The Scope
DUQUESNE UNIVERSITY

Pictured: Ruben Caluya and Zack Abel

Photo: lauren e. bliss photography
What will you find in *The Scope*?

*The Scope* is a newsletter/magazine produced by the Duquesne University Student Nurses Association that displays unique perspectives from current students and faculty. You’ll find photographs of students collaborating, writing pieces on life-changing nursing experiences, and messages from faculty aiming to inspire.

*The Scope* is the proud recipient of the 2013, 2014, and 2016 Student Nurses Association of Pennsylvania Excellent Newsletter Award. Past president Morgan Gruender and Vice President Emily Churchill have created such an established piece of work.

As BSN students are incredibly busy with work and with saving lives, please consider writing and giving your time to keep this newsletter going. Our goal is to make *The Scope* something that every Duquesne nursing student can look back on and be proud of.

We would love to hear your thoughts on this year’s newsletter. Please email all suggestions/comments/inquiries to us at either blissl@duq.edu or muellerh@duq.edu. All letters to the editors must include your name, contact information, and major.

All views expressed in *The Scope* are from each individual that contributed their time and work. Views do not represent the views of Duquesne University or Duquesne University School of Nursing. We look forward to producing something inspiring, collaborative, and memorable and sharing stories from all of our peers.

Best,

Lauren Bliss & Hadley Mueller  
BSN Class of 2021
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Welcome to Preview Day! We are so glad that you chose to come to Duquesne to see what the School of Nursing and the University itself has to offer. There are numerous student and faculty volunteers here that are all so excited to talk with you about Duquesne Nursing and answer any of your questions!

My name is Deanna Webb and I am a senior nursing student. I am currently serving my third year on the board of directors for the Duquesne University Student Nurses Association (DUSNA). I began serving as the Legislative Coordinator. Now, I am three quarters through my term as President. It has been so rewarding to help fellow students in furthering their personal and professional goals.

Being from the greater Pittsburgh area, I am highly familiar with the colleges and universities in the area. In high school, there were times that the activities I was involved in would bring me to Duquesne’s campus. I fell in love with the atmosphere. Where else would one find such a friendly, park-like campus in the middle of a bustling city with such diverse neighborhoods? Although I could have travelled far, I truly could not imagine spending my undergraduate career anywhere except Duquesne.

The School of Nursing and the University have so many wonderful organizations and opportunities to get involved in. You can definitely find something that you’re familiar with or something new that you want to try! The entire Duquesne community truly feels like a family; whether you are from this area, over a thousand miles away, or anywhere in between, you’ll find your people.

As you tour our School of Nursing and University today, I invite you to ask as many questions as you can, and to really think about what it means to be a Duquesne nurse. Thank you for spending the day with us and I hope you enjoy your time on our campus! Go Dukes!
Emerging as a Nurse

Lauren Bliss, DUSNA Vice President and Editor of The Scope, Junior

In high school I spent a summer volunteering at a women’s hospital. There I cut the umbilical cord of a newborn; I also held a 27 week-old stillborn. I experienced joy . . . and sorrow. I saw expectant parents experience the elation of bringing a life into this world, and I saw an abused mother express relief that her child had died, demanding that I take “it” away. Ghandi once described humanity as an ocean, stating that “if a few drops of the ocean are dirty, the ocean does not become dirty.” I learned that the best of humanity overshadows the worst, and those experiencing both are deserving of benevolence. Of grace. It was then that I knew I wanted to be a nurse.

And I knew Duquesne was where I wanted to learn to be a nurse.

In high school, I was involved: cross country, competitive choir, and musicals. I was a good student, consistently earning good grades. But I was nervous about Duquesne (and college, in general). I had been told “nursing school is brutal,” and that “I wouldn’t have a life outside of studying.” Then I earned a 4.0 GPA my first year of nursing school, and I felt I had proven those people wrong. I thought to myself, “nursing school isn’t all that hard.”

