 2021 FACTS Conference. He currently resides on his 5 acre working farm outside of Steubenville, OH with his wife and five children. Dr. Burke has no relevant financial relationship(s) with ineligible companies to disclose.

**David J. Dausey, PhD,** is the executive vice president and provost of Duquesne University in Pittsburgh, Pennsylvania, having previously served as the executive vice president and provost of Mercyhurst University in Erie, Pennsylvania. He is a tenured full professor of medicine and health sciences at Duquesne and a distinguished service professor at Carnegie Mellon University, where he previously served as senior director of health programs and initiatives.

Dausey was the founding chair of the board of the Erie Innovation District, a place-based urban development 501c3 designed to transform Erie, Pennsylvania into a safety and security innovation hub. He successfully pursued $4 million in seed funding to establish it, hired the first president, and oversaw the creation of a multimillion-dollar venture capital fund to develop what is now known as the “Secure Smart City” initiative.

Dausey was the founding dean of the School of Health Professions and Public Health at Mercyhurst University, which, as provost, he merged with another school to become the Zurn College of Natural and Health Science. Dausey was a major driving force in founding the Duquesne University College of Medicine. He has been instrumental in raising over $40 million for new academic facilities, programs and initiatives, including programs ranging from public history to cybersecurity.

Dausey is an internationally recognized epidemiologist and is a fellow of the American College of Epidemiology. For more than a decade, he worked as a full-time epidemiologist in the private sector for the RAND Corporation and, before that, in the public sector for the U.S. Department of Veterans Affairs.
Dausey led global health projects in collaboration with senior governmental leaders on the ground in more than 20 countries. He has directed more than $10 million in extramural research and has written more than 100 research articles, books, and reports, including articles in top-tier academic journals that received national media attention.

Daisey is a national voice for health care and higher education, having conducted hundreds of media interviews and written commentaries for a wide array of news outlets. He has served as a trustee or director for organizations focused on philanthropy, academia, health care, economic development, and arts and culture.

Dausey earned a bachelor’s degree in psychology from Mercyhurst University. He earned master’s and doctoral degrees in epidemiology from Yale University. He completed postgraduate training in higher education management at Harvard University. He is completing a second doctorate in higher education management at the University of Pennsylvania. He has no relevant financial relationship(s) with ineligible companies to disclose.

Elena Donoso-Brown, PhD, OTR/L is an occupational therapist and associate professor at Duquesne University. She earned her Ph.D. in Rehabilitation Sciences from the University of Washington. Her clinical background is with individual post-stroke and traumatic brain injury during the acute phase of recovery. She has developed a research agenda around understanding and assessing ways to optimize the implementation of home programs for persons with acquired brain injury to increase adherence and improve outcomes. In addition, Dr. Donoso Brown teaches students in the program’s professional and advanced professional phases on evaluation/assessment, biomechanical intervention, and program development. She developed and provided support for an app in a study with Tactus Therapy. All relevant financial relationships have been mitigated.
Jerome Gloster, MD, MS

Dr. Jerome Gloster is currently the CEO/CMO for Primary Care Health Services (PCHS) and is a pediatrician with 25 years’ experience in clinical medicine. He accepted the position of CEO/CMO in November of 2018 for PCHS, a Federally Qualified Health Center Corporation of (9) nine clinical health center offices throughout the greater Pittsburgh area with its headquarters located at the Alma Illery Medical Center in the Homewood neighborhood of the city of Pittsburgh.

Jerome is also a graduate of The University of Pittsburgh with a Bachelor of Science degree in Chemistry 1987, The University of Pittsburgh School of Medicine with a Doctor of Medicine Degree 1992, and Geneva College with a Master of Science Degree in Organizational Leadership 2015. Dr. Gloster completed his Residency training in General Pediatrics at Mercy Hospital in 1995 and his work experience has also included 13 years of being the Chief Medical Officer for Federally Qualified Health Centers, Chief Physician consultant to the Allegheny County Health Department’s Maternal and Child Health program, Medical Director and physician consultant to Healthy Start, and Consultant School Physician to the Pittsburgh Public Schools and Wilkinsburg School Districts.

He has become known for his passion for providing the highest quality Health Care and services to the underserved and those who need it the most and his appointments include the State of Pennsylvania’s Chronic Care Commission Governor’s Office of Healthcare Reform from 2007-2010 and he is also a winner of the Pittsburgh Business Times 2016 Healthcare Heroes Award. He has no relevant financial relationship(s) with ineligible companies to disclose.
Jessie Goicoechea, PhD

Dr. Jessie Goicoechea is a Clinical Associate Professor in the Department of Psychology at Duquesne University, is the Director of Clinical Training of the doctoral program and Director of the Rita M. McGinley Psychology Clinic, the primary training facility for DU's doctoral students. Dr. Goicoechea has a background in community mental health, having completed her pre-doctoral internship at Clinton-Eaton-Ingham CMH in Lansing, Michigan and having then worked for six years as a psychotherapist at Persad Center in Pittsburgh, the nation’s second oldest community mental health center specifically for the LGBTQIA+ community. Dr. Goicoechea received a B.A. in psychology from the University of Dallas and her M.A. and Ph.D. in psychology here at Duquesne University. She has conducted qualitative research on psychiatric, diagnostic discourse in patient-staff interactions, patients’ experiences of collaborative assessment, and group psychotherapy training. Dr. Goicoechea is a licensed clinical psychologist in private practice; specialties include couples therapy, child-centered play therapy and treatment with sexual minorities. She brings a trauma informed approach to her clinical practice, teaching, research and community engagement. With colleagues and community partners, Dr. Goicoechea has developed and facilitated trauma trainings and programs for afterschool youth and staff, schools and health organizations. Dr. Goicoechea has no relevant financial relationships(s) with ineligible companies to disclose.

