

FRITZKY FAMILY INTEGRATIVE HEALTH SUMMIT

2024

PROGRAM DESCRIPTION

Join today's thought leaders and healthcare experts to improve patient care within our communities with lectures and panel discussions focused on preventive care, longevity medicine, health equity and more. This two-day multi-disciplinary conference will connect healthcare professionals across disciplines who are dedicated to improving patient care and defining the future of integrative health.

PROGRAM LOCATION AND DATES

Duquesne University Power Center | Pittsburgh, PA
Thursday, September 19, 2024 and Friday, September 20, 2024

TARGET AUDIENCE

Physicians, Medical Residents, Physician Assistants, Nurse Practitioners, Nurses, Pharmacists, Health Administrators, Counselors, Therapists, and Health Advocates

PROGRAM PURPOSE

To engage healthcare professionals in integrative education, leadership, interprofessional collaboration, research and advocacy to promote an upstream approach to health and wellness that is person-centric.

PRELIMINARY PROGRAM AGENDA

Thursday, September 19, 2024 | Integrative Health and the Future of Healthcare

**Registration and Continental Breakfast
Opening Remarks**

Session 1: Treating the Whole Person - Mind, Body, Spirit

Virtual Mental Healthcare: Lessons Learned and Opportunities and Challenges to Come

Jon Kole, MD

HeadSpace

Sarah Schmidhofer, MD

Rhode Island Hospital

Enhancing Your Health by Increasing Your Ability to Cope with Stress

Bruce Rabin, MD

University of Pittsburgh School of Medicine

Connecting the mind, body and spirit through Osteopathic Manipulation

Brianne Wehner, DO

Duquesne University College of Osteopathic Medicine

Spiritual Health

Mike Semelka, DO

Duquesne University College of Osteopathic Medicine

Session 2: Health System Science

From Weight Loss to Weight Health

Amy Meister, DO

Weight Watchers

Understanding Health System Science and Integration Across Systems to Achieve Whole Person Care

Suzanne Labriola, DO

UPMC Health Plan

Panel Discussion

Bench to Bedside: Longevity Medicine

Updates in Longevity Medicine Research

Johnny Huard, PhD

Steadman Philippon Research Institute

Human Longevity Lab

Douglas Vaughan, MD

Northwestern University

Advances in Technology

HoloLens – Using Technology to Teach Anatomy

Amanda Troy, PhD

Duquesne University College of Osteopathic Medicine

Friday, September 20, 2024 | Health for All

Session 1: Healthy People 2030: Eliminate Health Disparities, Achieve Health Equity, and Attain Health Literacy to Improve the Health and Well-being of All

Integrative Health Equity

David Dausey, PhD

Duquesne University

Jennifer Elliott, PharmD

Duquesne University Center for Integrative Health

Jacob Turnbull, DO

Duquesne University College of Osteopathic Medicine

Go to the People

Jim Withers, MD

Operation Safety Net

Global Health

Craig Sable, MD

Children's National Hospital

TBD

Matthew Kampert, DO

Cleveland Clinic

Session 2: Integrative Approaches to Address Health Disparities

Participatory Research- Imperative for Community Health

Michael Yonas, PhD

The Pittsburgh Foundation

Mind-Body Medicine and Traumatic Stress

Daniel Salahuddin, MD

University of Pittsburgh School of Medicine

Sto-Rox Family Health Center

Integrative Approaches to Substance Use Disorder

Elizabeth Zona, DO

Three Rivers Endoscopy Center

Laurel Care Treatment Center

Wide Open Spaces of Rural Palliative Care and Hospice

Dillon Stein, DO

Butler Health System

Julie Le, DO

Butler Health System

Food Assistance Match: A Simple Approach to a Complex Problem

Mallory Ciuksza, MD

St. Clair Internal Medicine