I was anxious to begin my sophomore clinicals; I woke up at 4:30 am on the first day excited to begin. I loved everything about my clinical experience, but my on my first Fundamentals of Nursing exam I earned a 72% (which is not a passing mark). I panicked. I over-studied for the next exam, memorizing obsessively. Did I improve? Barely—a 74%. Still not good enough. I saw other students succeeding as I struggled. My work ethic and study habits had been enough before; why was this happening?

After many sleepless nights I decided to ask Professor Karakachian for help. I came prepared with a list of questions that she answered patiently, and I left with a different perspective. I needed to understand the concepts, not just memorize lists. She also built up my confidence, saying these tests “do not define what kind of nurse you are going to be.” Then I improved, incrementally—I scored an 81%.

Over time, I began to mature as a nursing student. I stopped looking to my left and right in order to measure my success: I looked inward. I learned to study for understanding, to spend time working as hard as possible rather than occupying myself with worry and self-doubt. My performance improved, my confidence rose, and I emerged excited about my future. A rocky journey for sure, but I emerged.

Nursing school is NOT easy. At Duquesne it is hard. It has to be. It has to challenge students because when they are working nurses, the stakes are high. Just because I want to be a nurse is not enough; I need to be an expert. And I need to be apply to apply that expert knowledge quickly. Duquesne cannot make the program easy for us because we will not be good nurses if they did.

Marie Curie once said, “You cannot hope to build a better world without improving the individuals. To that end each of us must work for his own improvement and at the same time share a general responsibility for all humanity, our particular duty being to aid those to whom we think we can be most useful.” She speaks to our role to benefit all of humanity by first improving ourselves. Nurses contribute to others in meaningful ways. The humanity of the profession is the essence of the profession, and Duquesne will enable you to contribute in such a way.


Lessons in Loss: A Call to Caring

Lindsay Denny, Senior

After abandoning a career in environmental science, I worked as an emergency medical technician (EMT), providing prehospital care and medically necessitated transport. My time in emergency medical services (EMS) sparked a desire to broaden my skill set and make more significant connections with patients. My decision to begin a BSN program meant I finally figured out what I wanted to be when I grew up, a decision which took until my mid-twenties to sort out, much to my own chagrin.

Several weeks after receiving my acceptance letter to the Duquesne University School of Nursing (DUSON), my father was placed on hospice care after a nine-year battle with cancer. I watched for months as the Melanoma, which had metastasized to his brain, robbed him of strength until he passed away on June 22, 2017. Exactly sixty days later, with the sting of his loss still sharp, I made my way to “The Bluff”, and into the front row seats of my first nursing school lectures.

“I will endeavor to maintain and elevate the standard of nursing, both as a science, and as an art.”

Perhaps you recognize these words or uttered them during the School of Nursing White Coat Ceremony. They are part of the greater Pledge of Professionalism, written by nursing’s most notable early figure, Florence Nightingale. Like my peers would tell you, success in nursing school demands unwavering dedication. We hone our skills in the Libermann Simulation Lab and spend hours hunched over textbooks in Gumberg Library. However, it is in clinical rotations where we find ourselves simultaneously emboldened by our mastery of nursing science and humbled by it as an artform.

I was surprised by the depth with which I felt the passing of my first patient, which came during my fifth rotation. I was told during the bedside handoff report that my patient was actively dying and expected to pass by the end of the shift. Drawing upon the compassionate examples set by my father’s hospice nurses, I provided support to the family as they kept vigil until her passing. After completing post mortem care, my preceptor and I cried briefly in a supply closet, steeling ourselves for the remainder of the shift and the patients who were still in our charge. It was in that private moment I realized that in order to heal from my own loss, I had to walk another family through theirs.

The road which led me to nursing was an undeniably winding one. I am grateful to the professors and advisors, who have counseled me through grief, supported me through injury recovery (torn ACL & meniscus in 2018), and bolstered my self-confidence after a failed class. Let the latter be a reminder that the growth which follows setbacks can be more valuable than immediate success.

