REWARDS ARE JUST A FEW CLICKS AWAY.

Access your MotivateMe Incentive Awards page on myCigna to get started.

Actions that help keep you healthy. Rewards that keep you motivated. An easy way to keep track of it all. That's what we call a win-win-win.

With myCigna, you can stay seamlessly connected to your MotivateMe® incentive program in the way that's most convenient for you – either at myCigna.com or via the myCigna® App.

From your MotivateMe Incentive Awards page, you can:
› Review the total awards that can be earned
› Track awards that have been earned
› Complete the online health assessment, an easy way to earn rewards
› Learn about the other activities where you can earn rewards
› Redeem your earned rewards

Together, all the way.