FRITZKY FAMILY
INTEGRATIVE HEALTH SUMMIT
2024

PROGRAM DESCRIPTION
Join today’s thought leaders and healthcare experts to improve patient care within our communities with lectures and panel discussions focused on preventive care, longevity medicine, health equity and more. This two-day multi-disciplinary conference will connect healthcare professionals across disciplines who are dedicated to improving patient care and defining the future of integrative health.

PROGRAM LOCATION AND DATES
Duquesne University Power Center | Pittsburgh, PA
Thursday, September 19, 2024 and Friday, September 20, 2024

TARGET AUDIENCE
Physicians, Medical Residents, Physician Assistants, Nurse Practitioners, Nurses, Pharmacists, Health Administrators, Counselors, Therapists, and Health Advocates

PROGRAM PURPOSE
To engage healthcare professionals in integrative education, leadership, interprofessional collaboration, research and advocacy to promote an upstream approach to health and wellness that is person-centric.

PRELIMINARY PROGRAM AGENDA
Thursday, September 19, 2024 | Integrative Health and the Future of Healthcare

Registration and Continental Breakfast
Opening Remarks

Session 1: Treating the Whole Person - Mind, Body, Spirit

Virtual Mental Healthcare: Lessons Learned and Opportunities and Challenges to Come

Jon Kole, MD
HeadSpace

Sarah Schmidhofer, MD
Rhode Island Hospital
Enhancing Your Health by Increasing Your Ability to Cope with Stress
Bruce Rabin, MD
University of Pittsburgh School of Medicine

Connecting the mind, body and spirit through Osteopathic Manipulation
Brianne Wehner, DO
Duquesne University College of Osteopathic Medicine

Spiritual Health
Mike Semelka, DO
Duquesne University College of Osteopathic Medicine

Session 2: Health System Science

From Weight Loss to Weight Health
Amy Meister, DO
Weight Watchers

Understanding Health System Science and Integration Across Systems to Achieve Whole Person Care
Suzanne Labriola, DO
UPMC Health Plan

Panel Discussion

Bench to Bedside: Longevity Medicine

Updates in Longevity Medicine Research
Johnny Huard, PhD
Steadman Philippon Research Institute

Human Longevity Lab
Douglas Vaughan, MD
Northwestern University

Advances in Technology

HoloLens – Using Technology to Teach Anatomy
Amanda Troy, PhD
Duquesne University College of Osteopathic Medicine
Session 1: Healthy People 2030: Eliminate Health Disparities, Achieve Health Equity, and Attain Health Literacy to Improve the Health and Well-being of All

**TBD**
- *Debra L. Bogen, MD*
  - Acting Secretary of Health
  - Pennsylvania Department of Health

**Integrative Health Equity**
- *David Dausey, PhD*
  - Duquesne University
- *Jennifer Elliott, PharmD*
  - Duquesne University Center for Integrative Health
- *Jacob Turnbull, DO*
  - Duquesne University College of Osteopathic Medicine

**Go to the People**
- *Jim Withers, MD*
  - Operation Safety Net

**Global Health**
- *Craig Sable, MD*
  - Children’s National Hospital

**TBD**
- *Matthew Kampert, DO*
  - Cleveland Clinic

Session 2: Integrative Approaches to Address Health Disparities

**Participatory Research- Imperative for Community Health**
- *Michael Yonas, PhD*
  - The Pittsburgh Foundation

**Mind-Body Medicine and Traumatic Stress**
- *Daniel Salahuddin, MD*
  - University of Pittsburgh School of Medicine
  - Sto-Rox Family Health Center

**Integrative Approaches to Substance Use Disorder**
- *Elizabeth Zona, DO*
  - Three Rivers Endoscopy Center
  - Laurel Care Treatment Center
Wide Open Spaces of Rural Palliative Care and Hospice
  Dillon Stein, DO
  Butler Health System

  Julie Le, DO
  Butler Health System

Food Assistance Match: A Simple Approach to a Complex Problem
  Mallory Ciucksza, MD
  St. Clair Internal Medicine