While I will leave Duquesne assured of my clinical knowledge and technical skills, I believe there have been far more important lessons gleaned in the last three years. I’ve learned that it’s alright to make mistakes. It’s good to ask for help. And it’s okay to feel. As nurses, we are uniquely poised to heal and help others through life’s most beautiful and distressing moments. It is a noble calling which did not come to me immediately, but one which I now feel prepared and eager to answer.
Getting involved in nursing organizations on campus was one of the best decisions that I have made so far in my college career. During my freshman year, I didn’t join any nursing organizations in the fall, but in the spring, I had the opportunity to join Alpha Tau Delta (ATD). Joining ATD was such a fun experience! I enjoyed getting to have an initiation ceremony and getting my letters. ATD is a good way to get involved in professional Greek life without all of the time commitments that come with social sororities and fraternities, because let’s face it... nursing students have to spend a lot of time studying. In ATD, I got a big sister, Natalie. She has become the best friend and mentor that I could have ever wished for. Natalie and other members of ATD have helped me to navigate nursing school over the past year. They are the reason I am enjoying nursing school so much.

I loved being a part of ATD so much that I decided to run for a board position in the fall semester of my sophomore year. I served as the secretary for a full calendar year. When I came to college, I never saw myself running for a board position in any organization, but I am so glad that I stepped out of my comfort zone. ATD also offers so many fun social events, study breaks, and service opportunities. There is also a semi-formal dance in the spring. It’s so nice to have an excuse to put away my scrubs and dress up for a dance!

In addition to being a member of ATD, I am involved in the Duquesne Student Nurses Association (DUSNA). I didn’t join DUSNA until the fall of my sophomore year.

One of my friends, Lauren Bliss, asked me if I would join the organization and work on this magazine. I jumped at the chance to be involved in a creative project and it was a wonderful choice. Lauren and I work together to make a new edition of The Scope almost every month. We get to work with the faculty and staff in the nursing department as well as other nursing students to create a well-rounded magazine. Lauren and I love including different perspectives and content in The Scope. Being a co-editor of The Scope, I attend DUSNA board meetings and get to network with some of the Duquesne nursing alumni.

Sometimes opportunities just appear right in front of you, don’t hesitate to take advantage of them!
Duquesne University’s School of Nursing offers a very exciting academic opportunity for their attendees. Junior level students who have earned a minimum of a 3.7 GPA in nursing courses and a cumulative GPA of at least 3.3 are invited to apply to this program. It is geared towards ambitious individuals who will collaborate with a faculty mentor to develop a project in an area of interest significant to the professional goals. Through this partnership, students are able to gain hands-on experience with the process of nursing research and the implementation of evidence-based practice in the clinical setting. In addition, participants will stand out from their graduating class when their transcript indicates “Nursing Honors”.

Upon receiving this program’s application, students are asked to submit a brief essay regarding their nursing interests and what they aspire to gain from this experience. Based on their submissions, individuals are paired with a faculty mentor who possesses corresponding values and passions. Through these unique partnerships, students are given the opportunity to assist in conducting and analyzing prestigious research projects that directly affect clinical nursing practice today. Over three semesters; spring of junior year and both fall and spring of senior year; mentees work alongside their assigned faculty to analyze the current literature, hypothesize possible interventions, conduct research studies, interpret the data, and implement clinical improvements.

I was privileged to join the Nursing Honors Program this spring and was paired with an incredible mentor, Dr. Baumgartel. Her expertise in genetic research in regards to maternal breast milk parallels my passions for obstetric and neonatal health. I believe that this experience will deepen my knowledge of nursing research and play an integral role in my success as a future nurse.

