Pre-Professional Phase - Health Sciences (97 credits)

In most cases, courses listed in bold must be taken in the exact semester indicated; all other courses are interchangeable.

Fall of 1st Year – 14 Credits
BIOL-111/L Biology I/Lab (4/0 cr.)
HLTS-115 Intro to Health & Exercise Science (1 cr.)
UCOR-101 Thinking & Writing Across the Curriculum (3 cr.)
COMM-102 Public Speaking/Faith & Reason Core (3 cr.)
PSYC-101 Introduction to Psychology (3 cr.)

Spring of 1st Year – 16 Credits
BIOL-112/L Biology II/Lab (4/0 cr.)
HLTS-120 Elements of HS, Info Lit & Term (3 cr.)
UCOR-102 Imaginative Literature & Critical Writing (3 cr.)
UCOR-132 Basic Philosophical Questions (3 cr.)
Creative Arts Theme Area (3 cr.)

Fall of 2nd Year – 15 Credits
BIOL-207/8 Anatomy & Physiology I/Lab (3/1 cr.)
CHEM-131/L/R Fundamentals of Chem I/Lab/Rec (5/0 cr.)
HLTS-225/L Current Concepts in Sports Medicine/Rec (3/0 cr.)
MATH-225 Introduction to Biostatistics (3 cr.)

Spring of 2nd Year – 18 Credits
BIOL-209/10 Anatomy & Physiology II/Lab (3/1 cr.)
CHEM-132/L/R Fundamentals of Chem II/Lab/Rec (5/0 cr.)
ATHT-XXX Functional Anatomy (3 cr.)
Theology Core (3 cr.)
Global Diversity Theme Area (3 cr.)

Fall of 3rd Year – 16 Credits
ATHT-400 BLS/EMT (3 cr.)
HLTS-437/L Functional Kinesiology/Biomechanics/Lab (3/0 cr.)
PHYS-201/L/R Physics for Life Sciences I/Lab/Rec (3/1 cr.)
UCOR-253 Health Care Ethics or
   UCOR-254 Health Care Ethics: Philosophy (3 cr.)
ENGL-316W Healthcare & Literature (3 cr.)

Spring of 3rd Year – 18 Credits
ATHT-402W/L Nutrition & Weight Management/Lab (3/0 cr.)
ATHT-407W/L Physiology of Exercise/Lab (3/0 cr.)
HLTM-211 Intro to Epidemiology (3 cr.)
HLTM-320 Healthcare Delivery & Organization (3 cr.)
Social Justice Theme Area (3 cr.)
Elective (3 cr.)

Academic and Program Requirements for Entry into the Professional Phase
1. Successful completion of all pre-professional course work with “C” or better and a minimum 2.75 cumulative QPA.
2. Documentation of current AHA Basic Life Support for Health Care Providers Certification.
3. Documentation of a minimum of 100 hours of athletic training shadowing experience. These experiences must be with a licensed athletic trainer.
4. Completion of a physical examination and other pre-clinical health requirements.
5. Departmental approval.

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### Professional Phase – Athletic Training (66 credits)

Courses listed in bold must be taken in the exact semester indicated.

#### Summer of 4th Year – 9 Credits
- ATHT-440 Prevention, Emergency & Immediate Management (4 cr.)
- ATHT-445 Evidence Based Methods in Healthcare (2 cr.)
- ATHT-450 Introduction to Therapeutic Interventions (3 cr.)

#### Fall of 4th Year – 17 Credits
- ATHT-500 Research Principles & Application I (1 cr.)
- ATHT-502/L Orthopedic Assessment & Treatment – Lower Extremity (3 cr.)
- ATHT-511L Clinical Practicum I (3 cr.)
- ATHT-515/L Contemporary Evaluation (2 cr.)
- ATHT-550/L Therapeutic Interventions (3 cr.)

#### Spring of 4th Year – 13 Credits
- ATHT-503/L Orthopedic Assessment & Treatment – Upper Extremity (3 cr.)
- ATHT-510 Research Principles & Application II (2 cr.)
- ATHT-512L Clinical Practicum II (3 cr.)
- ATHT-516/L Diagnostic Tools/Advanced Skills (2 cr.)
- ATHT-520 Organization & Administration (3 cr.)

#### Summer of 5th Year – 8 Credits
- ATHT-504/L Spine Evaluation & Treatment (2 cr.)
- ATHT-505/L Health & Medicine (3 cr.)
- ATHT-506 Pharmacology (1 cr.)
- ATHT-555/L Manual Therapy (2 cr.)

#### Fall of 5th Year – 9 Credits
- ATHT-601 Considerations for Global Health (3 cr.)
- ATHT-606 Patient Centered Care & Behavioral Health (3 cr.)
- ATHT-611L Clinical Practicum III (3 cr.)

#### Spring of 5th Year – 10 Credits
- ATHT-605/L Adjunctive Care Techniques (2 cr.)
- ATHT-610 Research Principles & Application III (3 cr.)
- ATHT-612L Clinical Practicum IV (3 cr.)
- ATHT-615 Athletic Training Seminar (2 cr.)

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