Seven Petitions for the Graces of the Holy Spirit

1. For the Indwelling of the Holy Spirit
May the Paraclete, Who proceeds from you, Lord, illuminate our hearts, dwell in us and lead us to all Truth as your Son had promised. Through same Christ our Lord. Amen.

2. For the Love of Our Lord
May the Holy Spirit, we beseech you, Lord, inflame us with that fire which Jesus Christ, Our Lord, has cast upon the earth and ardently desired to be enkindled, who, with you, in the unity of the same Holy Spirit, lives and reigns God, for evermore. Amen.

3. For Christian Charity
Pour forth on us, O Lord, the Spirit of your Charity, that, of your loving-kindness, you may keep united those whom you have plentifully fed with one celestial food. Through Christ Our Lord. Amen.

4. For Devoted Friends
O God, who, by the grace of the Holy Spirit, has poured forth the gifts of charity into the hearts of your faithful, grant to us your servants that we may love you with our whole strength and perform with love whatever pleases you. Bless us with good friends in this life, through Christ our Lord. Amen.

5. Against Evil Thoughts
O Almighty and most merciful God, in your goodness, hear our prayers and free our minds and hearts from the attack of evil thoughts, that we may merit to become the worthy temple of the Holy Spirit. Through Christ our Lord, Amen.
6. For the Grace of Continence
Inflame, O Lord, our bodies and our hearts with the fire of the Holy Spirit, that we may serve you with chaste bodies and please you by clean hearts. Through Christ our Lord. Amen.

7. For True Contrition
Mercifully pour forth into our hearts, Lord God, the grace of the Holy Spirit, that it may move us to repentance, wash away the stains of our sins and in your bounty win for us the pardon we desire. Through Christ Our Lord, Amen.

Prayer to the Holy Spirit for Healing
Holy Spirit, God of beauty and power, Father of the poor, God of the afflicted, the sorrowful and the sick. We humbly beg you to forgive our unworthiness and restore our brokenness. Mighty God, we beseech thee to send your healing breath into all who are sick or afflicted with one kind of ailment or another. By the power of your anointing, may they be released from the pangs of sickness, be healed and restored to health. We extend our prayers to ............... (mention names) that you Comforter of the afflicted might intervene in their situation so that all glory, honour, and worship will be to the Father, the Son and you the Spirit of them both, forever and ever. Amen.

The Memorare
Remember, O most loving Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was abandoned by you. Inspired by this confidence, I fly to you, O Virgin of Virgins, my Mother! To you I come; before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petition, but in your mercy, hear and answer me. Amen.

O Domina Mea
To thee, O Holy Mary, my Sovereign Queen, to your blessed trust and special care, and to the
bosom of your mercy, this day and every day, and at the hour of my death, I commend myself, my soul and my body; to thee I commit all my hope and all my consolation, my distresses, my miseries, my life and the end thereof; that through your most holy intercession, and through your merits, all my works may be directed and disposed, according to your will and the will of your Son. Amen.