As a student, it is easy to feel separated from the profession because we spend the majority of our time focusing on books and lectures; however, this program allows you to take a step further and truly make a difference in the future of nursing care. To all the high-achieving students eager to feel a deeper connection to their major, I encourage you to seize this opportunity and challenge yourself to positively impact nursing today.
Meet the Advisors!

Dr. Kate DeLuca EdB, MBA, Associate Dean of Academic Affairs in the School of Nursing

My name is Dr. Kate DeLuca and I am the Associate Dean of Student Affairs in the School of Nursing. One of my goals is to help students transition to college, but more specifically, to help them transition into the School of Nursing. I have always believed that the best things about Duquesne are the people and the relationships that students, faculty and staff build. I work to build and strengthen relationships with students, faculty, and staff in the School of Nursing and around campus to better serve our students through programming, support services, and scholarship management. I encourage all students to reach out and connect with our office, or stop by for candy!

Dr. Torrie Snyder PhD, RN, Clinical Assistant Professor and Chair of Undergraduate Program

My name is Dr. Torrie Snyder and I am the Undergraduate Programs Chair. I have been an adult medical-surgical nurse for 20 years and an educator for 10 years. My goal as the Undergraduate Program Chair is to monitor courses in the program for quality and consistency. I also ensure that our curriculum aligns with the Duquesne School of Nursing mission and vision, as well as those of our accrediting bodies. I also address students’ academic concerns and provide them with academic resources and support. I am always happy to speak with nursing students, so please feel free to stop by my office at any time!

The Academic Advisors

Mrs. Karen Bova, Ms. Alana Harteis, and Ms. Emily Lottes make up the Undergraduate Academic Advising team for the School of Nursing. Our focus is to develop interpersonal relationships with each of our students not only to ensure that they meet their academic goals and become nurses, but also to support them through unexpected challenges that they face. We also love to celebrate successes that arise throughout their time at Duquesne. Students are assigned to their Undergraduate Academic Advisor based on their last names: A-F with Ms. Harteis, G-N with Mrs. Bova, and O-Z with Ms. Lottes. We are all located in the Student Affairs Suite – 550 Fisher Hall.
**DUSNA**

Looking for a professional organization with lots of leadership opportunities? DUSNA is the place to be! With everything from politics to creative writing, DUSNA is the organization that creates the nursing-themed apparel (which is not available in the bookstore) and travels to conventions in exciting places like Phoenix, Arizona and even Disneyworld. DUSNA is a great way to get involved in the profession of nursing and make career connections! It’s also fun! Social activities such as holiday parties and classes at the gym make DUSNA a very well-rounded organization. There are also plenty of service activities such as Relay for Life and St. Vincent de Paul. DUSNA is the perfect way to navigate the School of Nursing during your freshman year and in the years beyond.

**Alpha Tau Delta**

Looking for a professional organization with more of a fraternity vibe? Check out ATD! ATD is one of three fraternities within the School of Nursing. Requirements for joining include having a GPA of at least 2.5 and completion of one semester of nursing school. ATD is a wonderful way to get to know fellow nursing students and complete some fantastic service projects. It is also an excellent opportunity for leadership. Join ATD!

**Chi Eta Phi**

A recently reactivated organization on campus, CEP is one of three fraternities within the School of Nursing. Representing diverse individuals, CEP continues the history of diversity and acceptance that is a common theme at Duquesne. CEP is a great organization for networking and advancement of the profession of nursing. CEP completes many service projects as well as socials that make this organization very beneficial.
**Sigma Theta Tau**

STT is an international organization that includes many faculty as well as students. Students must have a GPA of at least 3.5 in order to be considered for acceptance into the organization. STT provides many opportunities for advancement including research scholarships and free continuing education units for licensed RNs. This organization is a valuable organization to be a part of since it is one of the largest nursing fraternities and offers many networking opportunities. Students who are in STT are given special cords at graduation and once accepted, attend a special induction ceremony in the spring.

