SUBSTANCE USE DISORDERS: DEFINITION AND CRITERIA: DSM V definition and criteria:

"a maladaptive pattern leading to clinically significant impairment or distress for at least 12 months that meet 2 of the 11 criteria with severity specifiers hinging on how many of the criteria are met."

11 criteria:

1. Taking the substance in larger amounts or for longer than you are meant to
2. Wanting to cut down or stop using the substance but not managing to
3. Spending a lot of time getting, using, or recovery from the use of substance
4. Cravings and urges to use the substance
5. Not managing to do what you should at wok, home, school because of the substance use
6. Continuing to use, even when it causes problems in relationships
7. Giving up important social, occupational, or recreational activities because of substance use
8. Using substances again and again, even when it puts you in danger
9. Continuing to use, even when you know you have a physical or psychological problem that could have been caused or made worse by the substance
10. Needing more of the substance to get the effect you want (tolerance)
11. Development of withdrawal symptoms, which can be relieved by taking more of the Substance

The DSM 5 allows clinicians to specify how severe or how much of a problem the substance use disorder is, depending on how many symptoms are identified. Two or three symptoms indicate a mild substance use disorder; four or five symptoms indicate a moderate substance use. Six or more symptoms indicate a severe substance use disorder.