Regina T. Harbourne, PT, PhD, FAPTA

Dr. Regina Harbourne is an associate professor and teaches pediatrics, research and neuroscience in the Rangos School of Health Sciences at Duquesne University in Pittsburgh, PA. Her 40+ years of pediatric experience includes early intervention, school-based, and clinic-based work, as well as teaching continuing education courses related to developmental intervention. Her research and numerous publications focus on early intervention for children with neuromotor dysfunction, and the interaction between motor, visual, and cognitive systems to improve learning and overall development. She currently leads a large multi-site effectiveness trial for early intervention, the START-Play study, funded by the U.S. Department of Education. In addition she is funded by the National Institutes of Health for a sponsored intervention trial for infants with cerebral palsy and by the National Science Foundation to study typically developing and preterm infants to examine the effects of sleep and on learning and problem solving.

Her expertise in early learning, motor development, and intervention for neuromotor disorders, has resulted in over 70 peer-reviewed publications on these topics. She has presented internationally to therapists and researchers, and is known for her translation of research to clinically relevant practice for physical and occupational therapists. She has no relevant financial relationship(s) with ineligible companies to disclose.
Tiffany Hatcher, PharmD, TTS

Dr. Tiffany Hatcher is a graduate of Hampton University School of Pharmacy. Upon graduation, she completed a PGY1 Community Based Pharmacy Residency with University of Arkansas Medical Sciences and Walmart Health & Wellness. Following this experience, Dr. Hatcher practiced as a Pharmacy Clinical Services Manager where she participated in direct patient care in addition to teaching and training other pharmacist and technicians in pharmacy based clinical services.

Dr. Hatcher is the Community Pharmacy Concentration coordinator and coordinates the APhA Pharmacy Based Immunization Delivery program for both students and pharmacists. She is a pharmacist provider within the Pennsylvania Pharmacists Care Network and serves as a coach for the national CPESN “Flip the Pharmacy” program, which aims to guide pharmacies through practice transformation. Additionally, Dr. Hatcher serves as a Academia-CPESN Transformation Pharmacy Collaborative Champion which establishes collaboration between schools of pharmacy and clinical integrated networks of community-based pharmacies.

Dr. Hatcher remains active in numerous professional organizations to continue advocating for patients, pharmacists, and students, while continuing to provide patient care. Dr. Hatcher’s clinical practice site is the Mercy Health Center Pharmacy in Pittsburgh, where she provides direct patient care within both the pharmacy and internal medicine clinic as a member of an interdisciplinary care team. Licensed in six states, Dr. Hatcher is highly adaptable and has an array of diverse experiences in teaching, training, and providing pharmaceutical and patient care services. Dr. Hatcher has no relevant financial relationship(s) with ineligible companies to disclose.

Melissa Kalarchian, PhD

Dr. Melissa Kalarchian is a psychologist specializing in behavioral medicine. Her research interests focus on adapting evidence-based lifestyle interventions to meet the needs of vulnerable populations such as individuals undergoing bariatric surgery, obese children, patients taking antipsychotic medications, pregnant women, and smokers. Dr. Kalarchian graduated cum laude with High Honors in Psychology from Dartmouth College and earned her Ph.D. in Clinical Psychology from Rutgers University. She completed her internship and postdoctoral fellowship at University of Pittsburgh School of Medicine. Currently Dr. Kalarchian is Professor and Associate Dean for Research in the School of Nursing, and also serves as Associate Provost for Interdisciplinary Research & Strategic Initiatives at the University. Dr. Kalarchian has no relevant financial relationship(s) with ineligible companies to disclose.
Dr. John Kauffman is the founding dean of Duquesne University’s proposed College of Osteopathic Medicine.

Dr. Kauffman served as founding dean and chief academic officer of the Campbell University Jerry M. Wallace School of Osteopathic Medicine in Buies Creek, N.C., from 2011 until he was named dean emeritus in October 2019.

During his tenure at the Campbell University Jerry M. Wallace School of Osteopathic Medicine, Dr. Kauffman played an integral role in the school’s launch and critical accreditation process. The Wallace School was the first medical school to open in North Carolina in 35 years and presently is the state’s only osteopathic medical school.

Prior to his role at Campbell University, Dr. Kauffman served in several capacities at the Edward Via College of Osteopathic Medicine (VCOM). In 2006, he was named associate dean for postgraduate affairs and in 2010 was promoted to vice dean for postgraduate affairs of the Virginia and South Carolina campuses. Under Dr. Kauffman’s leadership at VCOM, the number of residency positions increased from 40 to 280 in family medicine, internal medicine, dermatology and neurosurgery.

Dr. Kauffman also worked for University Hospitals of Cleveland from 2001-2006, during which he established University-based osteopathic residencies in dermatology and pediatrics as well as community-based residencies which included family medicine, internal medicine, and sports medicine.

