Accomplishment & Notable Experiences
- Served as an athletic trainer at Carnegie Mellon University
- Assisted with sideline coverage with the Pittsburgh Steelers
- Currently provides rehabilitation along with sports performance training and biomechanics assessments to Tour de France cyclists, Ironman athletes, ultra-endurance athletes, NFL athletes, UCI mountain bike racers, Olympic athletes of various disciplines and weekend warriors alike.

How did your time in the Athletic Training Program at Duquesne University influence your career and development as a healthcare professional?

“My time in the Athletic Training program at Duquesne University was absolutely invaluable. Looking back on my career, attending Duquesne University’s Athletic Training programs was one of the best decisions I ever made. The instruction and professors were world class. The program was a great challenge and pushed me beyond what I thought possible during my undergraduate training. Having taken many more courses and completed other degree programs after leaving Duquesne I still find it difficult to compare any other educational experience to my experience on the Bluff. Leaving Duquesne, I started with a huge advantage in my career due to the expected level of knowledge and expertise that was required before graduation. Being pushed to achieve that level of excellence has served me well throughout my career as an athletic trainer, physical therapist and entrepreneur”.

Amanda Fernandez, MS ATC
Sports Nutritionist and Assistant Athletic Trainer
Florida International University

Accomplishments & notable experiences:
- First full-time Sports Nutritionist at Florida International University
- Athletic Training Assistant and Nutrition Intern with University of Miami’s football team during 2015 season, including appearance in 2016 Russell Athletic Bowl
- Graduate Assistant Athletic Trainer for 2016 Indoor Track & Field ACC Champion University of Miami's Women's Track and Field team.

How did your time in the Athletic Training Program at Duquesne University influence your career and development as a healthcare professional?

“Duquesne University's Athletic Training Program prepared me for the demands required for working in the field of athletics. It provided me with the education and the clinical experience so that I felt confident in my abilities entering the work force as an entry-level certified athletic trainer. In my first job at a high school I was in charge of creating the capital and annual budget. It was a brand new school so I also provided my input when it came to construction plans, and I created the school's Emergency Action Plan and Standard Operating Procedures. Duquesne’s coursework prepared me for these tasks.”