FRITZKY FAMILY
INTEGRATIVE HEALTH SUMMIT
2024

PROGRAM DESCRIPTION
Join today’s thought leaders and healthcare experts to improve patient care within our communities with lectures and panel discussions focused on preventive care, longevity medicine, health equity and more. This two-day multi-disciplinary conference will connect healthcare professionals across disciplines who are dedicated to improving patient care and defining the future of integrative health.

PROGRAM LOCATION AND DATES
Duquesne University Power Center | Pittsburgh, PA
Thursday, September 19, 2024 and Friday, September 20, 2024

TARGET AUDIENCE
Physicians, Medical Residents, Physician Assistants, Nurse Practitioners, Nurses, Pharmacists, Health Administrators, Counselors, Therapists, and Health Advocates

PROGRAM PURPOSE
To engage healthcare professionals in integrative education, leadership, interprofessional collaboration, research and advocacy to promote an upstream approach to health and wellness that is person-centric.

PRELIMINARY PROGRAM AGENDA
Thursday, September 19, 2024 | Integrative Health and the Future of Healthcare
Registration and Continental Breakfast
Opening Remarks

Session 1: Treating the Whole Person - Mind, Body, Spirit

Virtual Mental Healthcare: Lessons Learned and Challenges to Come
Jon Kole, MD
HeadSpace
Sarah Schmidhofer, MD
Rhode Island Hospital
Enhancing Your Health by Increasing Your Ability to Cope with Stress  
*Bruce Rabin, MD*  
*University of Pittsburgh School of Medicine*

Connecting the mind, body and spirit through Osteopathic Manipulation  
*Briarne Wehner, DO*  
*Duquesne University College of Osteopathic Medicine*

Spiritual Health  
*Mike Semelka, DO*  
*Duquesne University College of Osteopathic Medicine*

**Session 2: Health System Science**

From Weight Loss to Weight Health  
*Amy Meister, DO*  
*Weight Watchers*

Understanding Health System Science and Integration Across Systems to Achieve Whole Person Care  
*Suzanne Labriola, DO*  
*UPMC Health Plan*

**Panel Discussion**

**Bench to Bedside: Longevity Medicine**

Updates in Longevity Medicine Research  
*Johnny Huard, PhD*  
*Steadman Philippon Research Institute*

Human Longevity Lab  
*Douglas Vaughan, MD*  
*Northwestern University*

**Advances in Technology**

HoloLens – Using Technology to Teach Anatomy  
*Amanda Troy, PhD*  
*Duquesne University College of Osteopathic Medicine*
Session 1: Healthy People 2030: Eliminate Health Disparities, Achieve Health Equity, and Attain Health Literacy to Improve the Health and Well-being of All

TBD
Debra L. Bogen, MD
Acting Secretary of Health
Pennsylvania Department of Health

Integrative Health Equity
David Dausey, PhD
Duquesne University

Jennifer Elliott, PharmD
Duquesne University Center for Integrative Health

Jacob Turnbull, DO
Duquesne University College of Osteopathic Medicine

Go to the People
Jim Withers, MD
Operation Safety Net

Global Health
Craig Sable, MD
Children’s National Hospital

TBD
Matthew Kampert, DO
Cleveland Clinic

Session 2: Integrative Approaches to Address Health Disparities

Participatory Research- Imperative for Community Health
Michael Yonas, PhD
The Pittsburgh Foundation

Mind-Body Medicine and Traumatic Stress
Daniel Salahuddin, MD
University of Pittsburgh School of Medicine
Sto-Rox Family Health Center

Integrative Approaches to Substance Use Disorder
Elizabeth Zona, DO
Three Rivers Endoscopy Center
Laurel Care Treatment Center
Wide Open Spaces of Rural Palliative Care and Hospice
   Dillon Stein, DO
   Butler Health System
   Julie Le, DO
   Butler Health System

Food Assistance Match: A Simple Approach to a Complex Problem
   Mallory Ciuksz, MD
   St. Clair Internal Medicine