Dr. Kauffman is a Fellow of the American College of Physicians and the American College of Osteopathic Internists. He has spent more than 20 years of his career in medical education, directing medical education at medical centers and medical schools both in urban and rural communities. He has participated in medical mission trips to nations in central America, South America, India and Africa. Dr. Kauffman holds numerous professional memberships and in 2014 was awarded the American Osteopathic Foundation’s Educator of the Year award.

Dr. Kauffman earned a bachelor’s degree in biology/psychology at Allegheny College and his doctor of osteopathic medicine at Philadelphia College of Osteopathic Medicine. He completed an osteopathic rotating internship at Clarion Community Hospital, in Clarion, Pa., and an internal medicine residency at Lehigh Valley Hospital Center in Allentown, Pa. Dr. Kauffman and his wife, Sharon, have four daughters. He has no relevant financial relationship(s) with ineligible companies to disclose.
Rebecca Kronk, PhD, MSN, CRNP, ANEF, FAAN, CNE

Dr. Rebecca Kronk is Associate Dean for Academic Affairs at Duquesne University School of Nursing. She is a board-certified pediatric nurse practitioner and certified nurse educator. Dr. Kronk is a fellow in the American Academy of Nursing (FAAN) and the NLN Academy of Nurse Educators (ANEF).

Dr. Kronk earned her MSN from the University of Pittsburgh School of Nursing and a PhD in Applied Development Psychology at the University of Pittsburgh, School of Education. Dr. Kronk was a fellow in the Maternal and Child Health Training program providing leadership and education in neurodevelopmental disabilities and autism (LEND) at the University of Pittsburgh. Dr. Kronk has been in the field of pediatric nursing for over 40 years, and she is experienced in helping children and families with a range of developmental issues. She has enjoyed combining clinical work with teaching and research. The theoretical framework of her research has been based on the International Classification of Functioning, Disability, and Health published by the World Health Organization. Her ongoing research has focused on undergraduate educational interventions to promote learning in genetics and caring for people with disabilities. Under the mentorship of Dr. Suzanne Smeltzer, her work as a 2016 Sigma Theta Tau Internationals (STTI) Emerging Educational Administration Institute (EEAI) scholar applied the Delphi methodology to establish a set of BSN competencies to care for people with disabilities. With the help of several grants, Dr. Kronk and colleagues have developed the EQUITY ACCESS Program at Duquesne University School of Nursing (duq.edu/academics/schools/nursing/faculty/grants/equity-access-program), an educational model that includes the implementation of the Consultant with Disability Simulation Program and a Summer Theater Camp for Youth with Disabilities. Dr. Kronk has no relevant financial relationship(s) with ineligible companies to disclose.

Scott Lammie, CPA

Mr. Scott Lammie is a 1976 graduate of Duquesne University of the Holy Spirit; a Distinguished Alumni of the University’s Palumbo-Donahue Business School; a member of the University’s Century Club of Distinguished Alumni; and a past member of the University’s Board of Directors (2011-2020). Mr. Lammie currently serves on the Advisory Council for the University’s Nursing School and serves as Chair of the Advisory Council for the University’s College of Osteopathic Medicine.

Throughout his professional career, Mr. Lammie maintained his professional qualifications and license (1977-2021) to practice as a Certified Public Accountant. Current professional affiliations include the American and the Pennsylvania (Emeritus Status) Institutes of Public Accountants, and the Healthcare Financial Management Association.

Following a 14-year public accounting career, Mr. Lammie spent 30 years with UPMC in key business, financial, and operational leadership positions supporting the Health
System’s evolution, growth, and development into one of the nation’s top-tier academic medical centers and a preeminent pioneering integrated delivery and financing health system.


Mr. Lammie's professional and volunteer engagements have been significantly focused on serving critical needs of our Pittsburgh region's disadvantaged populations within underserved communities, including supporting access to education and employment, while also addressing underlying social determinants of health and welfare.

Scott and his wife Susan have three sons: Michael and Alexandra of Chicago, with grandson Hudson and granddaughter Sorin; Ryan (and fiancée Nina) of Pittsburgh; and Cory and Elizabeth of Charlotte. He has no relevant financial relationship(s) with ineligible companies to disclose.

Emily Lohr, PharmD

Dr. Emily Lohr is the Experiential Education Coordinator at Duquesne University School of Pharmacy. She received her PharmD from Duquesne University in 2010 and began her career in the community setting at Giant Eagle Pharmacy. In 2013, she was promoted to Clinical Coordinator Pharmacist, overseeing immunization efforts and medication therapy management services for the north Pittsburgh region. She served as an ambulatory care preceptor, which ultimately led to her current role at Duquesne, and now helps to coordinate over 1300 pharmacy student rotations each academic year.

Beyond her role in academia, Dr. Lohr has a passion for women’s health. She is a trained instructor of The Marquette Method of fertility awareness, regularly teaching couples how to track fertility using an electronic hormone monitor and other biomarkers. She recently completed training as a FEMM Medical Consultant, and continues to advocate for holistic women’s healthcare as a member of the Modern Fertility Care Collaborative in Pittsburgh, PA. It is this passion that inspired her to start the initial discussion with the proposed College of Osteopathic Medicine to create a curriculum distinguished by an integrative approach to women’s healthcare.