**Student Representation**

Students also have the opportunity to represent their class as Class Representatives and as Student Ambassadors planning projects and fundraising within the School of Nursing. The School of Nursing also have several Student Government Association positions where students can represent the School of Nursing to the whole university. These are just a few ways that students can get involved and be successful while developing professionally!

**Nurses Christian Fellowship**

Does your faith play a large impact in who you are? Do you wish to spread the Christian message with likeminded people? NCF is the home for you! NCF meetings include discussions on pertinent issues within the profession of nursing and participation in service activities that spread the Good News! A recent project that NCF completed was the creation of blankets for The Children’s Home, an organization that supports adoption and promotes the health of the entire family. NCF is a fun organization to be a part of, no matter which type of Christianity you come from. All are welcome!
**Fundamentals (Sophomore):**

During this clinical, it is likely that you will give your first medication pass and learn the basics of taking vitals, giving bed baths, and charting. Other things you might get experience in are injections and inserting catheters.

**Adult Health and Illness (Sophomore):**

Both the class and clinical primarily involve medical-surgical nursing. It is a vital area of nursing to have experience in and you will learn a vast number of skills. Some clinical sites are UPMC Mercy, UPMC Shadyside, Allegheny, and UPMC Passavant.

**Gerontological Nursing Practice (Junior):**

Your spring semester will bring you back to Medical-Surgical nursing and caring for the older adult. You will be introduced to illnesses and health problems specific to the older adult population and gain experience caring for chest tubes, trach tubes, giving oxygen and suctioning. Some clinical sites are UPMC Mercy, UPMC East, and Allegheny General Hospital.

**Pediatrics (Junior):**

You will learn about various health problems and their treatments specifically geared towards children. This clinical will draw on a lot of Growth and Development processes. A common clinical site is The Children’s Hospital.

**Behavioral Health (Junior):**

During this class and clinical component, you will learn about the various psychiatric illnesses and how to promote mental health in patients. A common clinical site is Western Psychiatric Institute and Clinic and the VA Medical Center.

**Women’s Health (Junior):**

This class and clinical involve the care of women and reproductive health. During this clinical, you will be able to have the opportunity to see a birth in the labor and delivery unit and take care of the mom and baby in the post-partum unit. Clinical sites include McGee Women’s Hospital and West Penn Hospital.

**Community Health (Junior):**

This clinical focuses on the health of the community. You will find yourself at various clinical sites throughout Pittsburgh such as PAAR in Southside, soup kitchens, nursing homes, wastewater treatment plants, and outpatient clinics.

**Critically Ill Adult (Senior):**

In this class and clinical, you will learn about caring for patients who are seriously ill in acute settings. During this clinical, you will learn about ventilators and how to respond to a code, among many other acute-care needs. You will most likely be placed in an intensive care unit (ICU) or a step-down unit.
The Duquesne University Student Nurses Association (DUSNA) has been attending the annual Student Nurses Association of Pennsylvania (SNAP) and the National Student Nurses Association (NSNA) conventions for many years. These conventions bring student nurses and leaders across the state and nation together to network, and enhance their academic and clinical skills beyond the classroom. General seminars, workshops, poster presentations, and exhibition halls are available for students to engage in and make lifelong friends from all over the state and country.

Seminars and workshops promote professional development. They can aid a student in deciding what path in nursing that they want to take. For example, one can learn about the role of a military flight nurse, a nurse’s role as a coroner, or a nurse’s role in emergency and disaster preparedness. Sometimes, there are duplicate sessions at different times. If more than one session piques your interest, you would be able to attend both! Students who are able to participate are encouraged to share what they learned during the seminars and workshops to their peers in DUSNA.

In the exhibit hall, numerous recruiters from potential employers and graduate schools, as well as NCLEX study preparation companies, are available to speak with attendees. This is a good time to start asking questions and putting yourself out there to form connections with potential employers. In addition to valuable information about opportunities, they usually have some goodies to take home too! There is also a space for poster presentations, in which students are able to showcase and present their research on a larger scale.

