

**Michael D. Parkinson, MD, MPH, FACPM**  
**Sr Medical Director, Health and Productivity, UPMC Health Plan**  
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Dr. Michael Parkinson oversees the health and productivity strategy for both UPMC Health Plan and UPMC WorkPartners and has spent his career advising on public health, preventive medicine, and consumer-driven health plans.

Dr. Parkinson is the immediate past president of the American College of Preventive Medicine. He was also the Executive Vice President and Chief Health and Medical Officer of Lumenos, a pioneer of consumer-driven health plans and a subsidiary of Wellpoint. A retired Air Force colonel, his final assignment was as associate director of medical programs and resources in the Office of the Surgeon General. He served on the National Advisory Committee of the Robert Wood Johnson Foundation Health Care Purchasing Institute, was the vice chair of the American Board of Preventive Medicine, and was a member of the Residency Review Committee. He is a member of the editorial boards of the *American Journal of Preventive Medicine* and the *American Journal of Medical Quality*.

He earned his bachelor's degree from Cornell University, his MD from George Washington University, completed his family practice training at UCLA, and earned his MPH, preventive medicine residency, and chief residency at Johns Hopkins.