Dr. Lohr is proud to share her professional journey with her husband of 12 years, also a pharmacist and Duquesne alum, and their three children. Dr. Lohr has no relevant financial relationship(s) with ineligible companies to disclose.
Ruth Madden Foreman, DNP, FNP-BC, APRN, RN

As a graduate of Columbia University’s Doctorate in Nursing Practice (DNP) program, Dr. Ruth Madden Foreman has worked in New York, Pennsylvania and Virginia as a nurse practitioner. She has managed outpatient care in both pediatric and internal medicine settings as well as specialty care for patients in nursing home, inpatient psychiatric, urgent care, and travel medicine. She currently teaches pharmacology, APN as scholar and diagnosis and management at Carlow University as an Assistant Professor. She has also taught at George Mason University in Pharmacology, Biostatistics and Health Policy. She has been published in peer-reviewed journals such as Journal of Nurse Practitioners, Doctor of Nurse Practitioner Journal and the Nurse Practitioner Journal. She has also contributed to grant work for simulations and residency programs.

She currently manages a pediatrics NP practice covering the needs of children at Carlow the campus lab (K-8 school) early learning center and university, where she precepts nurse practitioner students. She has worked with Dr. Duane since 2013 at FACTS assisting with Fertility awareness-based methods. She has no relevant financial relationship(s) with ineligible companies to disclose.

Andrew Martin, DO, FAWM, FAOASM, MBA

Dr. Andrew Martin is Board Certified in Family Medicine and Sports Medicine. He received his Osteopathic Medical Degree from the Lake Erie College of Osteopathic Medicine in Erie, Pennsylvania and MBA from Arizona State University W. P. Carey School of Business. He completed his Board Certification in Family Medicine at Case Western Reserve University Hospitals in Cleveland, OH where he served as Chief Resident. Following residency Dr. Martin completed Fellowship Training in Sports Medicine at LECOM, in Erie, PA. During that time he cared for Professional and Division I College Athletes, serving as a Team Physician for the NBA-D Bayhawks and Mercyhurst College. Dr. Martin has also completed additional training in the area of Musculoskeletal Ultrasound and Regenerative Medicine through the University of Wisconsin School of Medicine.

Dr. Martin is currently the Director of Sports Medicine at Campbell University and Teaching Faculty at Campbell University’s School of Osteopathic Medicine. He served as the Sports Medicine Fellowship Program Director there for 10 years. He is also the Founder and Medical Director of ReVive, a medical practice that focuses on Regenerative and Preventive Medicine. He is a past President of the North Carolina American College of Osteopathic Physicians and serves as a Team Physician for the United States Ski and Snowboard Olympic Team. He is a Fellow of the Academy of Wilderness Medicine and the American Osteopathic Association of Sports Medicine. Dr. Martin has no relevant financial relationship(s) with ineligible companies to disclose.
Noah Potvin, PhD, LPC, MT-BC

Dr. Noah Potvin is an assistant professor of music therapy and director of the Master of Music Therapy program at Duquesne University. Dr. Potvin has been a board-certified music therapist and licensed professional counselor working in hospice and palliative care for over a decade. His practice and scholarship focus on how music therapy facilitates healthy death and dying experiences through resource-oriented approaches responsive to individuals’ social identities and cultural locations. Dr. Potvin routinely publishes and presents on culturally responsive religious and spiritual practices in end-of-life care; pedagogical approaches for cultivating clinical reflexivity; and positioning music therapy as a core service in hospice. In 2023, Dr. Potvin is publishing through Routledge a co-edited volume of case studies entitled *Portraits of Everyday Practice in Music Therapy* that focuses on anti-oppressive and justice-oriented clinical work. Noah currently serves as Associate Editor-Communications for the peer-reviewed journal Music Therapy Perspectives and on the Board of Directors for the Certification Board for Music Therapists. He has no relevant financial relationship(s) with ineligible companies to disclose.

Becky Schoen, PharmD, BCACP

Dr. Becky Schoen is an Assistant Professor of Pharmacy Practice in the School of Pharmacy. Dr. Schoen earned her Doctor of Pharmacy degree at Purdue University. She completed a PGY1 and PGY2 residency focused in Ambulatory Care at the William S. Middleton Memorial Veterans Hospital in Madison, Wisconsin. After completing residency training, Dr. Schoen was a faculty member at Texas Tech University Health Sciences Center in Dallas, TX where she maintained a practice site at the North Texas Veterans Affairs Hospital with prescriptive authority under a scope of practice. Since joining Duquesne in 2020, Dr. Schoen currently practices within the Allegheny Health Network as an embedded clinical pharmacist in primary care. She manages chronic disease states as a member of an interprofessional team under a collaborative practice agreement and precepts fourth year professional students at the site. She also is engaged in community outreach through the Prescription for Change Program aimed at addressing health disparities within the Pittsburgh community with an emphasis on chronic disease states. Dr. Schoen teaches in the Pharmacy Practice course series including several direct patient care skills and innovation in the pharmacy profession such as incorporation of digital health, developing new pharmacy services, and practicing within a value based care system. Dr. Schoen is board certified in Ambulatory Care and is an active member of the American Association of Colleges of Pharmacy. Dr. Schoen has no relevant financial relationship(s) with ineligible companies to disclose.
Maryellen Schroeder, MD, MPH

Dr. Maryellen Schroeder is the proud mom of four children, an active partner in a Family Medicine group practice, and faculty coordinator of pediatric education for UPMC St Margaret Family Medicine Residency in Pittsburgh, PA. She is trained in the Creighton model of fertility awareness. Dr. Schroeder has no relevant financial relationship(s) with ineligible companies to disclose.