Our participation as attendees goes beyond networking and socializing. Duquesne University has a high presence in the House of Delegates, which meets each day of the convention. At the beginning of the convention, the House reviews the Board of Directors actions as well as the financial report from the previous year. Each school’s legislative coordinator and legislative committee present a resolution that they feel strongly affects the nursing profession and the care of its patients. DUSNA’s resolution this year focuses on the care of military families with members suffering from post-traumatic stress disorder (PTSD). Since being an advocate is a huge part of being a nurse, it is good to be educated on improvements that we can make in patient care. The House votes to reject or adopt the resolutions into SNAP or NSNA policy. Our votes go a long way as it impacts our profession and our nursing curricula for future generations to come. The House also votes for the upcoming board of directors; delegates must attend sessions to meet the candidates and listen to prepared speeches. Voting for who will represent the entire membership is a big responsibility.
### Scrub Top Cookie Recipe

**Sara Andrews, DUSNA Treasurer, Junior**

#### Classic Cut out Cookies Recipe:

- 1 ½ sticks of unsalted butter, softened
- 4oz of cream cheese, softened
- 1 ½ cups of granulated sugar
- 1 egg
- 1 tsp. of vanilla
- 1 ¾ tsp. of almond extract
- 1 tsp. salt
- 3 cups of four

**Royal Icing:**

- 1 ½ cups of confectioners (powdered) sugar
- 1 ½ tsp. of almond extract
- 1 tsp. salt
- 3 cups of four

**Icing instruction:**

Combine all ingredients into a mixer and mix until smooth

Add more water for thinner consistency and more sugar for thicker consistency

**Decorating Tips:**

Use a piping bag with no tip, start off my cutting the tip small and work bigger if necessary!

Outline the cookie and preform a flood method, of pouring thinner consistency icing within the border,

Give the icing 30 min to start hardening and go back and pipe on top of the original icing to create layers!

Trace the outline of the shirt and go back in with small details like pockets and neckline.

Add a stethoscope for FUN!

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**Cookie Instructions**

In a large bowl or mixer, beat the butter until soft and fluffy, 1-2 min

Add the soften cream cheese and continue to beat for 1 min, until well incorporated

Add the sugar and beat until fluffy

Add the egg, vanilla and almond extract. Beat well, scrape the sides and bottom of the bowl with a spatula

Add salt and flour, beat until just barely combined

Scrape the dough onto a sheet of plastic wrap, cover and wrap tightly, place in fridge for at least 3 hours or over night

When the dough is chilled preheat oven to 350 degrees and roll dough out

Use a shirt shaped cookie cutter and make your cookies

Bake the cookies at 350 degrees F for about 9-12 min, watching to see them turn a slight golden brown
Coffee Shop Tour of PGH
Olivia Sayers & Katrina Taliani, Freshmen

After a long week stuck in Gumberg Library, glued to your computer studying, the most needed medicine is coffee. You could just walk to Starbucks and spend $5 in flex, or you could get a change of scenery and check out a local Pittsburgh coffee shop. We went into the heart of downtown Pittsburgh and to the Strip District in search of the perfect cup of coffee with the best study environment.

Redhawk Coffee
536 Smithfield St
This quaint café serves up delicious hot mochas and jazzy music creating the perfect study environment. With ample seating for all your friends and study partners, Redhawk caters to all of your studying needs.

21st Street Coffee and Tea
225 Fifth Ave
There’s more to 21st Street Coffee and Tea than what meets the eye…. Literally. The most serene shop we stumbled upon, made the prettiest coffee to match the trendy interior. Quiet, with a hint of instrumental study sounds, this café is the ideal getaway to hit the books and bliss out on coffee.

