

DUQUESNE UNIVERSITY

Professional Coaching Certificate Program



Empower. Motivate. Inspire.

This program, offered through the Palumbo-Donahue School of Business, is the only university-based program in Pennsylvania that is accredited by the International Coach Federation (ICF).

PROFESSIONAL COACHING CERTIFICATE PROGRAM

Gain the solid foundation you'll need to succeed in professional coaching and improve your ability to motivate, inspire and empower others. The program incorporates the art and science of coaching. We introduce scientific evidence from the fields of positive psychology and neuroscience as well as emerging coaching theories based on human behavior and development. This approach provides the foundation for graduates of the program to be effective coaches in many different settings. Ultimately, by the end of the program, certified coaches should be prepared to implement coaching within their organizations or even set up a private practice.

PROGRAM FORMAT: Beginning in late August and ending in April, the program is delivered in a hybrid format of interactive classroom sessions and webinars. There are five on-campus weekend classes (held Friday evenings 5 p.m. to 9 p.m. and Saturdays 9 a.m. to 5 p.m.) and one on-campus Capstone day in April. The remaining coursework is taught through online modules and webinars.

THE PROGRAM IS DESIGNED FOR MANY DIFFERENT PROFESSIONALS, INCLUDING:

- Those seeking to become professional coaches in a private practice
- Managers who want to enhance their innate coaching skills to fundamentally improve their organization's talent retention and relationship with employees
- Internal trainers and organizational development professionals charged with training other managers and sharing their coaching expertise
- Those in search of a new and rewarding career that may be pursued for many years to come
- Practicing coaches who want to take their certification to a higher level
- Individuals desiring to enhance their personal relationships

THE SKILLS LEARNED THROUGHOUT THE PROGRAM ENHANCE LEADERSHIP CAPABILITIES, AND INCLUDE:

- Understanding the coaching relationship
- Demonstrating competency in coaching methods
- Developing trust in coaching relationships
- Employing ethical behavior and attitude
- Gaining a stronger sense of self-awareness

ACCREDITATION:

Duquesne's Professional Coaching Certification Program (PCCP) is accredited by the International Coach Federation (ICF) as an Accredited Coach Training Program (ACTP) and provides 141.5 hours of Approved Coach Specific Training Hours.

CONTACT:

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"The retreat and everything I've learned through the Duquesne Coaching Program was well worth the investment of time and money. In fact, it's one of the greatest gifts I've given myself, after my family. I'd recommend it to anyone and everyone."

Alex J. Seltzer, SPHR

Alex Seltzer Coaching, Manpower, Inc. of Altoona



"The Duquesne coaching program provided me with the competencies, the credentials and the confidence that I needed to support a major career transition from a senior manager in a corporate healthcare environment to a professional coach working with leaders who aspire to be their absolute best."

Christine Stack, ACC

Leadership Coach,
New Phase Coaching & Consulting