Christopher Doubet Still, DO, FACP, FTOS

Dr. Christopher Still is Professor of Medicine at the Geisinger Commonwealth School of Medicine. He is also the Medical Director, Center for Nutrition and Weight Management; Director, Geisinger Obesity Institute; Geisinger Health System, Danville, Pennsylvania. Dr. Still received a Master of Science degree from Columbia University Institute of Human Nutrition in New York City and his osteopathic medical degree from The Philadelphia College of Osteopathic Medicine, Pennsylvania. He completed his internship at the University of Buffalo at Sisters of Charity Hospital, New York, followed by a residency in internal medicine and a subsequent fellowship in clinical nutrition and obesity treatment at Geisinger Medical Center.

Dr. Still has been studying developments in nutrition, metabolic syndrome, and obesity for nearly 3 decades. His work has included research into genetic markers for obesity; nonalcoholic steatohepatitis, and diabetes; the metabolic differences among obese, formerly obese, and normal-weight men; surgical options for severely obese persons; and leptin-level determination among elderly obese women.

Dr. Still is certified by the American Board of Internal Medicine, American Board of Obesity Medicine, American Board of Physician Nutrition Specialists, and American College of Nutrition. He is a member of several professional societies, including The Obesity Society, American Society for Metabolic and Bariatric Surgery (ASMBS), and the American Society of Parenteral and Enteral Nutrition. He is a fellow of the American College of Physicians and the American College of Nutrition. He served on the board of directors for the Obesity Action Coalition and is the past president of the National Board of Physician Nutrition Specialists. Dr. Still is an independent contractor (contracted research and clinical trials), speaker’s bureau and teaching engagements, and on the advisory committee/board for Novo Nordisk. Dr. Still is also an independent contractor (research) for Ethicon-Endosurgery. All relevant financial relationships listed have been mitigated.
Melanie T. Turk, PhD, MSN, RN

Dr. Melanie Turk is an Associate Professor in the School of Nursing at Duquesne University. Dr. Turk received her PhD in Nursing from the University of Pittsburgh, and the focus of her research is body weight management for disease prevention, particularly among vulnerable populations, such as older adults, immigrants, and racial/ethnic minority groups. Dr. Turk serves as the Nursing Liaison between the School of Nursing and the School of Pharmacy for the Hillman Foundation-funded Bridges to Health grant, working in the communities of Clairton and Hazelwood to help oversee implementation and evaluation of the Duquesne University Diabetes Prevention Program. She teaches primarily graduate-level courses, including program analysis and evaluation, transcultural and global health perspectives, methods of scientific inquiry, and research and theory in health behavior. She has served as Doctor of Nursing Practice project advisor and Ph.D. dissertation chair for numerous doctoral students. She is also the Director of the Nursing Honors Program at the undergraduate level. Dr. Turk was inducted as a Transcultural Nursing Scholar in the Transcultural Nursing Society, International in 2021 and has received the Duquesne University Gaultier Teaching Fellowship and Duquesne University Creative Teaching Award. She has no relevant financial relationship(s) with ineligible companies to disclose.
### Thursday 9/22

**Dinner/Keynote Address**

**AOA/AMA/CPE credits: 1-contact hour**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>5:00 – 5:45 p.m.</td>
<td>Registration and refreshments</td>
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<tr>
<td>6:00 – 8:00 p.m.</td>
<td>6:00 – 6:15 p.m. Opening Remarks</td>
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<tr>
<td>6:15 – 7:00 p.m.</td>
<td>1 AOA/AMA/CPE credit</td>
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<tr>
<td>7:00 – 8:00 p.m.</td>
<td>Integrative Health Keynote</td>
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<td>Will your Health Last?</td>
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<td></td>
<td>Re-thinking what it means to live long and prosper</td>
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</tbody>
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**Opening Remarks**

- **Jennifer Elliott, PharmD**
  - Ed and Karen Fritzky Chair in Integrative Medicine and Wellbeing; Director, Center for Integrative Health; Associate Professor of Medicine and Pharmacy, Duquesne University

- **Kenneth G. Gormley, JD**
  - President, Duquesne University

**Dinner**

- **Vonda Wright, MD, MS**
  - Orthopedic Surgeon, President
  - Hughston Orthopaedics Clinic, Southeast
Friday 9/23

Morning Session - Health Equity
AOA/AMA/CPE credits: 3.25-contact hours

Expanding Horizons in Medical Excellence with a Focus on Integrative Health

7:00 – 8:00 a.m.  Registration and Sponsored Breakfast
8:00 – 8:15 a.m.  Opening Remarks  Jennifer Elliott, PharmD
                          Ed and Karen Fritzky Chair in Integrative Medicine and Wellbeing; Director, Center for Integrative Health
                          Associate Professor of Medicine and Pharmacy
                          Duquesne University

                        David J. Dausey, PhD
                          Executive Vice President and Provost; Professor of Medicine and Health Sciences, Duquesne University

8:20 – 9:20 a.m.  Integrative Health Keynote:  Wayne Jonas, MD
                          How Healing Works
                          Executive Director, Integrative Health Programs
                          Samueli Foundation