Allegheny Coffee and Tea Exchange
2005 Penn Avenue
Amidst the business of the Strip District, this traditional café offers a wide variety of blends and flavors. While this may not be a place to crack down on your studies, the high-top tables give the perfect view for people-watching and Pittsburgh culture. Everyone needs a break, and Allegheny Coffee provides exactly that with its calm interior away from the crowded street.
PrestoGeorge Coffee and Tea
1719 Penn Avenue

PrestoGeorge is not your typical hole-in-the-wall café. You open the door to the smell of brewing coffee and the sounds of local Pittsburgh chatter. The rejuvenating taste of this coffee is the perfect pick-me-up after hours spent walking up and down the Strip District.

Nicholas Coffee
23 Market Square Unit 1

You can’t score a better cup of coffee at a cheaper price than at Nicholas Coffee. It is one of the oldest coffee shops we visited, and it provides every blend imaginable. No seating was available inside, but as the weather turns around, Market Square will be the best place to enjoy the sunshine with a textbook in hand.
Interested in writing for *The Scope*?

We are always looking for new writers. Contact Hadley Mueller for more details!

muellerh@duq.edu
Living on Campus: An Inside Look

Brianna Gavin, BSN Class of 2019

St. Ann’s Hall

St. Ann’s is one of the freshman living learning centers and it is a very fun first dorm! You enter the building on the second floor; here there is a nice lounge with couches and tables and as well as one or two vending machines and a bathroom. After you swipe your I.D. at the desk, the doors are unlocked for you; the left side is girls side and the right side is the boys side. There are 6 floors total. This dorm has free laundry machines (just like every other dorm) and study rooms! Each floor has a large common room that is a great place to hang with friends and study together. The bathrooms are located in the center of the hallway and on either side there are 3 bathroom stalls and three sinks. Along the back there are 6 private showers, each with their own drain and curtained area where you can dry off and get changed. St. Ann’s is a really calm dorm and it makes for a great first home away from home!

St. Martin’s

St. Martin’s is one of the freshman living learning centers and it has a lot of exciting perks. As you enter the building on the ground floor there is a printing room located to your left. You swipe your card and then use the elevators or take the stairs if you need to get those steps in. There are three elevators and a total of 14 floors, however the 14th floor does not have elevator access so you get off at 13 and walk the last flight. Located on the 1st floor is a common lounge with some couches, a TV, a pool table, some vending machines, and a small gym. All of your friends in other dorms will become jealous in the winter when you only have to take an elevator to the gym while they have to walk through the blizzard to get to the Power Center! Usually the floors are separated by gender. On each floor is a nice lounge with a TV and couches, a laundry room on each floor with one washer and dryer, and a nice study room in the back. The building is the square one with all the dorm rooms on the outside and the bathrooms in the center. The bathroom has lockers on both sides, 8 bathroom stalls, 6 sinks and 6 large showers in the back. St. Martin’s is a really fun dorm and you will have fun getting to know everyone on your floor.
Assumption Hall

Assumption Hall is set up in an L shape. Each side of the dorm has its own RA and there are elevators located in the center. On the ground floor there is a laundry room for the whole building. Assumption is the honors college and generally there are mainly freshman living here with the occasional upper classmen. Guys and girls are located on alternating floors. There are lounges on each floor where you can hang out with your friends. A great perk of living here is that each room is actually bigger than the rooms in the other living learning centers.

Towers

Towers is the biggest of the living learning centers. It is also where Hogan Dining Center and The Campus Market are located. This is a great perk when it is cold outside and you do not have to leave the dorm for food. In addition to just food, in Towers there is also the mail center, the swimming pool, and a computer lab for printing. There are 3 wings total in towers A, B, C. On each wing there are multiple bathrooms and a small kitchen that has a sink, some cabinets, a table and a refrigerator. Each wing has a small lounge with tables and chairs where you are able to do homework, study and hang with friends. Washer and dryer units are also located on each wing. In addition to these units, there is also a room on the 17th floor that has about 6 washer and dryer units. Towers is a great living learning center that has everything you could need without walking outside.