1 AOA/AMA/CPE credit
### Friday 9/23

**Moving Healthcare Upstream: Community-centered, Integrative Approaches to Promote Health Equity**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Panel Presentation</th>
<th>Moderator</th>
</tr>
</thead>
</table>
| 9:20 – 9:30 a.m.| Panel Presentation:                                                   | Moving the Needle                                                                                     | Jennifer Elliott, PharmD  
Ed and Karen Fritzky Chair  
in Integrative Medicine and  
Wellbeing; Director, Center for  
Integrative Health; Associate  
Professor of Medicine  
and Pharmacy, Duquesne  
University                                                                 |
| 9:30 – 9:55 a.m.| Rx for Change:                                                        | A Community-based Program to Combat Racial and Ethnic Disparities in Cardiovascular Disease and Diabetes | Tiffany Hatcher, PharmD, TTS  
Assistant Professor  
School of Pharmacy  
Duquesne University  
Rebecca Schoen, PharmD, BCACP; Assistant Professor  
School of Pharmacy  
Duquesne University                                                                 |
| 9:55 – 10:20 a.m.| Developing Trauma Resilient Communities                              |                                                                                                       | Jessie Goicoechea, PhD  
Licensed Clinical Psychologist  
Director, Psychology Clinic  
Associate Professor, Psychology; McAnulty  
College and Graduate School  
of Liberal Arts, Duquesne  
University                                                                 |
| 10:20 – 10:45 a.m.| Engaging Communities in Diabetes Prevention: Implementing and Sustaining the National Diabetes Prevention Program |                                                                                                       | Melanie Turk, PhD, MSN, RN  
Associate Professor  
School of Nursing  
Duquesne University  
Marla Breitbarth, RD  
Manager, Community Health  
and Wellness Programs  
Center for Integrative Health  
Duquesne University |
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Panel/Presenter</th>
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<tbody>
<tr>
<td>10:45 – 10:55 a.m.</td>
<td>Panel Discussion</td>
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<tr>
<td>10:55 – 11:0 a.m.</td>
<td>15-minute Mindfulness/Move Break</td>
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</table>
| 11:10 – 11:55 a.m. | Music Therapy: A Core Service in Integrative Palliative Care | Noah Potvin, PhD, LPC, MT-BC  
Assistant Professor of Music Therapy; Schools of Nursing and Music, Duquesne University  
Rebecca Kronk, PhD, MSN, CRNP, ANEF, FAAN, CNE  
Associate Dean for Academic Affairs; Professor. School of Nursing, Duquesne University |
| 11:55 a.m. – 12:40 p.m. | Lunch                                     |                                                                               |

**Afternoon Session - Healthy Aging and Obesity Management**  
**AOA/AMA/CPE credits: 4-contact hours**

**Integrative Health: Healthy Aging and Obesity Management**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Panel/Presenter</th>
</tr>
</thead>
</table>
| 12:45 – 5:10 p.m. | Moderator:                                 | Renee Prater, DVM, PhD  
Associate Dean for Academic Affairs; College of Osteopathic Medicine, Duquesne University |
| 12:45 – 1:45 p.m. | Keynote: Healthy Aging                     | Johnny Huard, PhD  
Chief Scientific Officer and Director; Center for Regenerative Sports Medicine, Steadman Philippon Research Institute, Vail, CO |
| 1:45 – 2:45 p.m. | Keynote: Obesity Medicine                  | Nicholas Pennings, DO, FOMA  
Chair, Associate Professor of Family Medicine; Campbell University; Director, Campbell University Health Center |
| 1 AOA/AMA/CPE credit |                                                   |                                                                               |
2:45 – 2:55 p.m.  10-minute Mindfulness/Move Break

2:55 – 3:55 p.m.  1 AOA/AMA/CPE credit
Medical and Surgical Treatment of Obesity: Implementing Practical Therapies into Clinical Practice
Christopher Still, DO, FACP, FTOS
Medical Director, Center for Nutrition and Weight Management; Director, Geisinger Obesity Research Institute, Geisinger Medical Center

4:00 – 5:00 p.m.  1 AOA/AMA/CPE credit
Fireside Chat and Panel Discussion: The Mastermind Session: Creating a Future of Integrated Clinicians
Moderator: Vonda Wright, MD, MS
Orthopedic Surgeon, President Hughston Orthopaedics Clinic, Southeast
Panelists: David J. Dausey, PhD
Executive Vice President and Provost; Professor of Medicine and Health Sciences Duquesne University
Jennifer Elliott, PharmD
Ed and Karen Fritzky Chair in Integrative Medicine and Wellbeing; Director, Center for Integrative Health; Associate Professor of Medicine and Pharmacy, Duquesne University
Jerome Gloster, MD, MS
Chief Executive Officer Primary Care Health Services
John M. Kauffman Jr., DO, FACOI, FACP
Dean and Professor of Medicine College of Osteopathic Medicine Duquesne University
Scott Lammie, CPA
Senior Vice President and Chief Financial Officer, retired UPMC Health Plan

5:00 – 5:10 p.m.  Closing Remarks
Reception
## Saturday 9/24

**AOA/AMA/CPE: 5.5-contact hours**

**Healthy Aging and Obesity Prevention: Application and Implementation**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>7:00 – 8:00 a.m.</td>
<td>Registration and Sponsored Breakfast</td>
<td>Jason E. Wells, PhD, Associate Dean for Biomedical Affairs; College of Osteopathic Medicine, Duquesne University</td>
</tr>
<tr>
<td>8:00 – 10:25 a.m.</td>
<td>Moderator:</td>
<td>Jason E. Wells, PhD, Associate Dean for Biomedical Affairs; College of Osteopathic Medicine, Duquesne University</td>
</tr>
<tr>
<td>8:00 – 8:45 a.m.</td>
<td>Meeting Our Clients Where They Live: Transformative Care and Healthy Aging</td>
<td>Elena Donoso-Brown, PhD, OTR/L, Assistant Professor, Occupational Therapy; Regina Harbourne, PhD, PT, FAPTA, Assistant Professor, Physical Therapy; Duquesne University</td>
</tr>
<tr>
<td>8:45 – 9:30 a.m.</td>
<td>Tailoring Behavioral Obesity Treatment for Vulnerable Populations</td>
<td>Melissa Kalarchian, PhD, Associate Provost for Interdisciplinary Research and Strategic Initiatives; Associate Dean for Research, School of Nursing, Duquesne University</td>
</tr>
<tr>
<td>9:30 – 10:15 a.m.</td>
<td>Cancer Screening Update</td>
<td>Andrew Martin, DO, FAWM, FAOASM, MBA, Director of Sports Medicine, Assistant Professor of Family Medicine, Campbell University</td>
</tr>
<tr>
<td>10:15 – 10:25 a.m.</td>
<td>10-minute Mindfulness/Move Break</td>
<td></td>
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</tbody>
</table>
## Holistic and Integrative Approaches to Women's Healthcare

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Credit(s)</th>
<th>Presenters</th>
</tr>
</thead>
</table>
| 10:25 – 11:25 a.m. | Keynote: Women’s Health FABMs for Family Planning with a Focus on Preventing Pregnancy | 1 AOA/AMA/CPE credit                           | Marguerite Duane, MD, MHA, MSPH, FAAFP  
Co-Founder and Executive Director, Fertility Appreciation  
Collaborative to Teach the Science (FACTS) |
| 11:25 a.m. – 12:10 p.m. | Lunch                                                                   |                                               |                                                                           |
| 12:10 – 12:55 p.m. | Integrative Approaches to Treating Infertility                        | 0.75 AOA/AMA/CPE credit                       | Emily Lohr, PharmD  
Experiential Education Coordinator, School of Pharmacy, Duquesne University |
| 1:00 – 2:30 p.m.  | Interactive Session: Female Cycle as the 5th Vital Sign                | 1.5 AOA/AMA/CPE credit                        | Marguerite Duane, MD, MHA, MSPH, FAAFP  
Co-Founder and Executive Director  
Fertility Appreciation  
Collaborative to Teach the Science (FACTS) |
| 2:30 – 2:45 p.m.  | Closing Remarks                                                          |                                               |                                                                           |

Total AOA/AMA/CPE Credits: 13.75 hours
Accreditation Information

The Pennsylvania Osteopathic Medical Association (POMA) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. POMA designates this live activity for a maximum of 13.75 Category 1-A AOA CME credits and will report CME credits to the AOA commensurate with the extent of the physician's participation in this activity. The Pennsylvania Osteopathic Medical Association (POMA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. POMA designates this live activity for a maximum of 13.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Duquesne University School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Attendees can earn 1 AOA/AMA/CPE credit for every 60 minutes of educational time. The Fritzky Family Integrative Health Summit has been planned and implemented in accordance with the accreditation requirements and policies of the AOA Council on Continuing Medical Education, Accreditation Council for Continuing Medical Education and the Accreditation Council for Pharmacy Education.

Disclosure of Commercial Support & Conflict of Interest

POMA and Duquesne University School of Pharmacy will identify relevant financial relationships prior to awarding AOA Category 1-A Credit, AMA PRA Category 1 Credit™ for CME activities or CPE credit. All persons in a position to influence or control AOA/AMA/CPE content (course directors, program planning committee members, speakers and staff) have completed a standardized faculty disclosure form. All faculty are expected to disclose to the program audience any financial conflict(s) of interest related to the content of their presentation(s). None of the Continuing Education Planning Committee have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Presenter disclosure statements will be made at the time of presentation and are notated in their bios.

In accordance with the Standards for Integrity and Independence in Accredited Continuing Education, the Policy on Identification and Mitigation of Relevant Financial Relationships exists to provide guidance for staff, faculty, planners, reviewers, and managers of accredited activities sponsored by the accrediting organizations. This policy addresses the underlying philosophy of disclosure to learners and mechanisms to resolve conflicts of interest. All continuing education activities are evaluated by peer reviewers to determine if the content is fair and balanced and that any clinical content presented supports safe, effective patient care. All recommendations for patient care in accredited continuing education must be based on current science, evidence, and clinical reasoning, while giving a fair and balanced view of diagnostic and therapeutic options. All the relevant financial relationships have been mitigated, and if not resolved, the presentation denied.

The Summit is being supported by Cigna, Pocket Nurse, Costa, Ruthruaff Sauer, and Kalkrueth Roofing. These entities were not involved or participated in the planning of this program in any way.

Questions About Your CEs?

For more information about how you can obtain your CEs, please refer to the directions on the Fritzky Health Summit webpage at duq.edu/HealthSummit.
Coordinators of Continuing Education

Amy Woods, PharmD
Director of Continuing Pharmacy Education and Certificate Programs,
School of Pharmacy, Duquesne University

Amber Fedin, DO
Associate Dean for Clinical Affairs and Associate Professor of Family Medicine,
College of Osteopathic Medicine, Duquesne University

Pennsylvania Osteopathic Medical Association (POMA)

Duquesne University Fritzky Health Summit Organizing Committee

David J. Dausey, PhD, Executive Vice President and Provost

Jennifer Elliott, PharmD, Chair, Ed and Karen Fritzky Family Chair in Integrative Medicine and Wellbeing, Director, Center for Integrative Health

Amber Fedin, DO, Associate Dean for Clinical Affairs and Associate Professor of Family Medicine, College of Osteopathic Medicine

Bill Generett, JD, Senior Vice President of Civic Engagement and External Relations

John M. Kauffman Jr., DO, FACOI, FACP, Co-Chair, Founding Dean, College of Osteopathic Medicine

Holly McCalmon, Marketing and Communications Manager

James Miller, Senior Vice President for University Advancement

Jeff Miller, PhD, Senior Vice Provost

Tina Morton, Assistant Vice President, Conferences & Event Services

Megan Peterson, Executive Director, University Events

Adam Viers Assistant Vice President, Advancement

Ken Walters, Media Relations Manager

Gabriel Welsch, Vice President for Marketing and Communications

Amy Woods, PharmD, Director of Continuing Pharmacy Education and Certificate Programs, School of Pharmacy
Proposed Duquesne University College of Osteopathic Medicine

Fixing a System that was Designed to Fail

A National Shortage of Primary Care Doctors
Specialists earn two to three times more than primary care doctors, creating a shortage of primary care doctors, particularly in rural and urban areas. Only 23.7 percent of doctors nationwide are practicing in federally designated, medically underserved areas (also known as medical deserts).

Because physicians tend to remain in the areas where they trained, we’re building a network of urban and rural health provider partners across western Pennsylvania, eastern Ohio and other neighboring states, focusing on underserved communities. In addition, we will connect to pre-medicine pipelines to inform and attract students, particularly from underserved areas, who will choose Duquesne’s medical school for their education.

Reduce Health Care Disparities
A global pandemic and social discord have turned a spotlight on social inequities that have lurked for too long. Action is not only desirable, but necessary. We’re stepping up to promote the holistic well-being of the most vulnerable among us. In fact, as part of their education, Duquesne’s medical school students will complete an extensive community engagement project that addresses health care disparities as part of their training.

Increasing Diversity in the Medical Profession
Physician diversity is currently limited, and issues of mistrust can arise when cultural understanding is lacking. Recent research shows that when doctors and patients share a similar ethnic background, there is a reduction in implicit bias and an improvement in health outcomes.

Innovating an insufficient and fragmented system of health care delivery.
Simply producing world class doctors will not improve health outcomes if the system that the doctors are entering is broken. We need to fundamentally change the way in which we think about health care delivery and provide innovative solutions that address and improve patient care and access.

• We will create a new institute in our Palumbo-Donahue School of Business to focus on healthcare delivery.
• We will focus on disruptive data-driven innovations that impact and improve health care service delivery.
• We will use person-centered measurements to evaluate our work.
• We will become a leader in promoting and disseminating our research to improve health care delivery systems.
Center For Integrative Health

About The Center
The Duquesne University Center for Integrative Health (DUCIH) is committed to improving the health and wellness of our campus and neighboring communities through interdisciplinary practice, teaching and research. We provide chronic disease prevention and management programs from pediatrics through adulthood; and our students are trained in an interdisciplinary teaching, research and service model.

The DUCIH encompasses the activities of both the employee and student wellness clinic on campus and the Community Health Initiatives. The employee and student clinic is a provider of disease prevention and management services for the Duquesne University campus community. Community Health Initiatives include several community-based health programs, in collaboration with a diverse group of community partners, to meet residents where they are, decrease disease disparity, and promote health equity in Pittsburgh and surrounding communities. DUCIH programs focus on problems that have a high cost, high burden and significant racial disparity.

The DUCIH supports meaningful engagement with patients, communities and stakeholders to facilitate research that not only will improve health outcomes but the overall health care system.

Mission of the Center
The mission of the Center for Integrative Healthcare is to train the next generation of practitioners who will address rural and urban health care disparities and thereby improve health equity in the Pittsburgh region and beyond.

Goals of the Center
• Establish and sustain Duquesne University as a nationally recognized model for integrative health and community-based care
• Provide opportunities for interdisciplinary practice, teaching and research engagements
• Engage students in population health and community-based teaching and research experiences to promote health equity in our region
Duquesne University

Founded in 1878, Duquesne is consistently ranked among the nation’s top Catholic universities for its award-winning faculty and horizon-expanding education. A campus of nearly 9,500 graduate and undergraduate students, Duquesne prepares students by having them work alongside faculty to discover and reach their goals. The University’s academic programs, community service, and commitment to equity and opportunity in the Pittsburgh region have earned national acclaim.

It’s time for bigger goals. Follow Duquesne University:

Facebook  Twitter  LinkedIn  Instagram  duq.edu
NEED WIFI ACCESS?

Fritzky Health Summit guests may access Duquesne’s WiFi using this login information:

Username: 2022Events
Password: 2022Event$